Independent Living

## March 2018

						village
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				I LO 9:00 Benefit w/ Fit Bit A 9:45 Senior Conditioning L 11:00 Mad Lib's - Fill Me In (New) A 1:00 Crafting 101 w/ Kim (St. Patty's Day Craft) MS 3:00 Happy Hour w/ Musical Guest Specialty Drink– The Peach Moon L 6:30 Cornerstone Bible Study	2 National Banana Cream Pie Day ID 9-11 Omelet Breakfast O 10:00 Walmart and Carson's A 10:00 Exercise w/ Arnie A 11:30 Going Bananas - Light Lunch O 1:00 Brighton MJR Theater w/ Terri Movie and movie time to be determined- ATC 2:00 Jeopardy A 2:30 Yoga w/ Sally CFT 6:00 Pinochle Card Game	3 A 10:00 Exercise w/Arnie A 11:00 Pro Color Art Volunteers w/ Brighton Honor Society HA 2:00 Bingo ID 6:00 Penny Poker w/Carlo ATC 6:30 Cinema Night w/ Andi Featured presentation– TBD FD Newspaper Recycle Day
4	5	6	7	8	9	10
A 9:30 Church Communion St. Patrick's Catholic HA 10:30 "The Word" Church Service A 10:30 Exercise w/Arnie L 3:00 Tri-Lakes Baptist	A 10:00 Exercise w/ Arnie L 10:30 Laughter Therapy PD 12:00 Resident Mentor Luncheon CR 1:00 Computer & Technology HA 1:30 Hand Massage Therapy A 2:30 Yoga w/Sally L 6:30 Ancient Times Bible History w/ Tim Hurst	A 9:45 Senior Conditioning HL10:30 Sunshine Club Visits w/ Therapy Dog Gracie ID 12:00 Birthday Party w/Musical Guest SR 1:00 Blood Pressure Clinic HA 2:00 Bingo L 3:00 Literary Book Club (Full - no new members at this time) MS 5:30 Double Play Flute & Tuba ID 6:00 Penny Poker w/Carlo	O 9:00 Aquatic Swimming Adventures A 10:00 Exercise w/ Arnie O 11:00 Open Bowling w/ Emilie L 11:30 Rosary A S 1:30 Art & Design- Tile Paint AT 2:00 Shuffle Board w/George A 2:30 Zumba Gold L 3:00 Cover To Cover Book Club A 6:00 Family Night -Evening Bunco	LO 9:00 Benefit w/ Fit Bit A 9:45 Senior Conditioning A 1:00 St. Patty's Day Greeting Cards L 2:00 Friendship Tea Specialty Tea– Orange Zinger SR 3:00 Games w/Terri L 6:30 Cornerstone Bible Study	A 10:00 Exercise w/ Arnie A 10:30 Short Story Reading Hour O 11:00 Brighton Ski Lodge PR 11:00 Gentlemen's Game of Pool L 1:00 Irish History w/Kim L 2:30 A Look at 50 States A 2:30 Yoga w/ Sally CFT 6:00 Pinochle Card Game	A 10:00 Exercise w/Arnie A 11:00 Fingernail Painting HA 2:00 Bingo O 4:30 Olga's Restaurant– (Dine Out) ID 6:00 Penny Poker w/Carlo ATC 6:30 Cinema Night w/ Andi Featured presentation– TBD FD Newspaper Recycle Day
11	12	13	14	15	16	17
A 9:30 Church Communion St. Patrick's Catholic HA 10:30 "The Word" Church Service	A 10:00 Exercise w/Arnie L 10:30 Morning Glory CR 1:00 Computer & Technology HA 1:30 Good Ole' Days Music A 2:30 Yoga w/Sally L 6:30 Ancient Times Bible History w/ Tim Hurst	A 9:45 Senior Conditioning ATC10:30 Wii Bowling A 12:30 Munchies w/Renee SR 1:00 Blood Pressure Clinic A 2:00 Bingo A 3:00 St Pat's Catholic Mass ID 6:00 Penny Poker w/Carlo	O 9:00 Aquatic Swimming Adventures A 10:00 Exercise w/Arnie A 11:00 Lucky O' The Irish Coin Toss L 11:30 Rosary L 1:00 Woman in History w/Kim L 2:00 Short Story Reading Hour A 2:30 Rhythmic Vibes A 6:00 Family Night -Evening Bunco	LO 9:00 Benefit w/ Fit Bit A 9:45 Senior Conditioning MS 11:00 Pro Toss L 1:00 Magazine Strip Art w/ Kim MS 3:00 Happy Hour w/ Musical Guest Specialty Drink– Cranberry Orange Crush L 6:30 Cornerstone Bible Study	A 10:00 Exercise w/Arnie O 10:00–11:00 Brighton Library LO 11:00 Community Wide Giveback Delivery by Synergy Group O 11:30 Stout Irish Pub A 2:30 Yoga w/ Sally SR 3:00 Game Time w/ Terri CFT 6:00Pinochle Card Game	HAPPY ST. PATRICK'S DAY A 10:00 Exercise w/Arnie A 11:00 Shamrock - Fingernail Painting Volunteers w/ Brighton Honor Society A T 1:00 Party w/Ardan Dance Academy River Dancers to Preform (A MUST SEE) ID 6:00 Penny Poker w/Carlo ATC 6:30 Cinema Night w/ Andi Featured presentation– TBD
18	19	20	21	22	23	24
A 9:30 Church Communion St. Patrick's Catholic HA 10:30 "The Word" Church Service A 10:30 Exercise w/Arnie ID 11:00-2:00 Sunday Brunch L 3:00 Tri-Lakes Baptist MS 5:30 Piano Sing-Along w/Cheryl MS 6:30 Evening Wind Down	A 10:00 Exercise w/Arnie L 10:30 Prayer & Meditation CR 1:00 Computer & Technology L 1:30 Shoulder Massage Therapy A 2:30 Yoga w/Sally L 6:30 Ancient Times Bible History w/ Tim Hurst	First Day of Spring A 9:45 Senior Conditioning. HL 10:30 Sunshine Club Visits w/ Therapy Dog Gracie L 11:00 Our Savior Lutheran A 11:30 Recipe Club SR 1:00 Blood Pressure Clinic HA 2:00 Bingo L 3:00 Literary Book Club (Full - no new members at this time) ID 6:00 Penny Poker w/Carlo	O 9:00 Aquatic Swimming Adventures A 10:00 Exercise w/Arnie A 12:00 Cooking w/Kim L 11:30 Rosary AS 1:30 Art & Design - Wine Glass Art AT 2:00 Shuffle Board w/George A 2:30 Zumba Gold L 3:00 Cover To Cover Book Club A 6:00 Family Night - Evening Bunco	w/ Musical Guest Specialty Drink– The Bee's Knees with Lemon Juice L 6:30 Cornerstone Bible Study	CFT 6:00 Pinochle Card Game	A 10:00 Exercise w/Arnie A 11:00 Fingernail Painting Volunteers w/ Brighton Honor Society HA 2:00 Bingo O 4:00 Outback Steakhouse (Dine Out) ID 6:00 Penny Poker w/Carlo ATC 6:30 Cinema Night w/ Andi Featured presentation– TBD FD Newspaper Recycle Day
25	26	27	28	29	30	31
HA 9:15 "The Word" Bible Study A 9:30 Church Communion St. Patrick's Catholic HA 10:30 "The Word"	A 10:00 Exercise w/Arnie L 10:30 Morning Glory A 12:30 Spring Into Action Party CR 1:00 Computer & Technology HA 2:30 Hymns-Acapella sing a-long A 2:30 Yoga w/Sally L 6:30 Ancient Times Bible History w/ Tim Hurst	ID 8:00 Prayer Breakfast w/ Alissa A 9:45 Senior Conditioning ATC 10:30 Wii Bowling League A 12:00 Soup du Jour SR 1:00 Blood Pressure Clinic HA 2:00 Bingo A 3:00 Pinochle (Residents Forming Groups) ID 6:00 Penny Poker w/ Carlo	O 9:00 Aquatic Swimming Adventures A 10:30 Connect to Win L 11:30 Rosary A 1:00 Open Forum "Talk with your Management Support Team" E 2:30 Exercise Equipment - Training A 2:30 Gardening and You O 4:00 Red Lobster - Dine Out w/ Kim A 6:00 Family Movie Night	LO 9:00 Benefit w/ Fit Bit A 9:45 Senior Conditioning HA 11:00 Nurse Chat w/ Donna A 12:00 Passover Celebration Passover Luncheon W/ Ellen (Come and learn the meaning of Passover and taste the Passover meal) A 2:00 "Get The Picture" (New) SR 3:00 Games w/Terri L 6:00 Scripture Reading w/Jill HA 6-8 Wellness Fair	GOOD FRIDAY A 10:00 Exercise w/Arnie O 9:00 Americus Grill for Breakfast A 11:00 Garden Trivia O 12-3 St Pats Good Friday Service AT 1:00 Gentlemen's Shuffle Board L 2:00 The Roaring 20's A 2:30 Yoga w/ Sally SR 3:00 Simplistic Craft w/ Terri CFT 6:00 Pinochle Card Game	A 10:00 Exercise w/Arnie A 11:00 Fingernail Painting Volunteers w/ Brighton Honor Society HA 2:00 Bingo ID 6:00 Penny Poker w/Carlo ATC 6:30 Cinema Night w/ Andi Featured presentation– TBD FD Newspaper Recycle Day
ID - Independent Dining Room AT - Atrium HER - Harbor Exam Room P - Plant Room (3rd Floor)	PR - Pool Room (2nd Floor) O - Shuttle Outings LO - Lobby H - Harbors Apartments	MS - Main Street HL - Harbor Lobby A - Independent Activity Room L - Library	CR - Computer Room (3rd Floor) SR - Sunroom HA - Harbor Activity Room LEC - Life Enrichment Center		/eranda Art Studio Progr	rams subject to change without notice

## 7700 Nemco Way, Brighton, MI 48116, 810-360-2110

## Independence Village