Assisted Living

March 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	_			Happy Birthday Dreama 10am Exercise: Seated Yoga 11am Catholic Rosary and Prayer 1pm The Players Club 3:30pm MI Wildlife Recovery Topic: Michigan Birds of Prey 6:15pm Dog Visits with Dexter 6:30pm The Facts on First Ladies	Happy Birthday Ruth 10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 11:30am Weekly Bible Verse 1:30pm Holiday Sponge Painting 4pm Group Walk 6:30pm Friday's Fascinating Facts Topic: The Human Body	Happy Anniversary Letha & Wilbur World Wildlife Day 10am Exercise: Chair Dancing 11:30am Women's History Series 2pm Group Crossword Puzzle 3pm Hand Massages 6pm The Popcorn Theater Film: Babe
4	5	6	7	8	9	10
10am Group Walk 1:30pm Train Your Brain 3pm Worship and Hymns Delivered by Pastor Luke 6pm Domino Club	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 1:30pm Monday Manicures 4pm Fact or Fiction? Topic: Babies 6pm Short Stories for the Soul	National Oreo Day 10am Exercise: Hand Weights 11:30am Weekly Devotional 1:30pm Three of a Kind 2:30pm Snack: Oreo Sundaes 4:00pm Prize Bingo 6:30pm Documentary Part 1: Life	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 1pm Live Music: Sweet Friends 3pm Happy Hour Drink: Iced Mocha Lattes 6pm Alphabet Trivia (M)	10am Exercise: Seated Yoga 11am Catholic Rosary and Prayer 1:15pm Live Music: Midland Orchestra 3pm Spelling Bee 6:30pm Documentary Part 2: Life	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 12pm Pizza Party 1:30pm Dinner Prep: Specialty Salad 3:30pm Live Music: Arlyn Willett 6:30pm Friday's Fascinating Facts Topic: Insects and Bugs	10am Exercise: Chair Dancing 11:30am Women's History Series 2pm Group Word Search 3pm Hand Massages 6pm The Popcorn Theater Film: How to Lose a Guy in 10 days
11	12	13	14	15	16	17
Daylight Savings Begins 10am Group Walk 1:30pm Train Your Brain 2:15pm Outing: Midland Orchestra 3pm Worship and Hymns Delivered by Pastor Luke 6pm Domino Club	10:30am Live Music: Liz and Sue 1:30pm Monday Manicures 4pm Fact or Fiction? Topic: Fruits and Vegetables 6pm Craft: Bean Bunnies	10am Exercise: Hand Weights 11am Talk Wellness with Julie 1pm Outing: Kroger 3:30pm Live Theater: Recyclables 6:30pm Prize Bingo	National Potato Chip Day 10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 11:30am Weekly Devotional 1:30pm Potato Chip Taste Testing 3pm Happy Hour Drink: Watermelon Lemonade 6pm Alphabet Trivia (N)	10am Exercise: Seated Yoga 11am Catholic Rosary and Prayer 1pm The Village Book Club 3pm Spring Floral Arranging 6:15pm Dog Visits with Dexter 6:30pm World Travel: Ireland	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 11:30am Weekly Bible Verse 1:30pm Everything Ireland 3pm Live Music: Alex and Mitchell 4pm Group Walk 6:30pm Friday's Fascinating Facts Topic: Legitimate Laws	St. Patrick's Day 10am Exercise: Noodle-size 11:30am Women's History Series 1:30pm St. Patrick's Day Celebration Shamrock Shakes and Live Music! 3pm Hand Massages 6pm The Popcorn Theater Film: A Dog's Purpose
18	19	20	21	22	23	24
10am Group Walk 1:30pm Train Your Brain 3pm Worship and Hymns Delivered by Pastor Luke 6pm Domino Club	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 1:30pm Monday Manicures 4pm Fact or Fiction? Topic: Famous Females 6pm Short Stories for the Soul	First Day of Spring 10am Exercise: Hand Weights 11:30am Weekly Devotional 2pm Live Music: Harbor Sounds 4:30pm Dinner Outing: Bennigans 6:30pm Prize Bingo	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 1:30pm Thumbs Up/Thumbs Down 3pm Happy Hour Drink: Spring Sunrise 4pm Worship and Communion Delivered by Trinity Lutheran 6pm Alphabet Trivia (O)	10am Exercise: Seated Yoga 11am Catholic Rosary and Prayer 2pm Cookie Madness Voting Part 1 3:30pm Storytelling with Cheryl 6:30pm Lucky Dog	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 11:30am Weekly Bible Verse 1:30pm Monthly Pedicures 4pm Group Walk 6:30pm Friday's Fascinating Facts Topic: Flowers and Blossoms	10am Exercise: Saturday Stretch 11:30am Women's History Series 2pm Group Crossword Puzzle 3pm Hand Massages 6pm The Popcorn Theater Film: The Long, Long Trailer
25	26	27	28	29	30	31
Palm Sunday 10am Group Walk 1:30pm Train Your Brain 3pm Worship and Hymns Delivered by Pastor Luke 6pm Domino Club	10am Exercise: Chair Dancing 10:30am Morning Tea Time 1:15pm Live Music: Will Greeley 1:45pm Outing: Butterfly House 4pm Fact or Fiction? Topic: The Spring Season 6pm Craft: Bean Bunnies	10am Exercise: Hand Weights 11:30am Weekly Devotional 1:30pm Tuesday Manicures 4pm Name that Flower 6:30pm Prize Bingo	10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 1:30pm April Calendar Review 3pm Happy Hour Drink: Chocolate Chip Milkshakes 3:30pm Live Music: Sticks and Stone 6pm Alphabet Trivia (P)	10:15am Easter Egg Extravaganza 11:30am Catholic Rosary and Prayer 2pm Cookie Madness Voting Part 2 3pm Michigan Travel: Frankenmuth 6:15pm Dog Visits with Dexter	Good Friday 10am Exercise: Sit n' Be Fit 10:30am Morning Tea Time 11:30am Weekly Bible Verse 1:30pm Make Your Own: Bunny Bait 4pm Group Walk 6:30pm Friday's Fascinating Facts Topic: Weird, but True!	10am Exercise: Noodle-size 11:30am Women's History Series 2pm Group Word Search 3pm Hand Massages 6pm The Popcorn Theater Film: The Shaggy Dog

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Independence Village