

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise Balance in Action (B) 1:00 March Gazette 2:00 Movie Music 3:30 Happy Hour (Pub) Featured Drink: Irish Coffee with Jameson 6:00 Game Night	9:30 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to Music (B) 1:00 Veterans Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat 11:00 Theraband Stretching (A) 1:00 Centerpiece Creations 2:00 Live Entertainment StoryPoint Band, 6:30 Movie Night (TH)
4	5	6	7	8	9	10
9:00 Coffee Chat 1:00 Colored Pencil Art 2:00 Aerobic Exercise (A) 6:00 The Crown, episode 4	9:00 Coffee Chat 11:00 Exercise: Yoga (A) 1:00 Program Planning 2:00 Resident Birthday Celebration with 3:00 Rummy 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 You Be the Judge 2:00 Scenic Drive 2:00 Bible Study with Bob (B) 3:00 Yahtzee 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Resident Forum 2:00 Non Denomination Church Service (B) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: Tom Slatton (TH)	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise Balance in Action (B) 1:00 Crafting: Lucky Charms 3:30 Happy Hour (Pub) Featured Drink: Guinness 6:00 Game Night	9:30 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to Music (B) 1:00 Veterans Club (PDR) 2:00 Plymouth Historical Museum 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat 11:00 Active Fitness 3:00 Cranium Crunches 6:30 Movie Night (TH)
11	12	13	14	15	16	17
9:00 Coffee Chat 1:00 Fact or Fiction 3:00 Aerobic Exercise (A) 6:00 The Crown, episode 5	9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:30 Wheel of Fortune (B) 2:00 Creative Painting 3:00 Skip Bo 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 2:00 Maplewood Lanes 2:00 Bible Study with Bob (B) 3:00 Manicures & Mimosas (A) 6:00 Family Night	9:00 Waffle Wednesday (NL) 11:00 Exercise: Balance in Action (B) 1:00 Suitcase Travels 2:00 Non Denomination Church Service (B) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: Gospel Concert (TH)	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise Balance in Action (B) 1:00 Finish the Phrase 2:00 The Early Days of T.V 3:30 Happy Hour (Pub) Featured Drink: Spiked Shamrock Shake 6:00 Game Night	9:30 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to Music (B) 1:00 Veterans Club (PDR) 2:00 O’Kennedy Irish Dancers (B) 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat 11:00 Theraband Stretching (A) 2:00 St. Patrick’s Celebration (Pub) 6:30 Movie Night (TH)
18	19	20	21	22	23	24
9:00 Coffee Chat 1:00 Snacks & Chat 2:00 Aerobic Exercise (A) 6:00 The Crown, episode 6	9:00 Coffee Chat 11:00 Exercise: Yoga (A) 1:00 Crafting: Spring Wreaths (B) 2:00 This Day in History 3:00 Farkle 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 You Be the Judge 2:00 Scenic Drive 2:00 Bible Study with Bob (B) 3:00 Uno 6:00 Hand & Nail Spa	10:30 Visit from Annie’s Childcare (MC) 11:00 Exercise: Balance in Action (B) 1:00 Suitcase Travels 2:00 Non Denomination Church Service (B) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: Frank Sinatra Show (TH)	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise Balance in Action (B) 1:30 Team Trivia: Fact or Fiction 3:30 Happy Hour (Pub) Featured Drink: Bloody Mary Bar 6:00 Game Night	9:30 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to Music (B) 1:00 Veterans Club (PDR) 2:30 Visit to Annie’s Childcare 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat 11:00 Active Fitness 2:00 Music Hour with Lee (MC) 6:30 Movie Night (TH)
25	26	27	28	29	30	31
9:00 Coffee Chat 1:00 Tea & Trivia 3:00 Aerobic Exercise (A) 6:00 The Crown, episode 7	9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 Creative Painting 2:00 New Resident Social: Tiger’s Opening Day (A) 3:00 Rummy 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 2:00 Leo’s Coney Island 2:00 Bible Study with Bob (B) 3:00 Learn to Play Shuffleboard (B) 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Suitcase Travels 2:00 Non Denomination Church Service (B) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: French Quarter Band (TH)	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise Balance in Action (B) 1:10 Tiger’s Opening Day Game 3:30 Happy Hour (Pub) Featured Drink: Tigers Orange Creamsicle 6:00 Game Night	9:30 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to Music (B) 1:00 Veterans Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat 11:00 Theraband Stretching (A) 2:00 Live Entertainment: Half Wacked Band (TH) 6:30 Movie Night (TH)