

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:00 Coffee Chat (NL) 10:30 Wellness Checks with Heather (W) 11:00 Exercise: Balance in Action (B) 11:00 Lunch Bunch: Gandy Dancer 2:00 Men’s Group: Euchre (NL) 3:30 Happy Hour (Pub) Featured Drink: Irish Coffee with Jameson 6:00 Hand Massages (B)	9:00 Coffee Chat (NL) 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the Music (B) 1:00 Veteran’s Club (PDR) 2:00 Program Planning Meeting (A) 3:30 Basic 21 (B) 6:30 The Crown, episode 3 (TH)	9:00 Coffee Chat (NL) 11:00 Walking Club (NL) 2:00 Live Entertainment: StoryPoint Band, Two Guys & A Gal (NL) 6:30 Movie Night (TH)
4	5	6	7	8	9	10
9:00 Coffee Chat (NL) 1:00 Sequence (A) 3:00 Aerobic Exercise (A) 6:30 Card Club (NL)	9:00 Coffee Chat (NL) 10:30 Weekly Review of Activities (NL) 11:00 Exercise: Yoga (A) 2:00 Resident Birthday Celebration with Live Entertainment by: Happiness Boys (NL) 3:00 Learn to play shuffleboard (B) 3:30 Guided Meditation with Kamau (A) 6:30 Hand Massages (A)	9:00 Coffee Chat & Pet Hour (A) 10:00 Trivia (B) 10:30 Exercise: Balance in Action (B) 11:15 Meijer Shopping 1:30 Drums Alive! (A) 2:00 Bible Study with Bob (B) 3:00 Preemie Pals: Quilt Squares (A) 6:30 Game Night (NL)	9:00 Coffee Chat (NL) 10:00 Creative Writing with Nan (B) 11:00 Exercise: Balance in Action (B) 1:00 Stitching Sisters (A) 2:00 Non Denomination Church Service (TH) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: Tom Slatton (TH)	9:00 Coffee Chat (NL) 10:30 Wellness Checks with Heather (W) 11:00 Exercise: Balance in Action (B) 11:45 Detroit Institute of Arts: Garden Art Talk 3:30 Happy Hour (Pub) Featured Drink: Guinness 6:00 Hand Massages (B)	9:00 Coffee Chat (NL) 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the Music (B) 1:00 Veteran’s Club (PDR) 2:30 TED Talk: Acceptance (TH) 3:30 Basic 21 (B) 6:30 The Crown, episode 4 (TH)	9:00 Coffee Chat (NL) 11:00 Theraband Stretching (A) 2:00 Cooking with Ingrid (A) 6:30 Movie Night (TH)
11	12	13	14	15	16	17
9:00 Coffee Chat (NL) 1:00 Euchre Tournament (A) 3:00 Aerobic Exercise (A) 6:30 Learn to play Euchre (NL)	9:00 Coffee Chat (NL) 10:30 Weekly Review of Activities (NL) 11:00 Exercise: Kickboxing (A) 1:30 Wheel of Fortune (B) 2:30 Technology Help (L) 3:00 Presentation: A-Ride Transportation (TH) 6:30 Hand Massages (A)	9:00 Coffee Chat & Pet Hour (A) 10:00 Word Games (B) 10:00 Open Swim at Saline Rec Center 10:30 Exercise: Balance in Action (B) 11:15 Walmart Shopping 2:00 Tea Time Gathering (pub) 2:00 Bible Study with Bob (B) 3:00 Manicures & Mimosas (A) 6:30 Game Night (NL)	9:00 Waffle Wednesday (NL) 10:00 Creative Writing with Nan (B) 11:00 Exercise: Balance in Action (B) 1:00 Stitching Sisters (A) 2:30 Alzheimer’s Association Support Group (CR) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment:	9:00 Coffee Chat (NL) 10:30 Wellness Checks with Heather (W) 11:00 Exercise: Balance in Action (B) 11:00 Trader Joes 2:00 Resident Forum 3:30 Happy Hour (Pub) Featured Drink: Spiked Shamrock Shake 6:00 Hand Massages (B)	9:00 Coffee Chat (NL) 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the Music (B) 1:00 Veteran’s Club (PDR) 1:00 Learn to play: 10 Trick (NL) 2:00 O’ Kennedy Irish Dancers (B) 3:30 Basic 21 (B) 6:30 The Crown, episode 5 (TH)	9:00 Coffee Chat (NL) 11:00 Theraband Stretching (A) 2:00 St. Patrick’s Celebration (pub) 6:30 Movie Night (TH)
18	19	20	21	22	23	24
9:00 Coffee Chat (NL) 10:30 Sunday Brunch (DR) 1:00 Sunday Brunch (DR) 2:00 Aerobic Exercise (A) 3:00 Sequence (A) 6:30 Card Club (NL)	9:00 Coffee Chat (NL) 10:30 Weekly Review of Activities (NL) 11:00 Exercise: Yoga (A) 1:00 Crafting: Spring Wreaths 2:00 Nurse Chat with Heather (TH) 3:30 Guided Meditation with Kamau (A) 6:30 Hand Massages (A)	9:00 Coffee Chat & Pet Hour (A) 10:00 Michigan Chat Pack (B) 10:30 Exercise: Balance in Action (B) 11:15 Meijer Shopping 1:30 Men’s Outing: Dan’s Tavern 2:00 Attorney General Presentation: Online Safety (TH) 2:00 Bible Study with Bob (B) 2:30 Book Club (PDR)	9:00 Coffee Chat (NL) 10:00 Creative Writing with Nan (B) 11:00 Exercise: Balance in Action (B) 1:00 Stitching Sisters (A) 2:00 Non Denomination Church Service (TH) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: Frank Sinatra show (TH)	9:00 Coffee Chat (NL) 10:30 Wellness Checks with Heather (W) 11:00 Exercise: Balance in Action (B) 11:00 Lunch Bunch: Mac’s Acadian Seafood Shack 1:30 Team Trivia: Fact or Fiction 3:30 Cookie Madness Happy Hour Featured Drink: Milk Shot (Pub) 6:00 Hand Massages (B)	9:00 Coffee Chat (NL) 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the Music (B) 1:00 Veteran’s Club (PDR) 3:30 Basic 21 (B) 6:30 The Crown, episode 6 (TH)	9:00 Coffee Chat (NL) 11:00 Walking Club (NL) 2:00 Cooking with Ingrid (A) 6:30 Movie Night (TH)
25	26	27	28	29	30	31
9:00 Coffee Chat (NL) 1:00 Euchre Tournament (A) 3:00 Aerobic Exercise (A) 6:30 Learn to play Euchre (NL)	9:00 Coffee Chat (NL) 10:30 Weekly Review of Activities (NL) 11:00 Exercise: Kickboxing (A) 2:00 New Resident Social: Tigers Opening Day (A) 3:30 Art Committee Meeting (A) 6:30 Hand Massages (A)	9:00 Coffee Chat & Pet Hour (A) 10:00 Who said it? (B) 10:00 Open Swim at Saline Rec Center 10:30 Exercise: Balance in Action (B) 11:15 Walmart Shopping 1:30 Drums Alive! (A) 2:00 Bible Study with Bob (B) 3:00 Learn to play shuffleboard (B) 6:30 Game Night (NL)	10:00 Creative Writing with Nan (B) 11:00 Exercise: Balance in Action (B) 1:00 Stitching Sisters (A) 1:00 Cookie Madness Round 2 (NL) 2:00 Non Denomination Church Service (TH) 3:00 Advanced Bingo & Beverages (A) 3:00 Bingo (B) 7:00 Live Entertainment: French Quarter Band (TH)	9:00 Hollywood Casino Toledo 9:00 Coffee Chat (NL) 10:30 Wellness Checks with Heather (W) 11:00 Exercise: Balance in Action (B) 3:30 Opening Day Happy Hour Featured Drink: Tigers Orange Creamsicle (Pub) 6:00 Hand Massages (B)	9:00 Coffee Chat (NL) 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the Music (B) 1:00 Veteran’s Club (PDR) 2:30 Stock Market presentation with Larry (A) 3:30 Basic 21 (B) 6:30 The Crown, episode 7 (TH)	9:00 Coffee Chat (NL) 11:00 Theraband Stretching (A) 2:00 Live Entertainment: Half Wacked Band (NL) 6:30 Movie Night (TH)

A - Community Room A
B - Community Room B

Theater - Theater
NL - North Lobby

SL - South Lobby
FC - Fitness Center

Bistro - Bistro
ICR - Independent Conference Room

W - Wellness
CY - Courtyard

DR - Dining Room
L - Library