Assisted Living

May 2018

| Shine. Everyday. | | | | | |
|---|---|---|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 1 | 2 | 3 | 4 | 5 |
| | 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Fact or Fiction 2:00 Menchie's 2:00 Bible Study with Bob (B) 3:00 Rummy 6:00 Hand & Nail Spa | 9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Resident Forum 2:00 VA Aid and Attendance Benefits Presentation (TH) 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club | 9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Margarita 6:00 Game Night | 9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 3:30 Celebrating George's Birthday 6:00 Music with Bill | 9:00 Coffee Chat I 1:00 Active Fitness I:00 Derby Day Social 6:30 Move Night (TH) |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 This Week in History 2:00 Resident Birthday Celebration (NL) 3:00 Painting with Sue 6:00 Hand Massages | 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Jeopardy 2:00 Cat Café 2:00 Bible Study with Bob (B) 3:00 Uno 6:00 Hand & Nail Spa | 9:00 Waffle Wednesday (NL) 11:00 Exercise: Balance in Action (B) 1:00 Take a Bite: Make Your Own Trail Mix 2:30 Alzheimer's Association Support Group (CR) 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:30 Live Entertainment: | 9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00Garden Club 3:30 Happy Hour (Pub) Featured Drink: Moscow Mule 6:00 Game Night | 9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill | 9:00 Coffee Chat I I:00 Active Fitness I:00 Mother's Day Social 6:30 Move Night (TH) |
| 14 | 15 | 16 | 17 | 18 | 19 |
| 9:00 Coffee Chat I I:00 Exercise: Yoga (A) I:00 This Week in History 2:00 The Price is Right 3:00 Make a Suncatcher 6:00 Hand Massages | 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Would You Rather 2:00 Walmart 2:00 Bible Study with Bob (B) 3:00 Checkers 6:00 Hand & Nail Spa | 9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 You be the Judge 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club | 9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Bloody Mary Bar 6:00 Game Night | 9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill | 9:00 Coffee Chat I 1:00 Active Fitness 1:30 Family Afternoon (MC) 2:00 StoryPoint Band: 2 Guys & 2 Gals 3:30 Stories from our Service Members 6:30 Move Night (TH) |
| 21 | 22 | 23 | 24 | 25 | 26 |
| 9:00 Coffee Chat I I:00 Exercise: Kickboxing (A) I:00 Give Back Project 2:00 Nurse Chat with Heather (TH) 3:00 Design a Flower Pot 6:00 Hand Massages | 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Clue Trivia 2:00 Chair Zumba (A) 2:00 Bible Study with Bob (B) 3:00 Skip Bo 6:00 Hand & Nail Spa | 9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 7:00 Live Entertainment: Christine Schinker (TH) | 9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Strawberry Lemon Sangria 6:00 Game Night | 9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:30 Visit to Annie's Childcare 3:30 Basic 21 (B) 6:00 Music with Bill | 9:00 Coffee Chat I I:00 Active Fitness I:00 Coffee on the Patio 6:30 Move Night (TH) |
| 28 | 29 | 30 | 31 | | |
| 9:00 Coffee Chat I I:00 Exercise: Yoga (A) I 2:00 Memorial Day BBQ I:00 Moment of Silence & Songs of the Service 3:30 Meditation (A) 6:00 Hand Massages | 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Fact or Fiction 2:00 TRI 2:00 Bible Study with Bob (B) 3:00 Rummy 6:00 Hand & Nail Spa | 9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Trivia 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club | 9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Cherry Limeade 6:00 Game Night | | |
| | 7 9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 This Week in History 2:00 Resident Birthday Celebration (NL) 3:00 Painting with Sue 6:00 Hand Massages 14 9:00 Coffee Chat 11:00 Exercise: Yoga (A) 1:00 This Week in History 2:00 The Price is Right 3:00 Make a Suncatcher 6:00 Hand Massages 21 9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 Exercise: Kickboxing (A) 1:00 Give Back Project 2:00 Nurse Chat with Heather (TH) 3:00 Design a Flower Pot 6:00 Hand Massages 28 9:00 Coffee Chat 11:00 Exercise: Yoga (A) 12:00 Memorial Day BBQ 1:00 Moment of Silence & Songs of the Service 3:30 Meditation (A) | 1 9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 10:00 Fact or Fiction 2:00 Bible Study with Bob (B) 3:00 Rummy 6:00 Hand & Nail Spa 7 8 9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 This Week in History 2:00 Resident Birthday Celebration 7.00 Coffee Chat 1:00 This Week in History 2:00 Resident Birthday Celebration 7.00 Coffee Chat 1:00 This Week in History 2:00 Resident Birthday Celebration 7.00 Coffee Chat 1:00 This Week in History 2:00 Coffee Chat 1:00 This Week in History 2:00 The Price is Right 3:00 Make a Suncatcher 6:00 Hand Massages 9:00 Coffee Chat 1:00 This Week in History 2:00 Nurse Chat with Heather (TH) 3:00 Design a Flower Pot 6:00 Hand Massages 2:00 Coffee Chat 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Balance in Action (B) 1:00 Coffee Chat 1 | 1 2 9:00 Coffee Chat 9:00 Coffee Chat 1:00 Fact cor Fiction 9:00 Menchie's 2:00 Bible Study with Bob (B) 1:00 Resident Forum 2:00 Buble Study with Bob (B) 2:00 Non Denomination Church 2:00 Coffee Chat 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Kickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Kickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Kickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Kickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Xickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Xickboxing (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Yoga (A) 1:00 Exercise: Balance in Action (B) 1:00 Exercise: Si | 1 2 3 900 Coffee Chat 100 Exercise: Balance in Action (B) 100 Fact or Fiction 200 Bible Study with Bob (B) 200 Name Study with Bob (B) 200 Coffee Chat 100 Exercise: Kickboxing (A) 100 Factured Club 200 Name Study with Bob (B) 200 Coffee Chat 100 Exercise: Study with Bob (B) 200 Coffee Chat 100 Exercise: Study with Bob (B) 200 Coffee Chat 11:00 E | 1 2 5 4 900 Coffee Chat: 1000 Exercise: Balance in Action (B) 1000 Exercise: Chat 1000 |

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