## Assisted Living

## May 2018

Shine. Everyday.					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Fact or Fiction 2:00 Menchie's 2:00 Bible Study with Bob (B) 3:00 Rummy 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Resident Forum 2:00 VA Aid and Attendance Benefits Presentation (TH) 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Margarita 6:00 Game Night	9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 3:30 Celebrating George's Birthday 6:00 Music with Bill	9:00 Coffee Chat I 1:00 Active Fitness I:00 Derby Day Social 6:30 Move Night (TH)
7	8	9	10	11	12
9:00 Coffee Chat 11:00 Exercise: Kickboxing (A) 1:00 This Week in History 2:00 Resident Birthday Celebration (NL) 3:00 Painting with Sue 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Jeopardy 2:00 Cat Café 2:00 Bible Study with Bob (B) 3:00 Uno 6:00 Hand & Nail Spa	9:00 Waffle Wednesday (NL) 11:00 Exercise: Balance in Action (B) 1:00 Take a Bite: Make Your Own Trail Mix 2:30 Alzheimer's Association Support Group (CR) 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:30 Live Entertainment:	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00Garden Club 3:30 Happy Hour (Pub) Featured Drink: Moscow Mule 6:00 Game Night	9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat I I:00 Active Fitness I:00 Mother's Day Social 6:30 Move Night (TH)
14	15	16	17	18	19
9:00 Coffee Chat I I:00 Exercise: Yoga (A) I:00 This Week in History 2:00 The Price is Right 3:00 Make a Suncatcher 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Would You Rather 2:00 Walmart 2:00 Bible Study with Bob (B) 3:00 Checkers 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 You be the Judge 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Bloody Mary Bar 6:00 Game Night	9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:00 Scenic Drive 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat I 1:00 Active Fitness 1:30 Family Afternoon (MC) 2:00 StoryPoint Band: 2 Guys & 2 Gals 3:30 Stories from our Service Members 6:30 Move Night (TH)
21	22	23	24	25	26
9:00 Coffee Chat I I:00 Exercise: Kickboxing (A) I:00 Give Back Project 2:00 Nurse Chat with Heather (TH) 3:00 Design a Flower Pot 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Clue Trivia 2:00 Chair Zumba (A) 2:00 Bible Study with Bob (B) 3:00 Skip Bo 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 7:00 Live Entertainment: Christine Schinker (TH)	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Strawberry Lemon Sangria 6:00 Game Night	9:00 Coffee Chat 10:00 Catholic Communion & Prayer (B) 11:00 Exercise: Move to the music (B) 1:00 Veteran's Club (PDR) 2:30 Visit to Annie's Childcare 3:30 Basic 21 (B) 6:00 Music with Bill	9:00 Coffee Chat I I:00 Active Fitness I:00 Coffee on the Patio 6:30 Move Night (TH)
28	29	30	31		
9:00 Coffee Chat I I:00 Exercise: Yoga (A) I 2:00 Memorial Day BBQ I:00 Moment of Silence & Songs of the Service 3:30 Meditation (A) 6:00 Hand Massages	9:00 Coffee Chat 10:30 Exercise: Balance in Action (B) 1:00 Fact or Fiction 2:00 TRI 2:00 Bible Study with Bob (B) 3:00 Rummy 6:00 Hand & Nail Spa	9:00 Coffee Chat 11:00 Exercise: Balance in Action (B) 1:00 Trivia 2:00 Non Denomination Church Service (TH 3:00 Advanced Bingo (A) 3:00 Bingo (B) 6:00 Card Club	9:00 Coffee Chat 10:30 Wellness Checks (W) 11:00 Exercise: Balance in Action (B) 1:00 Garden Club 3:30 Happy Hour (Pub) Featured Drink: Cherry Limeade 6:00 Game Night		
	<ul> <li>7</li> <li>9:00 Coffee Chat</li> <li>11:00 Exercise: Kickboxing (A)</li> <li>1:00 This Week in History</li> <li>2:00 Resident Birthday Celebration (NL)</li> <li>3:00 Painting with Sue</li> <li>6:00 Hand Massages</li> <li>14</li> <li>9:00 Coffee Chat</li> <li>11:00 Exercise: Yoga (A)</li> <li>1:00 This Week in History</li> <li>2:00 The Price is Right</li> <li>3:00 Make a Suncatcher</li> <li>6:00 Hand Massages</li> <li>21</li> <li>9:00 Coffee Chat</li> <li>11:00 Exercise: Kickboxing (A)</li> <li>1:00 Exercise: Kickboxing (A)</li> <li>1:00 Give Back Project</li> <li>2:00 Nurse Chat with Heather (TH)</li> <li>3:00 Design a Flower Pot</li> <li>6:00 Hand Massages</li> <li>28</li> <li>9:00 Coffee Chat</li> <li>11:00 Exercise: Yoga (A)</li> <li>12:00 Memorial Day BBQ</li> <li>1:00 Moment of Silence &amp; Songs of the Service</li> <li>3:30 Meditation (A)</li> </ul>	1       9:00 Coffee Chat         10:30 Exercise: Balance in Action (B)         10:00 Fact or Fiction         2:00 Bible Study with Bob (B)         3:00 Rummy         6:00 Hand & Nail Spa         7       8         9:00 Coffee Chat         11:00 Exercise: Kickboxing (A)         1:00 This Week in History         2:00 Resident Birthday Celebration         7.00 Coffee Chat         1:00 This Week in History         2:00 Resident Birthday Celebration         7.00 Coffee Chat         1:00 This Week in History         2:00 Resident Birthday Celebration         7.00 Coffee Chat         1:00 This Week in History         2:00 Coffee Chat         1:00 This Week in History         2:00 The Price is Right         3:00 Make a Suncatcher         6:00 Hand Massages         9:00 Coffee Chat         1:00 This Week in History         2:00 Nurse Chat with Heather (TH)         3:00 Design a Flower Pot         6:00 Hand Massages         2:00 Coffee Chat         1:00 Exercise: Balance in Action (B)         1:00 Exercise: Balance in Action (B)         1:00 Exercise: Balance in Action (B)         1:00 Coffee Chat         1	1       2         9:00 Coffee Chat       9:00 Coffee Chat         1:00 Fact cor Fiction       9:00 Menchie's         2:00 Bible Study with Bob (B)       1:00 Resident Forum         2:00 Buble Study with Bob (B)       2:00 Non Denomination Church         2:00 Coffee Chat       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Kickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Kickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Kickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Kickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Xickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Xickboxing (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Yoga (A)       1:00 Exercise: Balance in Action (B)         1:00 Exercise: Si	1         2         3           900 Coffee Chat 100 Exercise: Balance in Action (B) 100 Fact or Fiction 200 Bible Study with Bob (B) 200 Name Study with Bob (B) 200 Coffee Chat 100 Exercise: Kickboxing (A) 100 Factured Club 200 Name Study with Bob (B) 200 Coffee Chat 100 Exercise: Study with Bob (B) 200 Coffee Chat 100 Exercise: Study with Bob (B) 200 Coffee Chat 11:00 E	1         2         5         4           900 Coffee Chat:         1000 Exercise: Balance in Action (B)         1000 Exercise: Chat         1000

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