

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:15 Active Fitness 2:00 Do You Know 3:00 Bean Bag Toss 5:45 Evening Chat	10:15 Coffee Chat 11:00 Morning Stretches 1:30 This Week in History 2:30 High Low 3:30 Picture Perfect Photography 5:45 Soothing Sounds	10:15 Patio Chat 11:00 5 by 5 2:00 Scenic Drive 3:30 Nature Walk 5:45 Hand Massages	10:15 Decorating 12:00 Independence Day BBQ 1:00 Moment of Silence & Patriotic Music 3:30 Watercolor Painting 5:45 Game Night	10:15 Courtyard Chat 11:00 Garden Club 1:30 Mandala Art 2:30 Take a Bite: Garden Fresh Pesto 3:30 Chair Yoga 5:45 Evening Meditation	10:15 Move to Music 10:30 Catholic Communion 11:00 Finish the Lyrics 1:00 Senior Classic Movie at Emagine Theatre Saline 3:30 Walking Club 5:45 Essential Oil Relaxation	10:15 Coffee on the Patio 11:00 Throwback Tunes 2:00 Clue Trivia 3:00 Afternoon Stretches 5:45 Movie Night
8	9	10	11	12	13	14
10:15 Active Fitness 2:00 Short Stories 3:00 Balloon Tennis 5:45 Evening Chat	10:15 Coffee Chat 11:00 Morning Stretches 1:30 Veteran’s Club 2:30 Music Hour with Rob 3:30 US Journey: Alaska 5:45 Soothing Sounds	10:15 Patio Chat 11:00 Suitcase Travels: Australia 2:00 Visit to TRI 3:30 Walking Club 5:45 Hand Massages	10:15 Morning Chat 11:00 Resident Forum 1:30 Famous Faces 2:30 Hand & Nail Spa 3:30 Afternoon Stretch 5:45 Game Night	10:15 Courtyard Chat 11:00 Garden Club 1:30 Pet Visit with Lizzie 2:30 Take a Bite: Pie Cups 3:30 Chair Volleyball 5:45 Evening Meditation	10:15 Move to Music 10:30 Catholic Communion 11:00 Name the Movie 2:00 Scenic Drive 3:30 Walking Club 5:45 Essential Oil Relaxation	10:15 Coffee on the Patio 11:00 Throwback Tunes 2:00 Cranium Crunches 3:00 Afternoon Stretches 5:45 Movie Night
15	16	17	18	19	20	21
10:15 Active Fitness 2:00 Would You Rather? 3:00 Bowling 5:45 Evening Chat	10:15 Coffee Chat 11:00 Morning Stretches 1:30 Give Back Project 2:30 This Week in History 3:30 Picture Perfect Photography 5:45 Soothing Sounds	10:15 Patio Chat 11:00 5 by 5 2:00 Sharpie Art 3:30 Nature Walk 5:45 Hand Massages	10:30 Visit from Annie’s Childcare 11:00 Mandala Art 1:30 Scent Guessing 2:30 Hand & Nail Spa 3:30 Let’s Get Moving 5:45 Game Night	10:15 Courtyard Chat 11:00 Garden Club 1:30 Homemade Potpourri 2:30 Take a Bite: Garden Fresh Guacamole 3:30 Chair Stretches 5:45 Evening Meditation	10:15 Move to Music 10:30 Catholic Communion 11:00 How Many in a Minute 2:00 Trip to Carrigan Café 3:30 Walking Club 5:45 Essential Oil Relaxation	10:15 Coffee on the Patio 11:00 Fact or Fiction 2:00 Music Hour with Lee 3:00 Afternoon Stretches 5:45 Movie Night
22	23	24	25	26	27	28
10:15 Active Fitness 2:00 Do You Know 3:00 Bocce Ball 5:45 Evening Chat	10:15 Coffee Chat 11:00 Morning Stretches 1:30 Veteran’s Club 2:30 Music Hour with Reggie 3:30 US Journey: Hawaii 5:45 Soothing Sounds	10:15 Patio Chat 11:00 Suitcase Travels: France 2:00 Drying Garden Herbs 3:30 Walking Club 5:45 Hand Massages	10:15 Morning Chat 11:00 Past Time Commercials 1:30 Famous Faces 2:30 Hand & Nail Spa 3:30 Afternoon Stretch 5:45 Game Night	10:15 Courtyard Chat 11:00 Garden Club 1:30 Pet Visit with Lizzie 2:30 Take a Bite: Homemade Pretzels 3:30 Chair Yoga 5:45 Evening Mediation	10:15 Move to Music 10:30 Catholic Communion 11:00 Finish the Lyrics 2:30 Visit to Annie’s Childcare 3:30 Walking Club 5:45 Essential Oil Relaxation	10:15 Coffee on the Patio 11:00 Throwback Tunes 2:00 Finish the Phrase 3:00 Afternoon Stretch 5:45 Movie Night
29	30	31				
10:15 Active Fitness 2:00 Short Stories 3:00 Horse Shoes 5:45 Evening Chat	10:15 Coffee Chat 11:00 Morning Stretches 1:30 This Week in History 2:30 Qwirkle 3:30 Picture Perfect Photography 5:45 Soothing Sounds	10:15 Patio Chat 11:00 5 by 5 2:00 Visit to Cherry Bee Frozen Yogurt 3:30 Nature Walk 5:45 Hand Massages				