

Nourish Connection Points

How Connection Points Memory Care is improving our residents' health one snack, smoothie and meal at a time.

Why It's Important

Our Connection Points Memory Care approach has developed a science-backed approach to nutrition that nourishes both the body and the spirit. Malnutrition and dehydration are a real risk for those experiencing dementia, so our neighborhoods have innovative ways that encourage residents to eat, preventing maladies like weight loss and UTIs. But our approach understands eating isn't just important for physical health, so we turn every mealtime into an opportunity for residents to engage and connect.



What It Includes

Certified Nourishment Specialist

Training that helps our executive chefs understand the aging process, dementia, and learn the best ways to prepare food for the memory care neighborhood.

24/7 Snack Bar

Snacks and food are always easily accessible from the clearly labeled snack bar and see-thru mini fridge.

Red Plate Dining

Meals are served on red dishware, scientifically proven to encourage residents to eat more.

Fresh Smoothies

Delicious and portable way for residents to get the nutrition they need, and it's a healthy alternative to meal supplements.

Family Style Dining

Self-directed dining experience that helps residents feel more in control while creating a sense of community between residents.

Revivify

Scented oil aromatherapy before meals to whet appetites.

Memory Morsels

Two bite-sized, easy-to-eat versions of dishes on the menu.

To learn how our Connection Points approach is making our memory care more personal and meaningful, call our Community Specialist at xxx-xxx-xxxx.