



Sensible Sodium at StoryPoint

Our Sensible Sodium program provides lower sodium meal options for residents.

Taste and nutritional value are two core pieces of the culinary experience in our community. For those who adhere to lower sodium diets, our Sensible Sodium program is a partnership between our registered dietitian and Executive Chef that provides residents with meal options that are lower in sodium content.

As menus change daily, there are multiple lower sodium meal options to choose from. These handcrafted selections are clearly defined by our Sensible Sodium icon displayed next to the food item.

In addition to leading Sensible Sodium, our registered dietitian is always available to help residents with any dietary needs and is a valued resource in ensuring nutritional standards are met.

**Call us today for more information about our Sensible Sodium program
or to speak with our team!**





Sensible Sodium at Independence Village

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