

Do You Need a Social Worker Checklist?

Safety Concerns: Have there been recent falls, accidents, or close calls (burns, wandering, unsafe driving)? Are you concerned about their safety at home?

Medication Management: Are they having trouble taking their medications correctly (forgetting doses, taking wrong amounts, unable to manage prescriptions)?

Personal Hygiene: Has there been a noticeable decline in personal cleanliness, grooming, or appropriate dressing?

Managing Daily Tasks: Are they struggling significantly with essential daily activities like preparing meals, managing finances (paying bills, avoiding scams), or keeping their home reasonably clean and safe?

Memory & Thinking: Are memory problems, confusion, or difficulty making decisions significantly impacting their daily life, safety, or ability to follow through on necessary tasks?

Mood & Emotional Well-Being: Have you noticed persistent sadness, anxiety, loss of interest in activities they once enjoyed, or significant social withdrawal that concerns you?

Recent Hospitalizations/Health Changes: Have there been recent hospital stays, emergency room visits, or a significant decline in health that makes managing at home more difficult?

Nutrition & Weight: Is there evidence of significant unplanned weight loss, poor appetite, or difficulty accessing or preparing nutritious food?

Mobility Issues: Is declining mobility making it very difficult or unsafe for them to move around their home, get out for appointments, or perform necessary activities?

Caregiver Strain: Are current family caregivers feeling overwhelmed, stressed, or unable to provide the level of care needed?