

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Birthdays Don Laatsch - March 3rd Ed Savitski - March 21st			1 10:00 Exercise: Balloon Volleyball 1:00 Bingo! 3:00 Happy Hour - Featuring Cranberry Mocktail 5:00 Chicken Soup Stories for the Soul	2 10:00 Exercise: Toss & Talk Ball 10:30 Therapy Dog Visits with Carly 1:00 Glam Hour (A) 3:00 Ageless Talent Show! (TH) 5:00 Ted Talk & Tea Time	3 10:00 Cardio Drumming 1:00 Veterans Club (A) 3:00 Scrabble 5:00 Movie Night & Popcorn	4 10:00 Coffee Chats & Current Events 1:00 Yahtzee! 3:00 Book Club: A Stranger in the Lifeboat 5:00 Aromatherapy & Relaxing
5 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Documentary: Free Solo 5:00 Evening Teatime	6 10:00 Seated Zumba 2:30 Live Entertainment with Rob Crozier (MC) 3:00 Balloon Volleyball 5:00 Game Night: Family Feud	7 10:00 Active Fitness 1:30 Outing: Culver's 3:00 Coloring Corner: Zentangles 5:00 Spa Night - Manicures and Hand Massages	8 10:00 Exercise: Balloon Volleyball 1:00 Bingo! 3:00 Happy Hour - Featuring Whiskey Sours Mocktails 5:00 ABC Challenge Trivia	9 10:00 Exercise: Seated Boxing 10:30 Therapy Dog Visits with Carly 1:00 Craft Corner: Leprechaun St. Patrick's Day Wreath 3:00 Rummikub 5:00 Ted Talk & Tea Time	10 10:00 Cardio Drumming 1:00 Outing: Scenic Drive 3:00 Music Bingo! 5:00 Movie Night & Popcorn	11 10:00 Coffee Chats & Current Events 1:00 Tenzi 3:00 Book Club: A Stranger in the Lifeboat 5:00 Aromatherapy & Relaxing
12 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Documentary: His and hers...health care 5:00 Evening Teatime	13 10:00 Seated Zumba 2:30 Live Entertainment with Tom Slatton (MC) 3:00 Craft Corner: St. Paddies Day Pub Crawl T-shirts 5:00 Game Night: Wheel of Fortune	14 10:00 Active Fitness 1:30 Outing: Brewed Awakenings 3:00 March Madness Milestone Birthday Party 5:00 Spa Night - Manicures and Hand Massages	15 10:00 Exercise: Balloon Volleyball 1:00 Bingo! 3:00 Happy Hour - Featuring Shamrock Shakes 5:00 Truth or Blarney - St. Patrick's Day Trivia	16 10:00 Exercise: Toss & Talk Ball 1:00 Baking Group: Oreo Desserts 3:00 Dart Competition 5:00 Ted Talk & Tea Time	St. Patrick's Day 17 10:00 Cardio Drumming 1:00 Leprechaun Scavenger Hunt 3:00 St. Patrick's Day Pub Crawl 5:00 Movie Night: Luck of the Irish St. Patrick's Day Treat Cart - All Day	18 10:00 Coffee Chats & Current Events 1:00 Family Feud 3:00 Book Club: A Stranger in the Lifeboat 5:00 Aromatherapy & Relaxing
19 10:00 Sunday Devotional 11:00 March Brunch (MDR) 1:00 March Brunch (MDR) *RSVP required at front desk* 1:00 Spa Day Sunday 3:00 Documentary: We should all be feminists	20 10:00 Seated Zumba 2:30 Live Entertainment with Christine Schinker (AL) 3:00 Women's History Month Presentation 5:00 Game Night: Scattegories	21 10:00 Active Fitness 1:30 Outing: UofM Natural History Museum Planetarium 3:00 Tik Tok Tuesday 5:00 Spa Night - Manicures and Hand Massages	22 10:00 Exercise: Balloon Volleyball 1:00 Bingo! 3:00 Happy Hour - Featuring Screwdriver Mocktails 5:00 Conversation Questions	23 10:00 Exercise: Seated Boxing 10:30 Therapy Dog Visits with Carly 1:00 Craft: Paint By Numbers Projects 4:00 Ageless Talent Show Live Stream (TH)	24 10:00 Cardio Drumming 11:00 Outing: Classic Concert at Rudolph Steiner High School 3:00 Music Bingo! 5:00 Movie Night & Popcorn	25 10:00 Coffee Chats & Current Events 1:00 LRC 3:00 Book Club: A Stranger in the Lifeboat 5:00 Aromatherapy & Relaxing
26 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Documentary: A women's fury holds lifetime of wisdom 5:00 Evening Teatime	27 10:00 Seated Zumba 2:30 Live Entertainment with Steve Kovich (MC) 3:00 Craft Corner: Build Your Own Birdhouse 5:00 Game Night: Sequence	28 10:00 Active Fitness 1:45 Outing: Memory Care Café 3:00 Parachute Party! 5:00 Spa Night - Manicures and Hand Massages	29 10:00 Exercise: Balloon Volleyball 1:00 Culinary Showcase with Chef Adam (MC) 3:00 Happy Hour - Featuring Pomegranate Mimosas Mocktail 5:00 Words in Words Trivia	30 10:00 Exercise: Toss & Talk Ball 1:00 Baking Group: Apple Pie 3:00 Bowling 5:00 Ted Talk & Tea Time	31 10:00 Cardio Drumming 1:00 Courtyard Clean Up! 3:00 Uno! 5:00 Movie Night & Popcorn	