

Independence Village of Ankeny

Assisted Living

April 2023

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|---|
| | | | | | | <p>1</p> <p>9:15 Stretch w/Donna (MCN) 10:00 Easter Bunny Visits 1:00 Bingo (MCN) 1:00 Baseball Opening Day Coverage (T) 2:00 Old Maid (MCN)</p> |
| <p>2</p> <p>9:30 Catholic Communion (T) 10:00 Pet Therapy (MCN) 1:00 Walking Club (GR) 6:00 Movie: Hop (T)</p> | <p>3</p> <p>9:00 Exercise w/Powerback (GR) 10:00 Issues of the Day w/Dr. Boylan (T) 1:00 Bingo (MCN) 2:00 Bill Lawyer Sings (MCN) 6:00 Movie: Charlie Brown</p> | <p>4</p> <p>9:00 Coffee Crawl (TC) 10:00 Generation Rx Program (T) 10:30 Why Zoos Exist (TC) 1:00 Art Class w/Kathy (GR) 6:00 Fireplace Chats (DRL)</p> | <p>5</p> <p>9:00 Exercise w/Taylor (GR) 10:00 Val Plays Flute (MCN) 1:00 Music and Massage (MCN) 2:00 Dyeing Easter Eggs (GR) 6:00 Movie: I Can Only Imagine (T)</p> | <p>6</p> <p>9:15 James Quales Sings (MCN) 10:00 Shopping @ Wal-Mart (Meet in TC) 1:00 Manicures at the Spa (GR) 2:00 Pine Cone Feeders (GR)</p> | <p>7</p> <p>9:00 Exercise w/Powerback (GR) 9:30 Catholic Mass (T) 10:00 Art Center (TC) 1:00 Activity Planning Meeting 2:30 Social Hour w/Buckingham-Foote Duo</p> | <p>8</p> <p>9:15 Stretch w/Donna (MCN) 10:00 Bingo (MCN) 1:00 Easter Egg Hunt (TC) 2:00 Carrot Toss Game (MCN) 6:00 Movie: Peter Cottontail</p> |
| <p>9</p> <p>9:30 Catholic Communion (T) 10:00 Easter Service (T) 1:00 Walking Club (TC) 6:00 Movie: Pieces of Easter (T)</p> | <p>10</p> <p>9:00 Exercise w/Powerback (MCN) 10:00 Welcome Committee (PD) 1:00 Gardening Club (P) 3:00 Pet Therapy (MCN) 6:00 Sleepless in Seattle (T)</p> | <p>11</p> <p>9:00 Coffee Crawl (TC) 10:00 Cardio Drumming (AR) 1:00 Ankeny Library (TC) 2:30 Making Button Bouquets (GR) 6:00 Fireplace Chats (DRL)</p> | <p>12</p> <p>9:00 Exercise w/Taylor (GR) 10:00 Ageless Talent Finale (T) 1:00 Travelogue: India (T) 2:00 Craft w/David England (GR) 6:00 Movie: Notting Hill (T)</p> | <p>13</p> <p>9:00 Walking Club (TC) 10:00 Shopping @ Target (Meet in TC) 1:00 Manicures at the Spa (GR) 2:00 Memorial Service (T) 6:00 Fireplace Chats (DRL)</p> | <p>14</p> <p>9:00 Exercise w/Powerback (GR) 10:00 Bingo (MCN) 1:00 Planting Seeds (GR) 2:30 Social Hour (TC) 6:00 Movie: Fletch (T)</p> | <p>15</p> <p>9:15 Stretch w/Donna (MCN) 10:00 Devotions (MCN) 1:00 Bingo (MCN) 2:00 Nature Threading (MCN) 6:00 Movie: Persuasion (T)</p> |
| <p>16</p> <p>9:30 Catholic Communion (T) 10:00 Walking Club (TC) 1:00 Water Coloring (GR) 6:00 Movie: Julie & Julia (T)</p> | <p>17</p> <p>9:00 Exercise w/Powerback (MCN) 10:00 CultureAll Program (MCN) 1:00 Lost and Found (TC) 2:00 Making Seed Bombs (GR)</p> | <p>18</p> <p>9:00 Coffee Crawl 10:00 Rick Ludwig Sings (MCN) 1:00 Art Class w/Kathy (GR) 6:00 Fireplace Chats (DRL)</p> | <p>19</p> <p>9:00 Exercise w/Taylor (GR) 10:00 Universal Yums (T) 1:00 Resident Council (T) 2:00 Angel's Health Program (T) 6:00 Movie: The Pink Panther (T)</p> | <p>20</p> <p>9:00 Walking Club (TC) 10:00 Shopping @ Hy-Vee (Meet in TC) 1:00 Manicures at the Spa (GR) 2:00 Craft Show Planning (L) 6:00 Fireplace Chats (DRL)</p> | <p>21</p> <p>8:30 Maurices (TC) 9:00 Exercise w/Powerback (GR) 10:00 Bingo (MCN) 1:00 Cranium Crunches (L) 2:30 Yappy Hour (TC) 6:00 Movie The Longest Yard</p> | <p>22</p> <p>9:15 Stretch w/Donna (MCN) 10:00 Draw w/Donna (MCN) 1:00 Bingo (MCN) 2:00 Earth Day Games (MCN) 6:00 Movie: New in Town (T)</p> |
| <p>23</p> <p>9:30 Catholic Communion 10:00 Walking Club (TC) 1:00 Book Club (L) 6:00 Movie: Seabiscuit (T)</p> | <p>24</p> <p>9:00 Exercise w/Powerback (MCN) 10:00 Wheel of Fortune (T) 1:00 Welcome Party (TC) 2:30 Cooking Club: Waldorf Salad (GR) 6:00 Movie: Parenthood (T)</p> | <p>25</p> <p>9:00 Coffee Crawl (TC) 10:00 Bean Bag Baseball (GR) 1:00 WineStyles Tasting Station (TC) 2:00 Songs to Remember (T) 6:00 Fireplace Chats (DRL)</p> | <p>26</p> <p>9:00 Exercise w/Taylor (GR) 10:00 Making May Baskets (GR) 1:00 Magazine Scavenger Hunt (L) 2:30 Birthday Party (TC) 6:00 Movie: Made of Honor</p> | <p>27</p> <p>9:00 Walking Club (TC) 10:00 Fleet Farm (TC) 1:00 Manicures at the Spa (GR) 2:00 Limbo Card Game (GR) 6:00 Fireplace Chats (DRL)</p> | <p>28</p> <p>9:00 Exercise w/Powerback (GR) 10:00 Bingo (MCN) 1:00 Rummikub (GR) 2:30 Social Hour (TC) 6:00 Movie: Your Place or Mine (T)</p> | <p>29</p> <p>9:15 Stretch w/Donna (MCN) 10:00 Men's Chat: Chasing the Storm (DRL) 1:00 Bingo (MCN) 2:00 Kings in the Corner (MCN) 6:00 Movie: Audrey (T)</p> |
| <p>30</p> <p>9:30 Catholic Communion 10:00 Walking Club (TC) 1:00 Movie Chats w/Doug (DRL)</p> | | | | | | |

Calendar Key:
 AR – Activity Room
 GR – Game Room
 T – Theater
 TC – Town Center
 DR – Dining Room
 DRL – Dining Room Lobby
 P – Patio
 MCN – Memory Care
 Neighborhood
 L – Library
 PD - Private Dining