

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:30 Exercise: Balance in Action (B) 11:00 Ageless Talent Show Rehearsal (TH) 1:00 Book Club: Mad Honey (A) <i>*Sign-up required*</i> 2:00 Card Hour: Euchre (A) 3:30 Happy Hour (Pub) <i>Featured Drink: Cranberry Martini</i>	<b>2</b> 10:30 Exercise: Cardio Drumming (A) 12:00-1:00 Blood Pressure Clinic (W) 12:00 Glam Hour for Talent Show Participants and Audience Members (A) 2:00 Basic 21 (B) <b>3:00 Ageless Talent Show (TH)</b>	<b>3</b> 10:00 Exercise: Yoga with Celia (A) 10:30 Catholic Communion (TH) <b>11:00 Lunch Bunch Outing: First Watch</b> <i>*Sign-up required*</i> 12:00 Saline Library Book Cart (NL) 1:00 Veterans Club (A) 3:00 Resident Birthday Party (A) 6:30 Advanced Quarter Bingo (A)	<b>4</b> 10:15 Coffee Bar (NL) 11:30 Exercise: Seated Boxing (B) 1:00 Movie Matinee: Hidden Figures (TH) 3:30 Resident Led Activity: Uno! (NL)
<b>5</b> 10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) <b>2:15 Outing: Dexter Community Band – “Gotta Dance” Concert</b> <i>*Sign-up required*</i> 3:00 Exercise: Weights & Stretch (B)	<b>6</b> 10:30 Exercise: Cardio Drumming (A) 11:00 Monday Manicures & Mimosas (A) 1:00 Live Entertainment with Rob Crozier (TH) 2:30 Baking Group: Chocolate Cookie in a Mug (B) 3:30 Balloon Volleyball (A)	<b>7</b> 10:30 Exercise: Balance in Action (B) <b>11:15 Shopping Outing: Walmart</b> <i>*Sign-up required*</i> 1:00 Words in Words Trivia (B) 2:00 Tik Tok Tuesday (NL) 3:30 Advanced Quarter Bingo (A)	<b>8</b> 9:00 Waffle Wednesday (DR) 10:30 Exercise: Balance in Action (B) 1:00 Wii Bowling (B) 2:00 Card Hour: Euchre (A) 3:30 Happy Hour (Pub) <i>Featured Drink: Whiskey Sour</i>	<b>9</b> 10:30 Exercise: Cardio Drumming (A) <b>11:00 Outing: Cabela’s</b> <i>*Sign-up required*</i> 1:00 Laughter Yoga with Erin (TH) 2:00 Speed Friending – New Resident Welcome Hour (A) 3:30 Advanced Quarter Bingo (A)	<b>10</b> 10:00 Exercise: Yoga with Celia (A) 10:30 Catholic Communion & Prayer (TH) 12:00 Saline Library Book Cart (NL) 1:00 Women’s History Month (TH) 3:00 Sing-along Session (TH) 6:30 Classic Bingo for Candy Bars (B)	<b>11</b> 10:15 Coffee Bar (NL) 11:30 Exercise: Seated Boxing (B) 1:00 Ingrid’s Cooking Class (A) <i>*Sign-up required*</i> <b>3:00 O’Kennedy Irish Dancers (TH)</b>
<b>12</b> 10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 1:00 TED Talk: His and hers ... health care (TH) 3:00 Exercise: Weights & Stretch (B)	<b>13</b> 10:30 Exercise: Cardio Drumming (A) 1:00 Live Entertainment with Tom Slatton (TH) 2:30 Craft: St. Paddies Pub Crawl Shirts (B) <i>*Sign-up required*</i> 3:30 Staged Reading: Duffy’s Tavern: Audit Trouble (A) <i>*Sign-up required; deadline is March 10th*</i>	<b>14</b> 10:30 Exercise: Balance in Action (B) <b>11:15 Shopping Outing: Meijer</b> <i>*Sign-up required*</i> 1:00 Activity Planning Meeting with Syd (A) 2:00 March Madness History with Bracket Making (TH) 3:30 Advanced Quarter Bingo (A)	<b>15</b> 10:30 Exercise: Balance in Action (B) 1:00 Music Bingo (A) 2:00 Wellness Chat with Kristin (B) 3:30 Happy Hour (Pub) <i>Featured Drink: Irish Coffee</i>	<b>16</b> <b>10:00 Outing: Michigan Theater Behind the Scenes Tour</b> <i>*Sign-up required, deadline March 7th*</i> 10:30 Exercise: Cardio Drumming (A) 12:00-1:00 Blood Pressure Clinic (W) 2:00 Basic 21 (B) 3:30 Advanced Quarter Bingo (A)	<b>17</b> 10:00 Exercise: Yoga with Celia (A) 10:30 Catholic Communion & Prayer (TH) 12:00 Saline Library Book Cart 1:00 How to Catch a Leprechaun (TH) 3:00 St. Paddies Day Pub Crawl (NL) 6:30 Leprechaun Scavenger Hunt (A)  <i>St. Patrick’s Day</i>	<b>18</b> 10:15 Coffee Bar (NL) 11:30 Exercise: Seated Boxing (B) 1:00 Movie Matinee: Brave (TH) 3:30 Live Entertainment with Phyllis Fellin (NL)
<b>19</b> 10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) <b>11:00 March Brunch – 1<sup>st</sup> Seating</b> <b>1:00 March Brunch – 2<sup>nd</sup> Seating</b> <i>*RSVP required through front desk*</i> 1:00 TED Talk: We should all be feminists (TH) 3:00 Exercise: Weights & Stretch (B)	<b>20</b> 10:30 Exercise: Cardio Drumming (A) 1:00 Live Entertainment with Christine Schinker (TH) 2:30 Baking Group: Oreo Dessert (B) 3:30 Balloon Volleyball (A)	<b>21</b> 10:30 Exercise: Balance in Action (B) <b>11:15 Shopping Outing: Walmart</b> <i>*Sign-up required*</i> 1:00 Words in Word Trivia (A) 2:00 Culinary Showcase with Chef Adam (A) 3:30 Advanced Quarter Bingo (A)	<b>22</b> 10:30 Exercise: Balance in Action (B) 1:00 Gardening Club Interest Meeting with Bob (B) 2:00 Card Hour: Euchre (A) 3:30 Happy Hour (Pub) <i>Featured Drink: Screwdriver</i>	<b>23</b> 10:30 Exercise: Cardio Drumming (A) <b>11:00 Men’s Outing: Salt Springs Brewery</b> <i>*Sign-up required*</i> <b>1:00 Resident Forum (TH)</b> 3:00 Ageless Talent Show Appetizers (A) 4:00 Ageless Talent Show Live Stream Semi Finale (TH) 5:00 Formal Semi Finale Dinner (DR)	<b>24</b> 10:00 Exercise: Yoga with Celia (A) 10:30 Catholic Communion & Prayer (TH) <b>11:15 Outing: Classic Concert at Rudolph Steiner High School</b> <i>*Sign-up required*</i> 12:00 Saline Library Book Cart (NL) 1:00 General Dementia Presentation with Makayla (TH) 3:00 Advanced Quarter Bingo (A) 6:30 Facebook Friday! (TH)	<b>25</b> 10:15 Coffee Bar (NL) 11:30 Exercise: Seated Boxing (B) 1:00 Movie Matinee: 9 to 5 (TH) 3:30 Bob Herner Presents on the Shipwreck, Survival, and the Salvation of Jamestown (A)
<b>26</b> 10:15 Coffee Bar (NL) 11:00 Hope & Love Ministries (TH) 1:00 TED Talk: A women’s fury holds lifetimes of wisdom (TH) 3:00 Exercise: Weights & Stretch (B)	<b>27</b> 10:30 Exercise: Cardio Drumming (A) 11:00 Monday Manicures & Mimosas (A) 1:00 Live Entertainment with Steve Kovich (TH) 2:30 Craft Corner: DIY – Design Your Own Birdhouse (B) <i>*Sign-up required; deadline is Mar. 13*</i> 3:30 Makayla Connection Points – MC Process (TH)	<b>28</b> 10:30 Exercise: Balance in Action (B) <b>11:15 Shopping Outing: Meijer</b> <i>*Sign-up required*</i> 2:00 Technology Tuesday with Clear Computing – Future Tech: How our Technology is changing and how it will affect seniors (TH) 3:30 Advanced Quarter Bingo (A)	<b>29</b> 10:30 Exercise: Balance in Action (B) 1:00 Book Club: Mad Honey (TH) 2:00 Card Hour: Euchre (A) 3:30 Happy Hour (Pub) <i>Featured Drink: Pomegranate Mimosa</i>	<b>30</b> 10:30 Exercise: Cardio Drumming (A) 12:00-1:00 Blood Pressure Clinic (W) <b>1:30 Outing: Buff City Soap</b> <i>*Sign-up required*</i> 2:00 Basic 21 (B) 3:30 Advanced Quarter Bingo (A)	<b>31</b> 10:00 Exercise: Yoga with Celia (A) 10:30 Catholic Communion & Prayer (TH) 12:00 Saline Library Book Cart (NL) 1:00 Katie’s Trip to Paris Presentation (TH) 3:00 Sing-along Session (TH) 6:30 Classic Bingo for Candy Bars (B)	

A – Community Room A  
B – Community Room B  
TH – Theater  
NL – North Lobby

CY – Courtyard  
PDR – Private Dining Room  
Pub – Pub  
Café – Café

DR – Dining Room