## March 12-18 Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thurdsay	Friday	Saturday
12	13	14	15	16	17	18
Morning Church	Morning	Morning Exercise	<b>Morning</b> This Day in History	Morning Conversations with	Morning	Morning
Sunday Devotionals Exercise Balloon Ball Life Skills	Morning Inspirations Starting our morning with a hot cup of coffee and readings from Chicken Soup for the Soul. Exercise	Seated Dance Cool Drinks & Chronicles Cool down after fitness with a cool drink and a discussion on current and past events. Crafting Hour	Reminiscing and discussing events that happened on this day in a variety of years. Exercise Air Hockey	Courtney Chats over coffee with LE Lead Courtney Exercise	Friday Funnies Knock, knock? Who's there? Friday Funnies! Start they day with a giggle. Exercise Lets take a breath, meditation	Coffee & Chronicles Coffee and a discussion on current and past events. Exercise Parachute Fitness
Baby Care	Hula Hoop Fitness	Sticker Art	Life Skills Baby Clothes washing & folding	Volleyball	Life Skills Office Organization	Life Skills Table Setting
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	<b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.	Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	<b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.	<b>Lunch Time Tunes</b> Throwback Thursday: Resident Choice	<b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.	<b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.
<b>National Girl Scout Day</b> Cookie Tasting and Matching Game	<b>Pet Visits</b> Elizabeth the cat is the PUURRfect pet!	<b>Live Entertainment</b> Guitar Tunes from Yesteryear with Bill Wilt	Games With Friends Don't Break the Ice	<b>Party Cart</b> Popping by with Popsicles	Games with Friends Your Be the Judge Happy Hour Hydration	<b>Puzzles with Friends</b> Jig Saw, Crosswords, Seek and find. Puzzles are more fun when done with a plus
Movie Matinee The Greatest Showman Out and About SP	Life Skills Table Setting	<b>Out and About SP</b> StoryPoint Library Visits	Way Back Wednesday Our First Cars		Spending time connecting with our friends.	one. One on One Visits A chat one on one with a friend
Take a trip to the Activity Corner to play board games.	Out and About SP Take a trip to the Bistro for a cold drink and a snack.	<b>Out and About SP</b> Visit to the StoryPoint Library	Out and About SP Coffee Shop meet up with Neighbors	Out and About SP	<b>Out and About SP</b> Join us for Live Entertainment in IL	from Life Enrichment. Out and About SP Explore the Fitness Center
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:
Hand Massages	Creative Coloring	Revivify	Community Crosswords	Relaxing Sounds	Revivify	Hand Massages
Stargazing in the activity corner	Revivify	Relaxing Records	Revivify Wind Down	Revivify	Word Searches	Revivify
Revivify	Hand Massages	Curl up with a cozy blanket and enjoy a movie.	Stretching	Magazine Reading	Stargazing in the activity corner	Relaxing Spa Music

