

March 2023 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<u>Morning</u>	<u>Morning</u>	<u>Morning</u>	<u>Morning</u>	<u>Morning</u>	<u>Morning</u>	<u>Morning</u>
-Morning Mingle -Exercise: seated Irish dancing - Setting up for Lunch	-Morning Mingle -Yoga with Hannah -Mix and Match Clothes Sorting	-Coffee/ Tea Chat Day in History -Yoga with Hannah - look and lace sewing	-Coffee/Tea Chat Day in History -Exercise: Sit to be Fit -Baking: Strawberry sauce	-Morning Mingle Day in History -Exercise: Move to the Music - Fold and sort towel sing along	Coffee/Tea Chat Day in History -Yoga with Hannah -Setting up the garden	-Morning Mingle Day in History -Yoga with Hannah - Grocery List making
<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>
-Reminiscing: History of Irish Dancing -Ball toss -Zingo Bingo -One on one with Claudia -Walking Club to the Veterans room	-St. Patrick's Day Word search -Twisted Twister bean bag game -Organize with Paz -Singing with Jamie (3:15p) 1 st floor -Art Gallery walk around the community	-Reminiscing: What the Secret behind a perfect pie crust? *What is your favorite pie? -Creative Corner: playing with pie crust - Button Sorting with Lucy -Walking club: Piano room	-Creative Corner: Stamped Shamrocks -St. Patrick's Day party -Cards with Pat -Walking Club: Explore the bistro	- White Board: Truth or Blarney -Travelogue -One on one Mike -Trip to the front desk	- Fill in the missing letter word game -Luck of the Irish Bingo -Don Hennessy piano performance -Trip to the Community Country Store Special St. Patrick's Day entertainment (2:00) 1 st floor	- Balloon Bop with Noodles -Block building with Maureen - Afternoon Matinee -Take a tour of our community library
<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>
-Tea time	-Creative coloring	-Story Time	-Picture book	-Essential oils and hand massages	-Tea-Time	-Hand massages