March 2023

Independent Living | Assisted Living

Monthly Calendar

Activities are subject to change Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Transportation: First Come – First Serve: Please schedule prior to appointment day. Appointment Time Window: 9:30am -3:30pm Monday, Wednesday, and Friday			Share a Smile Day 10:00 Exercise: Balance (CR) 10:30 Catholic Communion (RC) 1:30 What's Cookin' (CR) 3:30 Join John R. (CR)	National Banana 2 Cream Pie Day 9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 2:00 BINGO (CR) 3:30 Wine & Appetizers (EB) 6:00 Hand & Foot practice (SL)	I0:00 Exercise: Therapy Bands (CR) I:00 Hand & Foot Club (SL) I:30 Friday Trivia (CR) 3:30 Cheers! Happy Hour (CR) 4:30-6:30 Girl Scout Troop Cookie Booth (West Parlor)	I 0:00 Rosary (T) 1:30 Scrabble Club (RC) 2:00 BINGO (CR) 2:00 Netflix Club (T) 3:30 Shrink Art Magnets (CR)
Girl Scout Week 5 9:15 Catholic Mass Livestream & Communion (T) Donuts & Coffee (CR) 2:00 Netflix Club (T) 2:00 Puzzle (M) 5:30 Movie: Robots (T)	Purim 6 10:00 Exercise: Cardio Drumming (CR) 1:30 Movie: Sweet home Alabama (T) 1:30 Craft with Jan (CR) 3:30 Ageless Talent (WD)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 11:00 Bethlehem UMC hymn sing(WD) 3:30 Ageless Talent part 2 (WD)	8 10:00 Exercise: Balance (CR) 10:30 Catholic Communion (RC) 11:30 Veterans Only Lunch (EB) 2:00 Legacy Health Talk (SL) 3:30 Join John R. (CR)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 2:00 BINGO (CR) 3:30 Wine & Appetizers (EB) 6:00 Hand & Foot practice (SL)	I 0:00 Exercise: Therapy Bands (CR) 1:00 Hand & Foot Club (SL) 1:30 Card Time - Euchre (CR) 3:30 Cheers! Happy Hour (CR)	I I 10:00 Rosary (T) 1:30 Scrabble Club (RC) 2:00 BINGO (CR) 2:00 Netflix Club (T)
Daylight Saving Time 12 Starts 11:00 Tech Talk with Yash (CR) 2:00 Puzzle (M) 2:00 Netflix Club (T)	13 10:00 Exercise: Endurance & Conditioning(CR) 1:30 Movie: Sleepless in Seattle (T) 1:30 Craft with Karen (CR) 3:30 Ambassador Meeting (CR)	Pi Day 14 9:00 Donuts & Pies Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 1:45 *shopping: Dollar Tree* 2:00 Sit n' Knit a bit (SL) 3:00 Performer: Vintage Throw Back (CR)	10:00 Exercise: Balance (CR) 10:30 Catholic Communion (RC) 3:00 Life Church Service (East Parlor) 3:30 Guest Speaker (CR) 5:30 Painting with Karen (CR) All day: Leprechauns on the Loose	9:00 Donuts Arrive (WB) 16 10:00 Exercise: Weights & Strengthening (CR) 10:00 Hearing Solutions (RC) 10:45 *Shopping: Kroger* 2:00 BINGO (CR) 3:30 Wine & Appetizers (EB) 6:00 Hand & Foot practice (SL)	Saint Patrick's Day 17 10:00 Exercise: CARDIO DRUMMING (CR) 1:00 Hand & Foot Club (SL) 1:30 Friday Trivia (CR) 3:00 St. Patrick's Day Parade 4:00 St. Patrick's Party (WD)	I 8 10:00 Rosary (T) 1:30 Scrabble Club (RC) 2:00 BINGO (CR) 2:00 Netflix Club (T) 3:30 Jewelry Making (CR)
Week 2:00 Puzzle (M) 2:00 Netflix Club (T) 3:30 Ice Cream Social (CR) 5:30 Movie: Rango	Spring Equinox (Start 20 of Spring) 10:00 Exercise: Endurance & Conditioning (CR) 1:30 Movie: BeetleJuice (T) 1:30 Craft with Karen (CR) 3:30 New Residents Celebration (CR)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 11:15 *Lunch Bunch: Chuys* 2:00 Sit n' Knit a bit (SL) 3:30 Performer: Racoon Lake Sax Quartet – History of the saxophone (ED)	First Day of Ramadan 22 10:00 Exercise: Balance (CR) 10:30 Catholic Communion (RC) 2:00 Town Hall (WD) 3:30 Join John R. (CR)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 12:45 *Bus Trip: Hobby Lobby* 2:00 BINGO (CR) 3:30 Wine & Appetizers (EB) 6:00 Hand & Foot practice (SL)	10:00 Exercise: Therapy Bands (CR) 1:00 Hand & Foot Club (SL) 3:30 Cheers! Happy Hour Round Two: Semi-Finals Video Viewing (CR) 6:15 Formal Dance (ED)	10:00 Rosary (T) 1:30 Scrabble Club (RC) 2:00 BINGO (CR) 2:00 Netflix Club (T) 5:30 Movie: Burlesque (T)
2:00 Puzzle (M) 2:00 Netflix Club (T) 3:00 Tech Talk with Yash (CR) 3:30 Manicures (EB)	10:00 Exercise: Endurance & Conditioning (CR) 1:30 Movie: Grease (T) 1:30 March Madness Euchre Tournament (CR) 4:30 Performer: Ashley Nicole (WD)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 10:30 New Hope Presbyterian Service: Mike Ireland (East Parlor) 1:30 March Madness Euchre Tournament (CR) 2:00 Sit n' Knit a bit (SL)	National Vietnam War Veterans Day 10:00 Exercise: Balance (CR) 10:30 Catholic Communion (RC) 1:30 March Madness Euchre Tournament (CR) 2:00 Resident Council (ED) 3:30 Join John R. (CR)	9:00 Donuts Arrive (WB) 10:00 Exercise: Weights & Strengthening (CR) 10:45 *Shopping: Aldi * 2:00 BINGO (CR) 3:30 Wine & Appetizers (EB) 6:00 Hand & Foot practice (SL)	I 0:00 Exercise: Therapy Bands (CR) I:00 Hand & Foot Club (SL) I:30 March Madness Euchre Tournament Winner reveal (CR) 3:30 Cheers! Happy Hour (CR)	
Calender Key:	WB – West Bistro	SD – Sky Deck	All activities will take place	e in the 2nd floor Community R	.,,	Indonondonos

ED – East Dining WD – West Dining

EB – East Bistro

M – Mezzanine

T – Theatre

SL – Sky Lounge

CR – Community Room RC – Resident's Club

All activities will take place in the 2nd floor Community Room, unless otherwise noted. Programs subject to change without notice. Check Daily flyer with up-to-date information.

Independence Village SENIOR LIVING