

Independence
Villages
of
Greenwood

March 1 - March 5

WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4	SUNDAY 5
MORNING	MORNING	MORNING	MORNING	MORNING
<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Jenga</p> <p>-Five Song and Their Stories Sing A Long</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>Cesar Romero Hour Learn about the Movie Stars Life.</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>- Balloon Volley Join us for game of Volley Ball on level playing field</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Linguine Sphere Your day is better when you're having fun. Swing as fast as you, knocking the sphere in the target</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
<p>-True or False Test your knowledge – and learn some interesting things along the way. You'll have 15 seconds to answer each question.</p> <p>-Bingo</p>	<p>-Movie : Batman</p> <p>-Batman Trivia</p>	<p>-Creative Cooking Join us in preparing one of our residents favorite entrée with a twist.</p>	<p>-Bingo</p>	<p>Sing- A- Long With Ashley</p>
EVENING	EVENING	EVENING	EVENING	EVENING
<p>- Lavender Sculptures Air dry clay is great at holding essential oils. Let's create art that looks great and has a relaxing aroma.</p>	<p>-A Night With the Stars Gaze at our star simulator while listening to the stars of decades past.</p>	<p>ShowTime:ResidentsChoice Enjoy a night at the Theatre while each resident has a chance to pick the movie of choice.</p>	<p>-A Night at the Ballet A fascinating journey into the exciting world of ballet.</p>	<p>- Documentary Discoveries</p>

March 6 - March 12

MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10	SATURDAY 11	SUNDAY 12
MORNING	MORNING	MORNING	MORNING	MORNING	MORNING	MORNING
<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-April Fool Social</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Artistic Expressions Broaden your creativity with a beautiful crafting creation (rainbow).</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Lets Dance Presentation</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>- Butterfly Buttons.</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Apple Shamrock Craft</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
<p>-Air Ball Kick it , Hit It , Pass it... join us for a riveting game that will keep you on</p>	<p>-Refresh Our Minds Elevate your mind with an assortment of trivia questions and refreshments</p> <p>- Bingo</p>	<p>-Movie :Bonnie and Clyde</p> <p>-Bonnie and Clyde Trivia</p>	<p>-Women's Day Social</p> <p>-Word Bingo</p>	<p>-Creative Cooking Join us in preparing one of our residents favorite entrée with a twist.</p>	<p>-Bowling Sitting down or standing up, how many pins can you knock down?</p>	<p>Movie: SeaBiscuit!</p>
EVENING	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
<p>- Meditation and Music Calm your mind while enjoying soothing music and inspirational words .</p>	<p>- Colorful Nights Coloring is a fun and therapeutic activity for all ages. Relax and let your creativity shine, under the simulated</p>	<p>-Zen Gardens. Relax and feel connected to the earth as you interact with our miniature-garden.</p>	<p>-A Night With the Stars Gaze at our star simulator while listening to the stars of decades past.</p>	<p>ShowTime:ResidentsChoice Enjoy a night at the Theatre , each resident has a chance to pick the movie of choice.</p>	<p>A Night At The Theatre</p>	<p>-A Night at the Ballet A fascinating journey into the exciting world of ballet.</p>

March 13 - March 19

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17	SATURDAY 18	SUNDAY 19
MORNING	MORNING	MORNING	MORNING	MORNING	MORNING	MORNING
<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Target Practice A new take on target practice.</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Ides of March</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-A Day with Humphrey Bogart Join us for a deep dive of the celebrities' life</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Leprechaun Bingo</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Creative Cooking Join us in preparing one of our residents favorite entrée with a twist.</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
<p>-BINGO</p> <p>-NAIL ART</p>	<p>--UNO</p>	<p>-Movie : Casablanca</p> <p>-Casablanca Trivia Hour</p> <p>-</p>	<p>-Book Club Join us weekly to read and discuss award winning novels</p> <p>-Let's Plant a flower</p>	<p>-St. Paddy Scavenger Hunt</p> <p>-Fill Your Pot w/ Gold Scavenger Hunt</p>	<p>-Bingo</p>	<p>-Sing-A-Long with Ashley</p>
EVENING	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
<p>- Meditation and Music Calm your mind while enjoying soothing music and inspirational words .</p>	<p>- Lavender Sculptures Air dry clay is great at holding essential oils. Let's create art that looks great and has a relaxing aroma.</p>	<p>-Mindful Breathing Relax your body and soul with focused breathing exercises.</p>	<p>-A Night With the Stars Gaze at our star simulator while listening to the stars of decades past.</p>	<p>ShowTime:ResidentsChoice Enjoy a night at the Theatre, each resident has a chance to pick the movie of choice.</p>	<p>A-night-on-Broadway- Celebrate the iconic musical scores that have haunted, thrilled and inspired audiences for decades</p>	

March 20 - March 26

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	SATURDAY 25	SUNDAY 26
MORNING	MORNING	MORNING	MORNING	MORNING	MORNING	MORNING
<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Air Ball Kick it , Hit It , Pass it... join us for a riveting game that will keep you on your toes.</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Artistic Expressions Broaden your creativity with a beautiful crafting creation (spaghetti art).</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Who is Grace Kelly</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>- Iconic Outfits</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Kurplunk</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>	<p>Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p>
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
<p>Toss A Tune Game</p>	<p>-Bingo</p> <p>-Find The Mistake</p>	<p>Movie :Grace of Monaco</p> <p>-D.I.Y :Tiaras</p>	<p>Jelly Belly Game</p>	<p>-Creative Cooking Join us in preparing one of our residents favorite entrée with a twist.</p>	<p>-Bowling Sitting down or standing up, how many pins can you knock down?</p>	<p>Movie Extravaganza</p>
EVENING	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
<p>- Meditation and Music Calm your mind while enjoying soothing music and inspirational words .</p>	<p>- Colorful Nights Coloring is a fun and therapeutic activity for all ages. Relax and let your creativity shine, under the simulated</p>	<p>-Zen Gardens. Relax and feel connected to the earth as you interact with our miniature-garden.</p>	<p>-A Night With the Stars Gaze at our star simulator while listening to the stars of decades past.</p>	<p>ShowTime:ResidentsChoice Enjoy a night at the Theatre , each resident has a chance to pick the movie of choice.</p>	<p>A Night At The Theatre</p>	<p>-A Night at the Ballet A fascinating journey into the exciting world of ballet.</p>

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March 27 - March 28

MONDAY 27	TUESDAY 28
MORNING	
<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Artistic Expressions Broaden your creativity with a beautiful crafting creation (paper flowers).</p>	<p>-Morning Meet Up Join us for stimulating conversation and exercise for the brain, topped with a fresh cup of coffee.</p> <p>-Sit n Fit Begin the morning with our daily exercise program lead by one of our lovely activity assistants</p> <p>-Bean Bag Number Toss .</p>
AFTERNOON	
<p>- Wacky Wordies</p> <p>-Bingo</p>	<p>-War Join us for the classic card game.</p> <p>-Broccoli Paint</p>
EVENING	
<p>- Essential Affirmations Tantalize your senses (essential oils) while basking in positive spoken word .</p>	<p>- Lavender Sculptures Air dry clay is great at holding essential oils. Let's create art that looks great and has a relaxing aroma.</p>