

March 5 - 11, 2023 - Memory Care Neighborhoods North and South

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
MORNING ·1950s Oldies Workout ·What's "News"? ·Morning Snack Time ·Catholic Mass ·Protestant Service ·Revivify ·Let's set the table.	MORNING ·Take a Stroll w/ Keri. ·10-Minute Stretching ·What's "News"? ·Coffee Talk w/ Keri ·Morning Snack Time ·Simplified UNO! ·Let's Take a Survey! ·Revivify ·Let's set the table.	MORNING ·Take a Stroll w/ Keri. ·Ribbon Chair Dance ·BINGO! ·What's "News"? ·Morning Snack Time ·Let's Tidy Up w/ Keri. ·Revivify ·Let's set the table.	MORNING ·Take a Stroll w/ Keri. ·Sit - N - Fit ·What's "News"? ·Coffee Talk w/ Keri ·Morning Snack Time ·Revivify ·Let's set the table.	MORNING ·Take a Stroll w/ Keri. ·Tai Chi ·Sing-Along ·What's "News"? ·Morning Snack Time ·Let's Tidy Up w/ Keri. ·Revivify ·Let's set the table.	MORNING ·Take a Stroll w/ Keri. ·Exercise through Madrid ·Card BINGO! ·What's "News"? ·Coffee Talk w/ Keri ·Morning Snack Time ·Revivify ·Let's set the table.	MORNING ·Balloon Whack! ·Game Lalapalooza ·What's "News"? ·Morning Snack Time ·Revivify ·Let's set the table.
AFTERNOON ·Let's Travel the World! (Exercise) ·The Recipe - Let's Read a Story! ·Karaoke Sing-Along ·Card BINGO!	AFTERNOON ·Bird Brains (Trivia Presentation) ·Ageless Talent - Rehearsals ·Let's Type a Letter to a Pen Pal! ·Kickball ·Indoor Herb Garden Seed Preparation	AFTERNOON ·Let's Plant Our Indoor Herb Garden! ·Lenten Devotional #1 ·Cardio Drumming ·Mini Bowling	AFTERNOON ·St. Patrick's Day Arts & Crafts ·Ageless Talent - Rehearsals ·BINGO!	AFTERNOON ·Mint Chocolate Chip / Fudge Ice Cream Sodas ·All About Us (Conversation Game) ·Toss a Tune ·Cardio Drumming	AFTERNOON ·Ageless Talent - Round #1 ·Felt / Paper Refrigerator Magnets (Arts & Crafts) ·Reminiscing with the Senses - Iconic Fashion ·Ribbon Chair Dance	AFTERNOON ·Chris and Dave will perform. ·Coloring with Judy ·Volleyball / Kickball
EVENING ·Hand Massages ·Sunday Night Movie with Popcorn	EVENING ·Listen to a Book on CD (Prairie Home Companion or Family Vacation Stories)	EVENING ·Construct a Puzzle	EVENING ·Color Your World	EVENING ·Simplified UNO!	EVENING ·Coffee, Tea, Hot Chocolate, and Soft Music	EVENING ·Saturday Night Movie with Popcorn