May 2023

Independent Living | Assisted Living

Life Enrichment Monthly Calendar

**Tuesday Friday** Sunday **Monday** Wednesday **Thursday** Saturday **MAY DAY PODIATRIST IS IN** Nat'l Day of Prayer CINCO DE MAYO NAT'L NURSES DAY 6 10:00 Chair Tai Chi (SR) 10:00 Veteran's Coffee & Chat(B-IL) 10:00 Fireside Chat: May IQ (P-IL) 9:30 Weekly Chronicles (LT) 10:00 Chair Yoga w/ Barbara (CR) 9:30 Brain Fitness Activity Packets 10:15 Choir Club (EDR) 10:30 Balloon Volleyball League 10:00 Shopping Trip: Aldi 11:00 Teacher Appreciation Day 10:30 Tequila & Tattoo Cart 11:00 Outing: Scioto Downs Casino 10:30 Traveling the World-Chair 11:00 Last Month on Facebook (SL) 10:00 Guided Meditation (SR) 1:00 Garden Club (GH) Cycle (SR) 1:00 Euchre-Sign Up (SL) 11:00 Craft Corner:Fascinators (CR) 1:30 Crazy Bingo (EDR) 1:30 American Heritage Girls 2:00 Tequila and Tattoo Cart 1:00 Blood Pressure Clinic w/ 1:00 Tech Tuesday (sign up) 1:00 Travel Fun: Mexico (CR) 3:00 Cinco de Mayo Happy Hour Variety Show (EDR) 2:30 Feeling Fit w/ Legacy (CR) Laurus Home Care (SR) 2:00 Grocery Shopping Order(LEO) 1:00 Euchre- Sign Up (SL) 2:00 Exercise Video: Sit & Be Fit (SL) 3:00 Bible Study w/ Stonybrook (SL) 2:00 Classic Bingo (EDR) 2:00 Gift Bags for FireFighters (CR) 2:00 Zumba w/ Kimberly (MC) 3:00 Rummicub (CR) 6:30 Movie Night: Sully (SL) 3:00 Choc'late Parfait Tasting (EDR) 3:00 Metro Park Program: Artifacts 3:00 Deliver gift bags to Firefighters 5:00 Kentucky Derby (B-IL) 4:30 Live Music at Dinner of the Past (EDR) 3:00 Prayer for our Country (SR) 10 12 13 ш 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:00 Chair Tai Chi (SR) 9:00 Receptionist's Day 10:00 Fireside Chat: Activity 10:00 Chair Yoga w/ Barbara (CR) 9:00 Grace Fellowship Gardening w/ 0:15 Catholic Communion Service Coffee/Donuts (ML) 11:00 Lunch Outing: Buffalo Wild 10:00 Shopping Trip: Kohls 11:00 Library Cart Committee Meeting (P-IL) MC (MC Courtyard) w/ St. Matthew (CR) 10:30 Chair Dancing with Debbie (SR) 1:00 Euchre-Sign Up (SL) 10:00 Veteran's Coffee & Chat (B-IL) 10:30 Balloon Volleyball League (EDR) Wings 9:30 Brain Fitness Activity Packets 10:15 Choir Club (EDR) 10:30 Washington Nat'l Cathedral 1:00 CorsoCare Informational Session 2:00 Grocery Shopping Order(LEO) 11:00 Shopping Trip: Oakland I I:00 Centerpieces for Mother's Day Virtual Church service (SL) (EDR) 3:00 Thank You's for the Nurses and 1:00 Garden Club (GH) Nursery (CR) 10:00 Guided Meditation (SR) 2:00 Classic Bingo (EDR) 1:00 Euchre- Sign Up (SL) 1:30 Crazy Bingo (EDR) 1:00 Communion Service w/ Front Desk (CR) 2:00 Shuttle Service-Sign Up 12:30 Nail Polish & File w/ Heart of 3:00 Art Class w/ Heather (EDR) Stonybrook Church (SL) 2:30 Feeling Fit w/ Legacy (CR) 1:30 Mental Health Talk w/ Legacy 3:00 May Birthday Celebration w/ Love (EDR) 2:00 Walking Group (ML) 4:30 Live Music at Dinner 3:00 Prayer Chain Ministry Meeting Music by Lydia Haywood (EDR) 2:00 Exercise Video: Sit & Be Fit (SL) 3:00 Reflection & Prayer (SR) 2:00 Zumba w/ Kimberly (CR) (CR) 3:00 Uno (CR) 15 14 16 20 **MOTHER'S DAY** 18 10:00 Chair Tai Chi (SR) 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:00 Veteran's Coffee & Chat (B-IL) 10:00 Fireside Chat: Who Am I? (P-IL) 10:00 Craft Corner (CR) 9:30 Brain Fitness Activity Packets 10:00 StoryPoint Cart with Brittany 10:15 Catholic Communion Service 10:00 Shopping Trip: Meijer 10:15 Choir Club (EDR) I I:00 Balloon Volleyball League vs. II:00 NASCAR & Pizza Party (CR) 1:00 Euchre-Sign Up (SL) w/ St. Matthew (CR) 10:30 Traveling the World-Chair 11:00 Outing: Plum Run Winery Grove City (EDR) 1:30 Crazy Bingo w/ Angie from 10:00 Guided Meditation (SR) 10:30 Washington Nat'l Cathedral Cycle (SR) 1:00 Tech Tuesday (sign up) 1:00 Garden Club (GH)- Planting 1:00 Happy Hour Cooking Prep (CR) Home Instead (EDR) 2:00 Exercise Video: Sit & Be Fit (SL) 1:30 StoryPoint Cart with Brittany Virtual Church service (SL) 1:00 Blood Pressure Clinic w/ 2:30 Feeling Fit w/ Legacy (CR) 1:00 Euchre- Sign Up (SL) 3:00 Happy Hour with Music by 3:00 Kings In the Corner (CR) 2:00 Grocery Shopping Order(LEO) 10-1 Mother's Day Brunch (MDR) Laurus Home Care (SR) 3:00 Bible Study w/ Stonybrook (SL) 2:00 Zumba w/ Kimberly (MC) Banded Agate (EDR) 2:00 Mother's Day Tea w/ music by 2:00 Classic Bingo (EDR) 3:00 John McKelvy and the Men of a 3:00 Rummikub with Brittany (EDR) Linda LaFever (B-IL) 3:00 Walker/Wheelchair Wash (BP) Certain Age Line Dance Performance 3:00 Reflection & Prayer (SR) 4:30 Live Music at Dinner (EDR) 26 27 Fav. Sports Team Day 23 College/HS Spirit Day 25 **Decade Day Crazy Sock Day** Spirit Week Begins Hat Day 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:00 Chair Tai Chi (SR) 10:15 Choir Club (EDR) 10:00 Fireside Chat: What Am I?(P-IL) 10:00 Chair Yoga w/ Barbara (CR) 9:30 Brain Fitness Activity Packets 10:15 Catholic Communion Service 10:00 Shopping Trip: Hobby Lobby 11:00 Comedy Half Hour (EDR) 1:00 Garden Club (GH) 10:30 Balloon Volleyball League (EDR) 11:00 Lunch Outing: Kitchen Social w/ St. Matthew (CR) 10:30 Drum Circle w/ Debbie (SR) 1:00 Euchre-Sign Up (SL) 11:30 Veteran's Lunch-In (CR) 11:00 Prom Spa Day (CR) 11:00 Centerpieces for Memorial Day 10:00 Guided Meditation (SR) 10:30 Washington Nat'l Cathedral 1:00 Butterfly Habitat Set-up (CR) 2:00 Grocery Shopping Order(LEO) 2:00 Shuttle Service-Sign Up 1:00 Prom Spa Day (CR) (CR) 12:30 Nail Polish & File w/ Heart of Virtual Church service (SL) 1:00 Plant seeds with Laurus Cart 3:00 Culinary Showcase: Memorial 2:00 Food Critics Club-Greek Food 1:00 Euchre- Sign Up (SL) 1:30 Crazy Bingo (EDR) Love (EDR) 2:00 Walking Group (ML) Day Cook-off (CR) 2:00 Zumba w/ Kimberly (MC) 3:00 Happy Hour w/ Music by Gary & 1:00 Calendar Folding 3:00 Reflection & Prayer-Resident Led 2:00 Classic Bingo (EDR) 2:30 Feeling Fit w/ Legacy (CR) 6:30 Rustic Romance "Senior" Prom Linda Sclafani (EDR) 2:00 Exercise Video: Sit & Be Fit (SL) 3:00 New Friend Welcome Party (EDR) 3:00 Board Game of Choice (CR) (SR) (EDR) **MEMORIAL DAY** Share A Smile Day! 31 10:00 Outing: Columbus Zoo 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:00 Chair Tai Chi (SR) 10:30 Traveling the World-Chair 1:00 Garden Club (GH) 10:30 Calendar Cart 10:15 Catholic Communion Service 2:00 Afternoon Movie: Three Men and Cycle (SR) 11:00 Grocery Shopping (LEO) w/ St. Matthew (CR) 10:30 Washington Nat'l Cathedral 11:30-1 Memorial Day Picnic w/ music 1:00 Calendar Cart a Baby (SL) by Nicole Johnson (BP) 1:00 Euchre-Sign Up (SL) 2:30 Feeling Fit w/ Legacy (CR) Virtual Church service (SL) 2:00 Classic Bingo (EDR) 2:00 Town Hall/Resident Council 2:00 Walking Group (ML) 4:30 Live Music @ Dinner Meeting (EDR) 3:00 Reflection & Prayer-Resident 3:00 Sundae Cart (EDR) Led (SR) Calender Key:

CR-Community Room
SL-Sky Lounge
B-IL Bistro

EDR-East Dining Room GH-Green House P-IL Parlor ML-Main Lobby RC-Resident's Club SR-Spa Room

MDR-Main Dining Room MC-Memory Care LT-Life Enrichment Table Debbie Zimmerer,MT-BC Life Enrichment Director (614) 933-0078 (office)

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Activities are subject to change