May 2023

| StoryPoint Knoxville West May 2023 | | | | | | 2 | |
|------------------------------------|---|---|---|--|--|--|---|
| | Assisted Living | | Life Enrichment Monthly Calendar | | | Activities are subject to change | |
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 9:45- Coloring Craze *A 10:30- Mighty Musical Monday *FL 1:30- Music & Wellness w/ Ericka *P 3:00- It's Sparky Time! Pet Therapy *RR | 2 9:30- Mass *L 10:30- Exercise w/ Lisa *A 2:00- Tuesday Trivia *P 3:30- Bingo & Board Games with Caitlyn Cress *A | 3 10:30- Devotions w/ David *A 1:30- Power Up! Exercise*A 2:30- Veterans Interviews *RR 6:00- Mrs. Cornelia's Bible Study *L | 4 9:30- Shopping @ Kroger's 1:30- Learn & get Crafty w/ UT Gardens *A 3:30- Super Strength Exercise *A 5:30- Card Games w/ Ms. Pam *P | Cinco De Mayo 5 10:30- Storytime w/ Zoe *P 10:30- Yoga w/ Mrs. Sally *A 11:30- Cinco De Mayo Lunch *D 3:00- Happy & Mrs. Carmen's Spanish Class *A | 5:30- Card Games & Board |
| | :15- Temple Baptist Church A :30- Poker Night *A | 8 9:45- Coloring Craze *A 10:30- Weight Lifting w/ Marita *P 2:00- Food Council w/ Chef Lane & Tyler *A 3:30- "We all have a story" Sip & Share *A | 9 9:30- Mass *L 10:30- Exercise w/ Lisa *A 11:15- Lunch Bunch @ Calhoun's *FL 2:00- Sing Along w/ Dennis*A 3:30- Bingo & Board Games with Caitlyn Cress *A | 10:45- Gospel Hymns w/ Susie *A 1:30- Power Up! Exercise*A 2:30- Courtyard Banana Splits Social *CY 6:00- Mrs. Cornelia's Bible Study *L | Mother's Day Market 9:30- Shopping @ Walmart 1:30- Super Strength Exercise *A 3-6 Mother's Day Market *CY | | 13 11:00- Weekend Warriors*A 1:30- Bingo w/ Cherri *A 3:00- Puzzle Time *JR 5:30- Card Games & Board Games *JR |
| | :15- Temple Baptist Church | 10:30- Weight Lifting w/ | 16 9:30- Mass *L 10:30- Exercise w/ Lisa *A 1:30- Word Scrambler with Marita *P 3:00- Secret Party!! *A | 17 10:30- Devotions w/ David *A 1:30- Power Up! Exercise*A 2:30- Sip & Share *CY 6:00- Mrs. Cornelia's Bible Study *L | 18 9:30- Shopping @ Food City 1:30- Super Strength Exercise *A 2:30- Live Music w/ Terri Conner's *A 3:30- Dudes & Donuts Men's Club *A | 19 9:45- Coffee & Current Events *L 10:30- Yoga w/ Mrs. Sally *A 2:30- Assembling Police Gift Baskets *A 3:30- Concession Stand Cart *RR | 20 11:00- Weekend Warriors*A 1:30- Bingo w/ Cherri *A 3:00- Puzzle Time *JR 5:30- Card Games & Board Games *JR |
| | *A 1:30- Choir Club w/ Kimberly *A 3:15- Temple Baptist Church | 2:00- Bingo *A | 23 9:30- Mass *L 10:00- Met Calf Bottom Picnic *FL (10:00- 3:00) 10:30- Exercise w/ Lisa *P 3:00- Puzzles & Cards | 24 10:30- Devotions w/ David *A 1:30- Power Up! Exercise*A 2:30- Veterans Photos *RR 6:00- Mrs. Cornelia's Bible Study *L | 25 9:30- Shopping @ Target 1:00- Super Strength Exercise *A 2;00- Fredda Friends *A 5:30- Card Games w/ Ms. Pam *P | 26 9:45- Coffee & Current Events *L 10:30- Yoga w/ Mrs. Sally *A 1:30- Police Gift Baskets Drop off *FL 4:30- Dine & Sip Happy Hour *D | 27 11:00- Weekend Warriors*A 1:30- Bingo w/ Cherri *A 3:00- Puzzle Time *JR 5:30- Card Games & Board Games *JR |
| | 28 1:00- Fitness Fun Exercise A :30- Choir Club w/ Kimberly A :15- Temple Baptist Church A :30- Poker Night *A | Memorial Day299:45- Coloring Craze *A10:30- Weight Lifting w/Marita *P11:30- Memorial Day Lunch*D2:30- Games & Ice Cream inthe Courtyard *CY | 30 9:30- Mass *L 10:30- Exercise w/ Lisa *A 11:15- Lunch Bunch @ Olive Garden *FL 3:00- Resident Council *A 5:30- Outdoor Chit Chats *CY | 31 10:30- Devotions w/ David *A 2:00- Fitness Seminar w/ Johnny *A 3;00- Bingo *A 6:00- Mrs. Cornelia's Bible Study *L | | | |
| | A – Activity Room D - Dining Room | CY – Courtyard FL – Front Lobby P - Pavilion JR - Jefferson Room | RR - Room to Room L – Library PP - Pavilion Patio | | | | STORYPOINT Senior Living |

