

Cascade Trails Senior Living

Assisted Living

June 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOD: Laura LE: Hayley 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF) 28	MEMORIAL DAY 29 9a Neighbors Social (MDR) 10a Daily Chit Chat (GP) 10:30a Drummings (GP) 11a Catholic Com. (AF) 12p Cookout! (MDR) 2:45p Bob DeYoung (ML)	30 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30p Bowling Club (GP) 1p BINGO (GP) 2p Men's Group Social (GP) 3p May Mobile Cart (R2R)	31 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Cake Making (GP) 1p Movie Matinee (AF) 3p Wheel of Fortune (ML) 4p Hungry Hippos (GP)	JUNE 1 9a Neighbors Social (MDR) 10a Calendar Debrief (GP) 10:30a Nerf Gun Fun! (GP) 11a Bible Book Club (AF) 1p BINGO (GP) 2:45p Bing Higbee (ML) 4p Manicure Cart (R2R)	2 9a Neighbors Social (MDR) **9:30a Holland Tulips (ML) 2p Mocktail Hour! (ML) 3p Bands & Weights (GP)	3 LOD: Matt (On-Call) LE: Noelle 1p Games w/ Noelle 2p Courtyard Gathering
4 LOD: Matt (On-Call) LE: Hayley 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF) 2p Golden Moments w/ Cali Dog	5 9a Neighbors Social (MDR) 10a Revisiting Photos! (GP) 10:30a Drummings (GP) 11a Catholic Com. (AF) 2p Creating Crafts (ML) 2:45p Martin Zyla (ML)	6 9a Neighbors Social (MDR) 10a TikTok Rewind! (GP) 10:30a Toiletry Cart (R2R) 1pTrivia Time (ML) 2p Afternoon Outdoors! (CY) 3p BINGO! (GP)	7 9a Neighbors Social (MDR) 10a Daily Debrief(ML) 10:30 Balloon Ball! (GP) 1p Popcorn & Cards (ML) 2p Hugs Blankets (CR) 3p Music w/ Anessa (MC) 3p Resident Forum	Celebrating Flag Day 8 9a Neighbors Social (MDR) 10a Weekly Debrief (GP) 10:30a Lori Teft (GP) 11:30a Bible Book Club (AF) 12p Cookout (MCY) 1p Flag Day Parade (MCY)	9 9a Neighbors Social (MDR) **10a Westgate Bowling (ML) 1p Gardening! (GP) 2p Summer Mocktails! (ML) 3p Manicure Cart (R2R)	10 LOD: Jacob LE: Wendy 1p Games w/ Wendy 2p Outdoor Walk
11 LOD: Jacob LE: Hayley 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	12 9a Neighbors Social (MDR) 10a Music & Memories (GP) 10:30a Drummings (GP) 11a Catholic Com. (AF) 1p Creative Crafting (ML) 2:45p Bob DeYoung (CY)	13 9a Neighbors Social (MDR) 10a CNN 10 (GP) 10:30a TikTok Tuesday! (GP) 1p Simple Stretching (GP) 2p BINGO (GP) 3p Mobile Cart (R2R)	Celebrating Father's 14 9a Neighbors Social (MDR) 10a Flag Day Education (GP) 10:30a Baking Goodies (GP) 11-1p Father's Day Cookout (CY) 3p Games Galore (ML)	15 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Seated Exercise (GP) 11a Bible Book Club (MC) 1p BINGO (GP) 2p Manicure Cart 3:30p Tom Carabellese, Karaoke (IL)	16 9a Neighbors Social (MDR) 10a Chronicle Chat (ML) 10:30a Hoop Shoot (GP) 2p Mocktail Hour (MC) 2:30p Legacy Park & Ice Cream (ML)	17 LOD: Wendy (On-Call) LE: Noelle 1p Games w/ Noelle 2p Courtyard Stretching
Father's Day 18 LOD: Wendy (On-Call) LE: Hayley 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF) 2p Golden Moments w/ Cali Dog	Juneteenth 19 9a Neighbors Social (MDR) 10a Monday Meeting (GP) 10:30a Drummings(GP) 11a Catholic Com. (AF) 1p Wii Jeopardy (ML) 2:45p The Sister Singers (MC)	20 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Tuesday Trivia (GP) 1p BINGO (GP) 2p Courtyard Stretch (CY) 3p Mobile Cart (R2R)	1st Day of Summer! 21 9a Neighbors Social (MDR) 10a Daily Check-in (GP) 10:30a Frisbee Fun! (GP) 1p Outdoor Chit Chat (CY) 2p Wii Family Feud (ML) 3p Music w/ Anessa (MC)	22 8a Men's Breakfast (MDR) 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Lori Teft (GP) 11:30a Bible Book Club (MC) 1p Ask Avery Anything! (ML) 2p Manicure Cart (R2R)	Celebrate Alzheimer's 23 9a Neighbors Social (MDR) 10a Chronicle/News (GP) 10:30a Gardening! (CY) 12p Lunch Cookout (CY) 1p Alzheimer's Day Walk (CY)	24 LOD: Sherri LE: Wendy 1p Games w/ Wendy 2p Outdoor Walk
Spirit Wk 26-30th 25 LOD: Sherri LE: Hayley 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	Music Genre Day 26 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Drummings (GP) 11a Catholic Com. (AF) 1p Crafting Club (ML) 2:45p Michaeleen Kelly (ML)	Luau Attire Day 27 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30p Bowling Club (GP) 1p BINGO (GP) 2p Men's Group Social (GP) 3p Mobile Cart (R2R)	Floral & Festive Day 28 9a Neighbors Social (MDR) 10a Daily Debrief (GP) 10:30a Make & Bake (GP) 1p BINGO (ML) 3p Exercise Challenge (GP)	Summer Sports Day 29 9a Neighbors Social (MDR) 10a News & Chit Chat (GP) 10:30a "Beach" V-Ball (GP) 11a Bible Book Club (AF) 1p Wall of Honor DEDICATION (ML) 2:45p Bing Higbee (ML)	Fishing Attire Day 30 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Ring Toss (GP) 12p Lunch Birthday's (MDR) 1p Mocktail Hour (ML) 2p Cards & Convos (ML) 3p Calendar Debrief! (GP)	JULY 1 LOD: Lisa LE: Noelle 1p Games Galore 2p Courtyard Chat

Calender Key:
AF - Ada Forest Area
CR - Conference Room
CY - Courtyard

GP - Gathering Place
IL - Independent Living
MC - Memory Care
MDR - Main Dining Room

ML - Main Lobby
PL - Parking Lot
R2R - Room-to-Room

LOD - Leader on Duty
LE - Life Enrichment Staff

**Sign-up for outings at
front desk with the
receptionist