May 2023
Life Enrichment Monthly Calendar

Assisted Living

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	I I:00am Daily Devotionals (L) I I:30am Sunday Stretches (L) I:30pm Hymn Sing (AR) 3:00pm Fact or Fiction (B)	May Day I 1:00am Daily Devotionals (L) I 1:30am Chair Exercise (L) 2:45pm Zumba w/ Margie (MC) 3:30pm Bingo (DR) 6:00pm Monday Movie (L)		I0:30am Dog Visits (RV) I:00pm Music w/ Jerry Perrine (L) 2:30pm Happy Hour (DR) 3:30pm Bingo (DR) 6:00pm Wednesday Word Search (AR)	I 0:30am Daily Devotionals (L) I 1:00am Community Q&A (DR) I:30pm Manicures (L) 3:00pm Crossword (AR)	Cinco De Mayo 5 I I:00am Daily Devotionals (L) I I:30am Yoga (L) 2:30pm Cinco De Mayo Party w/ Generations (IL)	9:30am Daily Devotionals (L) 9:45am Chair Exercise (L) 2:00pm Horse Races (L) 4:00pm Hand Massages (AR)
	I I:00am Daily Devotionals (L) I I:30am Sunday Stretches (L) I:30pm Hymn Sing (AR) 3:00pm Fact or Fiction (B)	8 I I:00am Daily Devotionals (L) I I:30am Chair Exercise (L) 2:45pm Zumba w/ Margie (MC) 3:30pm Bingo (DR) 6:00pm Monday Movie (L)	9 I I:00am Daily Devotionals (L) I I:30am Chair Exercise (L) 2:00pm Derby Party (IL) 3:30pm Dice Games (AR)	10:30am Dog Visits (RV) 2:00pm Music and Happy Hour w/ Cheryl Beauchamp (MC) 3:30pm Bingo (DR) 6:00pm Wednesday Word Search (AR)	II:00am Daily Devotionals (L) II:30am Cardio Drumming (L) I:30pm Manicures (L) 3:00pm Crossword (AR)	I 1:00am Daily Devotionals (L) I 1:30am Yoga (L) I 2:00pm Mother's Day Luncheon (IL)	9:30am Daily Devotionals (L) 9:45am Chair Exercise (L) 2:00pm Penny Ante (AR) 4:00pm Hand Massages (AR)
	Mother's Day 11:00am Daily Devotionals (L) 11:30am Sunday Stretches (L) 1:30pm Hymn Sing (AR) 3:00pm Fact or Fiction (B)	I I:00am Daily Devotionals (L) I I:30am Chair Exercise (L) 2:45pm Zumba w/ Margie (MC) 3:30pm Bingo (DR) 6:00pm Monday Movie (L)	I I:00am Daily Devotionals (L) I I:30am Chair Exercise (L) I:30pm Dice Games (AR) 3:00pm Tea Tasting (DR)	IO:30am Dog Visits (RV) I:00pm Music w/ Lee Piper (L) 2:30pm Happy Hour (DR) 3:30pm Bingo (DR) 6:00pm Wednesday Word Search (AR)	I 8 I 1:00am Daily Devotionals (L) I 1:30am Cardio Drumming (L) I:30pm Manicures (L) 3:00pm Crossword (AR)	I 1:00am Daily Devotionals (L) I 1:30am Yoga (L) 2:30pm Trivia (L)	Armed Forces Day 9:30am Daily Devotionals (L) 9:45am Chair Exercise (L) 2:00pm You Be the Judge (L) 4:00pm Hand Massages (AR)
1	I I:00am Daily Devotionals (L) I I:30am Sunday Stretches (L) I:30pm Hymn Sing (AR) 3:00pm Fact or Fiction (B)	I I:00am Daily Devotionals (L) I I:30am Chair Exercise (L) 2:45pm Zumba w/ Margie (MC) 3:30pm May Birthday Party (DR) 6:00pm Monday Movie (L)	II:00am Daily Devotionals (L) II:30am Chair Exercise (L) I:30pm Dice Games (AR) 2:30pm Ice Cream Bar (RV)	10:30am Dog Visits (RV) 1:00pm Music w/ Billy McAllister (L) 2:30pm Happy Hour (DR) 3:30pm Bingo (DR) 6:00pm Wednesday Word Search (AR)	11:00am Daily Devotionals (L) 11:30am Cardio Drumming (L) 1:30pm Manicures (L) 3:00pm Crossword (AR)	11:00am Daily Devotionals (L) 11:30am Yoga (L) 2:30pm Tie Dye Shirts (AR)	9:30am Daily Devotionals (L) 9:45am Chair Exercise (L) 2:00pm Penny Ante (AR) 4:00pm Hand Massages (AR)
	I I:00am Daily Devotionals (L) I I:30am Sunday Stretches (L) I:30pm Hymn Sing (AR) 3:00pm Fact or Fiction (B)	Memorial Day 29 I I:00am Yard Games (P) I 2:00pm Memorial Day Picnic (DR)	II:00am Daily Devotionals (L) II:30am Chair Exercise (L) I:30pm Dice Games (AR) 2:30pm You Are My Sunshine Cart (RV)	I 10:30am Dog Visits (RV) 2:00pm Music and Happy Hour w/ Mike Coll (L) 3:30pm Bingo (DR) 6:00pm Wednesday Word Search (AR)			
	Calender Key:	IL- Independent Living	RV- Room Visits				

AR - Activity Room B- Bird Room DR- Dining Room

L- Living Room MC- Memory Care

P- Patio

Independence Village SENIOR LIVING