

Cascade Trails Senior Living

Assisted Living | Memory Care

May 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 30 LOD: Sherri 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	MAY 1 9a Neighbors Social (MDR) 10a Morning Meeting (GP) 10:30a Drumming (GP) 11a Catholic Com. (AF) 2p Crafting Club 2:45p Bing Higbee (ML)	2 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30a Bowling (GP) 1p BINGO (GP) 2p Trivia Tuesday (ML) 3p Mobile Cart (ML)	3 9a Neighbors Social (MDR) 10a Daily News (GP) 10:30a Weights/Bands (GP) 1p Cookie Making (MC) 3p Music w/ Anessa (MC) 3p Resident Forum (GP)	4 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Volleyball (GP) 11a Bible Study (AF) 1p Men's Group (GP) 2:45p Sister Singers (ML) 4p Manicure Cart (ML)	CINCO DE MAYO 5 9a Neighbors Social (MDR) **10a Sprinkles Outing (GP) 2p Fiesta & Mocktails! (ML) 3p Manicure Cart (ML)	KENTUCKY DERBY 6 LOD: Lisa 12p Kentucky Derby (ML/MC) 1p Balloon Ball (MC) 2p Hallway Hikers (ML)
7 LOD: Lisa 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	8 9a Neighbors Social (MDR) 10a Daily News (GP) 10:30a Drumming (GP) 11a Catholic Com. (AF) 2p May Flowers Trivia (ML) 2:45p Bob DeYoung (ML)	9 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30a Trivia Tuesday (GP) 1p BINGO (GP) 2p Outdoor Walk (CY) 3p Toiletry Tuesday (R2R)	10 9a Neighbors Social (MDR) 10:30a Daily Schedule (ML) 11-1p Mother's Brunch (IL) 1:30p Movie Matinee (AF) 3p Hugs Blankets (CR)	11 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Lori Teft (GP) 11:30a Bible Study (AF) 2p Mother's Yogurt Bar (IL) 2:45p Mother Singers (IL)	12 9a Neighbors Social (MDR) **10a Shopping Outing (ML) 1p Courtyard Clean (GP) 2p Mother's Day Mocktails! (ML)	13 LOD: Matt 1p Chronicle/Trivia (GP) 2p Bowling (GP)
MOTHER'S DAY 14 LOD: Matt - (On-Call) 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	15 9a Neighbors Social (MDR) 10a Facebook Rewind (GP) 10:30a Drumming (GP) 11a Catholic Com. (AF) 1:30p Crafting Club (ML) 3p Music & Memories (CY)	16 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30a Bands/Weights (GP) 1p BINGO (GP) 2p Trivia Time (ML) 3p Mobile Cart (R2R)	17 9a Neighbors Social (MDR) 10a Daily News (GP) 10:30a Brownie Making (GP) 1p Movie Matinee (AF) 3p Music w/ Anessa (MC) 3p Noodle Ball (GP)	18 9a Neighbors Social (MDR) 10a Weekly Updates (GP) 10:30a Nerf Gun Fight (GP) 11a Bible Study (AF) 1p BINGO (GP) 2:45p Sister Singers (ML) 4p Manicure Cart (R2R)	19 9a Neighbors Social (MDR) **10a Grand River Park (ML) 2p Mocktail Hour (MC) 3p Soothing Stretching (GP)	20 LOD: Gabe 1p Word Searches/Crosswords w/ Noelle (ML) 2p Outdoor Walking (ML)
21 LOD: Gabe 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	22 9a Neighbors Social (MDR) 10a Morning Meeting (GP) 10:30a Drumming (GP) 11a Catholic Com. (AF) 2p Trivia Time (ML) 2:45p Martin Zyla (ML)	23 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30a TikTok Tuesday (ML) 1p BINGO (GP) 2p Outdoor Walk (CY) 3p Toiletry Tuesday (R2R)	24 9a Neighbors Social (MDR) 10a Daily Check-in (GP) 10:30a Mini Golf (GP) 11a Honor Wall Dedication Ceremony (ML) 1p Movie Matinee (ML) 3p Wii Family Feud (ML)	25 8a Men's Breakfast (MDR) 9a Neighbors Social (MDR) 10a News/Catch-up (GP) 10:30a Lori Teft (GP) 11:30a Bible Study (AF) 1p Trivia w/ Avery (ML) 2:45p Chris Sloan (ML)	26 9a Neighbors Social (MDR) 10a Daily News (GP) 10:30a Outdoor Walk (ML) 12p Lunch Birthday's (MDR) 1p Mocktail Hour 2p Manicure Cart (R2R) 3p Movie Matinee (AF)	27 LOD: Laura 1p Trivia (GP) 2p Bands/Weights (GP)
28 LOD: Laura 10a Catholic Mass (ML) 11a Ada Bible (MC) 1p Movie Matinee (AF)	MEMORIAL DAY 29 9a Neighbors Social (MDR) 10a Daily Chit Chat (GP) 10:30a Drumming (GP) 11a Catholic Com. (AF) 12p Cookout! (MDR) 2:45p Bob DeYoung (ML)	30 9a Neighbors Social (MDR) 10a CNN 10 News (GP) 10:30p Bowling Club (GP) 1p BINGO (GP) 2p Men's Group Social (GP) 3p May Mobile Cart (R2R)	31 9a Neighbors Social (MDR) 10a Chronicle Chat (GP) 10:30a Cake Making (GP) 1p Movie Matinee (AF) 3p Wheel of Fortune (ML) 4p Hungry Hippos (GP)	JUNE 1 9a Neighbors Social (MDR) 10a Daily Chat (GP) 10:30a Bowling (GP) 11a Bible Study (AF) 1p BINGO (GP) 2:45p Bing Higbee (ML)	2 9a Neighbors Social (MDR) **10a Meijer Gardens (ML) 2p Mocktail Hour (ML) 3p Meditation (GP)	3 LOD: Liz 1p Games Galore (ML) 2p Outdoor Walking (ML)

Calender Key:

AF - Ada Forest Area
CR - Conference Room
CY - Courtyard

GP - Gathering Place

IL - Independent Living

MC - Memory Care

MDR - Main Dining Room

ML - Main Lobby

PL - Parking Lot

R2R - Room-to-Room

**Sign-up for outings at front desk with the receptionist

CASCADE TRAILS
A Leisure Living Community