May 2023

Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|--|--|--|---|-----|
| April Calendar 30 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Ted Talk 5:00 Evening Teatime | I 10:00 Seated Zumba I:45 Horse Card Game 2:30 Live Entertainment with Jean Wilson (MC) 5:00 Bookshelf Game Night | 10:00 Fitness Stretch Bands 1:00 Activity Planning Meeting 2:30 Live Entertainment with Rebecca Swett (AL) 5:00 Spa Night - Manicures & Hand Massages | 3 10:00 Exercise: Toss & Talk Ball 1:00 Bingo! 3:00 Happy Hour 5:00 Unsolved Mysteries | 10:00 Seated Boxing 1:00 Courtyard Gardening 3:00 Craft Corner: Make Your Own Bronco Buddy 6:45 Outing: Washtenaw Community Concert Band Performance | Cinco De Mayo 10:00 Active Fitness 1:00 Veterans Club (A) 1:00 Cinco De Mayo Sombrero Party (MC) 3:00 History of Mariachi 5:00 Movie Night & Popcorn | Kentucky Derby Day 6 10:00 Coffee Chats & Current Events 1:00 Kentucky Derby Race Live 3:00 Po-Ken-O 5:00 Aromatherapy & Relaxing | という |
| 7 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Ted Talk 5:00 Evening Teatime | 8 10:00 Seated Zumba 1:45 Tenzi! 2:30 Live Entertainment with Steve Kovich (AL) 5:00 Bookshelf Game Night | 10:00 Exercise: Seated Disco Dancing 1:30 Outing: Bill's Coney Dogs 3:00 Coloring Corner 6:30 Live Entertainment with One Voice Gospel Choir (NL) | 9:00 Waffle Wednesday 10:00 Exercise: Balloon Volleyball 1:00 Meet & Greet with the New Podiatrist (A) 1:00 Bingo! 3:00 Happy Hour 5:00 Everyday Life Trivia | I 10:00 Octo-Bands I:00 Making Monarch Butterflies 3:00 Baking Group: No Bake Cookies 5:00 Ted Talk & Tea Time | Own Bouquet (NL) | 10:00 Coffee Chats & I3 Current Events 1:00 Jigsaw Puzzles & 60's Music 3:00 Book Club: Chicken Soup Stories 5:00 Aromatherapy & Relaxing | |
| 1:00 Spa Day Sunday | 10:00 Seated Zumba 1:45 Po-Ken-O 2:30 Live Entertainment with Marsha Gayle (MC) 6:30 Live Entertainment with Saline High School Jazz Band (TH) | 10:00 Active Fitness 1:30 Outing: Conservatory - Matthaei Botanical Gardens 3:00 DIY: Wildflower Seed Bombs 5:00 Spa Night - Manicures & Hand Massages | I 7 I 0:00 Weights & Stretching I:00 Bingo! 3:00 Happy Hour 5:00 Unsolved Mysteries | I 8 I 0:00 Seated Boxing I:00 Throwing Wildflowers (NL) 3:00 Craft Corner: DIY Birdhouse 5:00 Ted Talk & Tea Time | I 9 10:00 Cardio Drumming 1:00 Luau May Birthday Party (AL) 3:00 Match Game 5:00 Movie Night & Popcorn | Armed Forces Day 20 10:00 Coffee Chats & Current Events 1:00 Armed Forces Day Fun Facts 3:00 Word Scramble 5:00 Aromatherapy & Relaxing | |
| | 10:00 Seated Zumba 1:45 ABC Challenge Trivia 2:30 Live Entertainment with Al Jacquez (AL) 5:00 Bookshelf Game Night | 10:00 Active Fitness 1:30 Outing: Dominos Farms Petting Zoo 3:00 Jenga 5:00 Spa Night - Manicures & Hand Massages | 10:00 Weights & Stretching 1:00 Music Bingo 3:00 Happy Hour 5:00 Everyday Life Trivia & Essential Oils | 10:00 Seated Boxing 1:00 Uno! 3:00 Craft Corner: Poppy Field Collage 5:00 Ted Talk & Tea Time | 10:00 Cardio Drumming 1:00 Welcome to WaterTok 3:00 Yatzee! 5:00 Movie Night & Popcorn | 10:00 Coffee Chats & Current Events 1:00 Dart Competition 3:00 Book Club: Chicken Soup Stories 5:00 Aromatherapy & Relaxing | |
| 10:00 Sunday Devotional 1:00 Spa Day Sunday 3:00 Ted Talk 5:00 Evening Teatime | Memorial Day 29 10:00 Seated Zumba 1:00 Memorial Day Buffet (MDR) *RSVP Required* 1:45 May IQ Quiz 2:30 Live Entertainment with | 10:00 Active Fitness 1:30 Outing: Picnic in the Park 3:00 May Jeopardy 5:00 Spa Night - Manicures & | I 10:00 Octo-Bands I:00 Culinary Showcase with Chef Adam (MC) 3:00 Happy Hour 5:00 Unsolved Mysteries | May Birthdays May 6th - Alva May 30th - Janet Laats | ch | | * |

Calender Key:

AL -- Assisted Living MC - Memory Care

MDR - Main Dining Room

5:00 Bookshelf Game Night TH - Theater NL - North Lobby MDR - Main Dining Room

Lee Piper (MC)

^ Located in IL

IL - Independent Living

Hand Massages

