

Independence Village of Grand Ledge

Independent Living | Enhanced Living

May 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	1 May Day 9:00am Men's Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 6:30pm Dance Students Performance (FL)	2 8:00am Meijer** 10:30am Chair Volleyball (MAR) 1:30pm Community Q&A (MAR) 6:15pm Bingo (MAR)	3 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Jerry Perrine (MAR)	4 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	5 Cinco De Mayo 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 2:00pm Cinco De Mayo Party (MAR) 2:30pm Music (MAR)	6 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Derby Hats (MAR)
7 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	8 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Bingo Store (MAR)	9 8:00am Meijer** 10:00am Tulip Festival Outing** 10:30am Chair Volleyball (MAR) 1:30pm Walking Club (FL) 2:00pm Derby Party (MAR) 6:15pm Bingo (MAR)	10 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Fred Walker (MAR)	11 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	12 9:30am Cardio Drumming (MAR) 12:00pm Mother's Day Luncheon (MD) 2:30pm Quarter Card (MAR) 3:30pm Brew Crew (MAR)	13 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Button Trees (MAR)
14 Mother's Day 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 11am&1pm Mothers Day Brunch 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	15 9:00am Veteran's Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Activity Q&A (MAR)	16 10:00am Walmart** 10:30am Chair Volleyball (MAR) 1:30pm Walking Club (FL) 2pm Culinary Showcase (MAR) 3pm Wellness Awareness (MAR) 6:15pm Bingo (MAR)	17 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Lee Piper (MAR)	18 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	19 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 6:00pm French Horn Performance (MAR)	20 Armed Forces Day 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Painted Wine Bottles (MAR)
21 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	22 9:00am Ladies Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:00pm May Birthday Party and Music w/ Al Firek (MAR)	23 8:00am Meijer** 10:00am Frankenmuth Outing** 10:30am Chair Volleyball (MAR) 1:30pm Walking Club (FL) 2:00pm Ice Cream Bar (MAR) 6:15pm Bingo (MAR)	24 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Mobility Clinic (G) 2:00pm Happy Hour (MAR) 3:00pm Music w/ Billy McAllister (MAR)	25 9:00am Manicures and Hand Massage (G) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	26 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR)	27 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Tie Dye Shirts (MAR)
28 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	29 Memorial Day 11:00am Yard Games (MAR) 12:00pm Memorial Day Picnic (MAR)	30 10:30am Chair Volleyball (MAR) 11:30am Eaton Place Lunch** 1:30pm Walking Club (FL) 2:00pm Meijer** 2:30pm You Are My Sunshine Cart 6:15pm Bingo (MAR)	31 10:00am Crossword (FL) 10:00am Lugnuts Outing** 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Dan Templin (MAR)	Blood Pressure Clinic occurs each Thursday at 11:00am	*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station	

Calender Key:
C – Cafe
FL – Front Lobby
MAR– Main Activity Room

CY – Courtyard
G – Garden Room
USR – Upstairs Reading
Room

MD– Main Dining Room
EP – Enhanced Parking Lot
AL- Assisted Living

**Independence
Village** SENIOR LIVING