

# June 2023 - Memory Care's Weekly Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>
			Sunshine Day Pick 2	Milk & Donuts Pick 2	Bubbly Day Pick 2	Pick 2
Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles	Seated Fitness	Seated Pilates
Game Time	Ted Talk Tuesday	Cardio Drumming	Lemonade & Kickball	Donut Decoration	Walking and Riddles	Online Church Service
Cardio Drumming	Seated Yoga	Artist of the Day	Sunshine Word Search	Cardio Drumming	Bubbly Drink Cart	Coffee Chat
<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>
			Pick 2	Pick 2	Pick 2	Pick 2
Red White and Blue Parade	Daily Chronicles and Morning Chat	Walk Outdoors	Lunch Prep	Lunch Prep	Lunch Prep	Lunch Prep
Memorial Day Cookout	Nails w/ the gals	Music with Gene Zenz	Sunshine and Legos	Parachute Catch	Outdoor Volleyball	Comedy Time
	Tea with Friends in the Court Yard	Bistro Concert	Planting and Gardening	Packet Printing	Music Sing-a-Long Trivia	Afternoon Snacks in the Court Yard
			Hand Massages	Milkshake & Mingle	Giant Bubbles	Football Toss
<b>Evening</b>	<b>Evening</b>	<b>Evening</b>	<b>Evening</b>	<b>Evening</b>	<b>Evening</b>	<b>Evening</b>
Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:
Hand Massages	Fidget Fun	Walk outside	After-Dinner Walk	Stretching	Evening Showtime - Reba	Evening Movie - A Fish Called Wanda
Soothing Sounds	Reading		Sunshine Sing-A-Long	Evening Movie - Dirty Dancing	Puzzle Time	Zen Coloring
Evening Movie	Evening Puzzle		Fidget Fun	Aromatherapy	Hand Massage	Aromatherapy