

# May28- June 03 Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Memorial Day	30	31	01	02	03
<b>Morning Church</b> Sunday Devotionals  <b>Exercise</b> Courtyard Strolls  <b>Life Skills</b> Table Setting	<b>Morning</b> <b>Morning Inspirations</b> Starting our morning with a hot cup of coffee and inspirational readings.  <b>Exercise</b> Courtyard Lawn Games	<b>Morning Exercise</b> Courtyard Strolls <b>Cool Drinks &amp; Chronicles</b> Cool down after fitness with a cool drink and a discussion on current and past events. <b>Creative Cuisine</b> Smoothies	<b>Morning</b> <b>This Day in History</b> Reminiscing and discussing events that happened on this day in a variety of years.  <b>Exercise</b> Giant Connect Four  <b>Life Skills</b> Baby Care	<b>Morning</b> <b>Conversations with Courtney</b> Chats over coffee with LE Lead Courtney  <b>Exercise</b> Seated Zumba	<b>Morning</b> <b>Friday Funnies</b> Knock, knock? Who's there? Friday Funnies! Start they day with a giggle.  <b>Exercise</b> Shoo Fly Balloon Ball <b>Life Skills</b> After Lunch Clean up	<b>Morning</b> <b>Coffee &amp; Chronicles</b> Coffee and a discussion on current and past events.  <b>Exercise</b> Full Body Functional Movement <b>Life Skills</b> Table Setting for meal time
<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>One on One Visits</b>  <b>Movie Matinee</b> Mama Mia  <b>Out and About SP</b> Trips to the SP Library	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Pet Visits</b> Elizabeth the Cat is the Puuuurrrfect furry friend!  <b>Life Skills</b> Patriotic Flower Arrangements  <b>Out and About SP</b> Kickoff to Summer Scavenger Hunt	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Live Entertainment</b> Bill at the Piano with a fun sing along.  <b>Out and About SP</b> Cool Treat Party Cart  <b>Life Skills</b> Tool Time	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Art with With Friends</b> Sticker Art <b>Way Back Wednesday</b> Summer Traditions  <b>Out and About SP</b> Visits to check on StoryPoint Birds and Fish	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Manicures and Music</b> Relax with LE with Manicures, soothing music and drinks.  <b>Out and About SP</b> Salon Visits	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Games with Friends</b> Giant Yatzee <b>Happy Hour Hydration</b> Sunny Days with Sunny D  <b>Out and About SP</b> Join us for Live Entertainment in IL	<b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.  <b>Puzzles with Friends</b> Jig Saw, Crosswords, Seek and find. Puzzles are more fun when done with a plus one.  <b>One on One</b> A chat one on one with a friend from Life Enrichment.  <b>Out and About SP</b> Out and About with LE
<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Hand Massages  Stargazing in the activity corner Revivify	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Creative Coloring  Revivify Hand Massages	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Revivify  Relaxing Records  Curl up with a cozy blanket and enjoy a movie.	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Community Crosswords  Revivify Wind Down  Stretching	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Relaxing Sounds  Revivify Magazine Reading	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Revivify  Word Searches  Stargazing in the activity corner	<b>Evening</b>  <b>Small Wind Down Group - 3 Choices:</b>  Hand Massages  Revivify Relaxing Spa Music

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