June 2023 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
Morning	<u>Morning</u>	Morning	Morning	Morning	Morning	<u>Morning</u>
Catholic Mass: St. Anthony's virtual mass in the Assisted Living Lobby Ada Bible Service: Virtual Service	Exercise: Balloon Volleyball Catholic Communion Life Skills: Setting the Table	Hygiene	Life Skills: Making Lemonade Memorable Moments: Personal engagement with LE Staff	Life Skills: Hydration Station Refills Bible Book Club: Partake in the stories of the Bible!	OUTING	Melodies and Music
<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>
Pet Therapy: Golden Moments w/ Cali Dog	Out of the Neighborhood: Walk through the courtyard Performance: Martin Zyla	Cardio Drumming: Come join us for exercise w/fun music and drumming! Outdoor Walk: Enjoy the warm weather & the fresh outdoor flowers Picture Categories: A fun game with LE Staff!!	Out of the Neighborhood: Lemonade in the Courtyard Reading Corner: Daily Chronicle Read Aloud Performance: Music with Anessa		Life Skills: Gardening! Summer Mocktail Hour!: Enjoy a refreshing Beverage made by LE Staff Memorable Moments: Personal engagement with LE Staff	Hallway Hikers
<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>
Sweet Jazz Music	Soothing Scents: Enjoy soothing essential oils and relax for the evening Soothing Music: Come listen while you enjoy your dinner to soothing music	Essential Moments: Enjoy soothing essential oils Pre-Dinner Conversation: Join us at the dinner table and chat w/friends	Peaceful Aromas: Soothing wind down scents in the evening Music and Memories: Peaceful Jazz Music at dinner time	Music of the Decades: Sit back and enjoy music of the decades Soothing Scents: enjoy soothing lavender as we wind down	Essential Moments: Enjoy soothing essential oils as you wind down for the evening Music of the Decades	After dinner chat with friends

Cascade Trails Senior Living 616-328-6440 | Leisure-Living.com 1221 Spaulding Ave SE, Grand Rapids, MI, 49546

CASCADE TRAILS

June 2023 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
Morning	<u>Morning</u>	Morning	Morning	Morning	Morning	<u>Morning</u>
Catholic Mass: St. Anthony's virtual mass in the Assisted Living Lobby Ada Bible Service: Virtual Service	Exercise: Balloon Volleyball Catholic Communion Life Skills: Setting the Table	Hygiene	Life Skills: Making Lemonade Memorable Moments: Personal engagement with LE Staff	Life Skills: Hydration Station Refills Bible Book Club: Partake in the stories of the Bible!	OUTING	Melodies and Music
<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>	<u>Afternoon</u>
Memorable Moments: Personal Engagement with LE Staff	Out of the Neighborhood: Walk through the courtyard Performance: Martin Zyla	Cardio Drumming: Come join us for exercise w/fun music and drumming! Outdoor Walk: Enjoy the warm weather & the fresh outdoor flowers Picture Categories: A fun game with LE Staff!!			Life Skills: Gardening! Summer Mocktail Hour!: Enjoy a refreshing Beverage made by LE Staff Memorable Moments: Personal engagement with LE Staff	Hallway Hikers
<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>
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