

June 4-10, 2023 - Keepsake Village Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
Morning Coffee & Chronicles Start the morning off with coffee & lively conversation	Morning Table Talk "Muffin Monday" We'll catch up on current events & talk about the week ahead Manicures	Morning Trivia Tuesday Come test your knowledge! (10a) Our favorite music therapist, Rebecca, will be here for moving & music.	Morning Waffle Wednesday What will we put on the waffle iron this week? Come and find out.	Morning Coffee Talk Start off the morning with some coffee & fun conversation Craft Corner It's time to create something beautiful	Morning Fruity Friday - what fruit will we taste and talk about today?	Morning Caffeine Hit Start the morning with Coffee while enjoying our daily newsletter. Once we're wide awake we'll get our muscles moving
Afternoon Piano & Praise Join us while we enjoy hymns played by our very own resident, Kathryn.	Afternoon Exercise Get moving with Bre from Powerback therapy Mocktails. Sip on a refreshing drink - hopefully in our Courtyard!	Afternoon Game On! We'll play a few rounds of bingo - will you win? HAPPY BIRTHDAY JOYCE!	Afternoon Hop on the "Fun Bus" after lunch and see where it takes us. (2p) Join us in the Family Room as we have an old fashioned Hymn Sing.	Afternoon Popsicles Party in the Courtyard after lunch. Weather Permitting, we'll take a walk outside and get some fresh air.	Afternoon Weather permitting, we'll take a stroll after lunch. Happy Hour: Join us for a fun drink and trivia.	Afternoon Saturday Strolls Card Club Gather with your neighbors and enjoy a few rounds of UNO
Evening Music & Meditation Process the day by practicing relaxing breathing exercises and listen to soothing music to help us enjoy a restful evening	Evening After Dinner Stroll - who is up for a walk as the sun sets?	Evening Calm & Color Relaxation Adult coloring pages promote stress reduction and relaxation.	Evening Checkers? Dominos? There are several options.	Evening Wind Down Let's stroll down memory lane as we finish out the day.	Evening A Night at the Opera Enjoy a lovely evening watching these talented vocalists.	Evening SCENTsational Sounds Essential oils & calming sounds makes for a relaxing environment as we prepare to wind down.