

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*= you need to sign-up for the activity outside of the Main Activity Room</p> <p>** = you need to sign-up for the activity at the Shuttle Station</p>				Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room	1 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Dominoes (MAR)	2 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Stuffed Animals (MAR)
3 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	4 Labor Day 10:30am Taste of Mackinaw (MAR) 1:00pm Labor Day Bingo (MAR)	5 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 12:00pm Bowling Banquet (DR) 1:30pm Community Q&A (MAR) 2:30pm Bloody Mary Bar (MAR) 6:15pm Bingo (MAR)	6 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Lee Piper (MAR)	7 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	8 9:30am Cardio Drumming (MAR) 1:30pm Quarter Card (MAR) 2:30pm Popcorn and Movie: Oklahoma (MAR)	9 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) 2:00pm Cookie Decorating and Cake Walk Prep (MAR)
Grandparents Day 10 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 2-3:30pm Classic Car Show (EP) 6:00pm Resident Run Quarter Bingo (MAR)	11 9:00am Veterans Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:00pm September Birthday Party and Music w/ Al Firek (MAR)	12 10:00am Walmart** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 2:00pm Cake Walk (MAR) 6:15pm Bingo (MAR) TBD- Movie Outing: Sound of Freedom**	13 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 11:00am Hear USA (PDR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Fred Walker (MAR)	14 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	15 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Dominos (MAR)	16 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Fall Decor (MAR)
17 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 11am&1pm Brunch (MD) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	18 9:00am Men's Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Bingo Store (MAR)	19 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 1:00pm Mooville Outing** 2pm Culinary Showcase (MAR) 3pm Wellness Awareness (MAR) 6:15pm Bingo (MAR)	20 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Jim Herman (MAR)	21 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:15pm Fall Prevention w/ Powerback (MAR) 2:30pm Wheel Wash and Walker Repair (MAR) 6:15pm Pokeno (MAR)	22 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (G) 2:00pm Tea Party: Bring Your Favorite Cup (MAR)	23 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 2:30pm Brew Crew (MAR)
24 9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	25 9:00am Ladies Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Activity Q&A (MAR)	26 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 11:30am Arms and Embers Lunch Outing** 2:30pm Jeopardy (MAR) 6:15pm Bingo (MAR)	27 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 3:00pm Music w/ Billy McAllister (MAR)	28 9:00am Manicures and Hand Massage (G) 10:00am Tigers Baseball Game** 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	29 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Ice Cream Social: Coffee Ice Cream (MAR)	30 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Cat Coasters (MAR)