[Grandhaven Living Center/ Memory Care

September 2023 Life Enrichment Monthly Calendar

Independent Living | Assisted Living

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	^
					8:15 Hair styling (MC) 8:30 Daily chronicle 9:00 Exercise (MC) 9:30 Cardio Drumming 2:00 Manicures and hand massages (CR)	Activity table (mc)	2
St Gerald's communion t.v. channel 12 Activity table (MC)	8:15 Hair styling (mc) 8:30 Daily chronicle read 9:00 Exercise (MC) 2:30 BINGO (CR)	8:15 Hair styling (MC) 8:30 Daily chronicle 9:00 Exercise (MC) 12:45 Arts & crafts(MC) 3:00 Manicures (CR)	8:15 Hair styling 8:30 Daily chronicle 9:00 Cardio drumming 1:30 Trivia (CR) 2:00 Card game (Slapzi) (CR)	7 10:45 Chaplin Services (CR) 11:30 Current Events 1:30 Men's group (CR) 2:30 BINGO (CR)	Happy Birthday Beatrice 8:15 Hair styling 8:30 Daily chronicle reading 9:00 Exercise (MC) 2:30 Matinee (MC)	Activity table (MC)	9
Day 11:00 Exercise (MC) 1:45 Family Bingo with	Assistant Living Week. 11 Route 66, traveling to Illinois. 8:15 Hair styling 9:00 Exercise (MC) 11:30 Sensory activity 2:00 BINGO (CR)	National Assistant Living week 8:15 Hair styling 9:00 Reminiscing 9:30 Exercise 2:30 Mobile cart, national chocolate shake	National Assistant Living Week. Route 66, traveling to New Mexico 8:15 Hair styling 9:00 Exercise (MC) 2:00 Happy Hour (CR)	National Assistant Living Week 8:15 Hair styling 8:30 Reminiscing (MC) 9:00 Exercise and balloon toss (MC) 11:30 CARD GAMES (CR) 2:30 BINGO (CR)	National Assistant Living week. Route 66, traveling to Texas 8:15 Hair styling 8:30 Daily chronicle 9:00 Cardio drumming 1:30 Penny Auction (CR)	3:00 Paulina's Choir (CR) Activity table (MC)	16
Activity table (MC)	8:30 Trivia 9:00 Cardio drumming 11:00 Manicures (CR) 2:30 BINGO (CR) 3:30 Meaningful connect	8:15 Hair styling 8:30 Daily chronicle 9:00 Exercise 1:00 Checkers (MC) 3:00 Coffee hour (CR) 6:30 Games (CR)	8:30 Daily chronicle 9:00 Exercise 9:30 Balloon toss 1:00 Beading craft (MC)	8:15 Hair styling 8:30 Daily chronicle 11:00 Women's group (CR) 2:30 BINGO (CR) 3:30 Current Events (CR)	cone Day 11:00 Walking club (CR) 11:30 Balloon toss (CR) 1:30 ice cream social	2:00 BINGO (MC) Activity Table (MC)	23
t v. channel 12	8:15 Hair styling 8:30 Group chats 9:00 Cardio drumming 1:30 Arts & Crafts, Autumn tree Q-tip painting (CR) 2:30 BINGO (CR)	8:15 Hair styling 8:30 Daily chronicle 11:00 Coffee hour (CR) 2:00 Manicures and hand massages (CR) 3:00 Puzzle Project (CR)	8:15 Hair styling 8:30 Daily chronicle 9:00 Exercise and balloon toss 2:00 Mobile cart, Candy apple bar [Other]	8:15 Hair styling 8:30 Daily chronicle 9:00 Exercise and balloon toss 11:00 Cornhole 1:30 Sensory activity	with live entertainment 9:00 Exercise and balloon toss 2:00 Birthday celebrations (MC)	Happy Birthday Geraldine Activity Table (MC)	30

C- Community Room

