

# August/September 2023 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
Morning	Morning	Morning	Morning	Morning	Morning	Morning
Daily Chronicle	Daily Chronicle	Daily Chronicle	Daily Chronicle	Daily Chronicle	Daily Chronicle	Daily Chronicle
Scarf Exercise	Chair Zumba	Stretching & Balance	Tai Chi Fitness Room @10:30	Chair Zumba	St. Joseph Church Community Room @11:00am	Move to the Music
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
Church Services	White Board Games	Manicures	Bingo	Hand Massage	Afternoon Stretching	Bingo
Entertainer Jack D'Amico Community Room @2:00pm	Name That Tune	Trivia	Balloon Toss	Marshmallow Toss	Mark Hoffman Community Room @1:30pm	Sing Along w/Susie Q
Axe Throwing	Ring Toss	New Resident Welcome Social	Pina Colada's Courtyard	Root Beer Floats	Happy Hour Wear College Colors	Stroll Around the Community
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Underwater Relaxation	Hot Towels w/Lavender	Guided Meditation	Reminiscing with Music	Guitar Music with Bird Chirping	Calm & Color Relaxation	Relaxing Nature Sounds