

Grace Haven Assisted Living and Memory Care

September 2023

Assisted Living | Comfort Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					World Letter Writing Day 1 10:30 Writing Letters for our School Buddies (PD) 1:30 Bingo (MD) 3:30 GH Zumba (PD) 6:00 Resident Lead Music with the Alexa (L)	2 1:30 New Friend Welcome Party (PD) 2:30 Chair Swimming Exercise (PD) 3:45 Meaningful Connections 6:00 Cornhole (L)
3 10:00 Men's Group: Transportation (PD) 11:00 Bible Study with Tom (PD) 3:30 Resident Lead Euchre and Card Games (PD) 6:00 Walking Club	Labor Day 4 Brooke's Birthday 10:30 Super Silly Sundae's Bar and Conversations (L) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD)	Samantha's Birthday 5 10:00 Catholic Service and Rosary (PD) 1:30 Laughter Yoga (PD) 3:00 Briggs Library (PD) 3:00 Outdoors Cards and Conversation with Missy (O)	Clyde's Birthday 6 10:00 Chair Synchronized Swimming Exercise (O) 11:00 Bingo Store (PD) 1:30 Resident Forum with GH Managers (MD) 3:15 Music with Wendy (MC)	National Feel the Love Day 7 10:30 Craft: Coffee Filter Watercolor Hearts (PD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Happy Hour: Love Juice	Gladys's Birthday 8 10:15 Sand and Sunscreen Workout (O) 11:00 Bible Study with Robby (PD) 1:30 Bingo (MD) 3:15 Music with Marty (MD) 4:15 Meaningful Connections	Teddy Bear Day 9 10:30 Mobile Cart: Teddy Bears 1:30 Balloon Badmitten (PD) 3:00 Reminiscent Time Together (PD) 4:00 What Am I? (O)
Grandparents Day 10 10:30 Craft: Coasters for Resident Apartments (PD) 1:30 Pool Noodle Golf (PD) 2:30 Grandparents Day Ice Cream Event 6:00 Current Events (P)	National Assisted Living Week 11 11:00Meaningful Connection 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Happy Hour: Hard Apple Cider	National Assisted Living Week 12 10:00 Catholic Service and Rosary (PD) 10:45 Bible with Dean (CD) 1:30 Grace Haven Shirts (PD) 3:00 Zumba with Margie (MD)	National Peanut Day Roxanne's Birthday 13 10:30 Charlie Brown:Peanuts Gang Movie (L) 1:30 Sweatin' to the Oldies (PD) 2:30 Mobile Cart: Peanut Snacks	National Assisted Living Week 14 1:30 Men's Bible Study with David (PD) 2:00 Games (MD) 3:15 Exercise (MD) 6:00 Campfire with S'mores Bar (O)	National Assisted Living Week 15 Kyra's Birthday 10:00 AgroLiquid Outing 1:30 Bingo (MD) 3:00 Swimming Aerobics (PD)	Guacamole Day 16 10:30 Facials with Kendra and Pure International Presentation (PD) 1:00 Cooking Club: Fresh Guacamole (CD) 6:15 Winddown and Relax Exercise (PD)
17 10:15 Pilates Exercise (PD) 11:00 Bible Study with Tom (PD) 1:30 Relaxing and Facials with Aroma Therapy (PD) 6:00 Jigsaw Puzzles (L)	Cheeseburger Day 18 10:30 What Kind of Burger are You? Fun Quiz (PD) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:00 Mobile Cart: Burgers	Pirate Day 19 Brunetta's Birthday 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean 1:30 Find the Treasure Scavenger Hunt (PD) 2:30 Rootbeer Floats (L)	20 10:00 Moving Joints(PD) 11:00 Music with Tess (MD) 12:30 Resident Birthday Celebration 3:00 Cooking Club: String Cheese Air Fryer (CD) 4:00 Wine Wednesday!	21 10:30 Culinary Showcase with Paul (CD) 11:00 Penny Auction with Shari from Compassus (PD) 2:00 Games (MD) 3:15 Exercise (MD)	22 10:00 Uncle John's Cider Mill Outing 1:30 Bingo (MD) 3:30 Tactile Ball Exercise (PD) 6:00 Resident Movie and Popcorn (L)	Paul's Birthday 23 10:30 Craft: Making Dog Biscuits (PD) 1:30 Build More Words Game (PD) 3:00 Let's Get Fit Exercise DVD (PD) 4:15 Meaningful Connection
24 1:30 Sit and Be Fit Exercise (PD) 3:30 Don't Burst My Bubble Game (PD) 6:00 Education: Documentary with Popcorn (L)	Route 66- Illinois 25 9:00 Mobile Cart: Route 66 Maps 10:30 Chicago, Illinois Dog Days (O) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD)	Route 66- Kansas 26 10:00 Catholic Service and Rosary (PD) 10:45 Bible with Dean (CD) 1:30 "I Don't Think We Are In Kansas Anymore" 3:00 Zumba with Margie (MD)	Route 66- Texas Shelby's Birthday 27 10:00 Morning Meditation (PD) 1:30 Resident Council (PD) 4:00-7:00 2nd Annual Car, Tractor, and Motorcycle Show	28 10:30 Food Committee with Paul (MD) 11:00 Music with Elvis: Bryan Dixon (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Meaningful Connection	National Coffee Day 29 10:30 First Ever Cup of Grace Dog Café with Special Guests Jen, Frankie, and Christi (L) 1:30 Bingo (MD) 3:30 Breathing and Meditation (PD)	Translation Day 30 10:15 Cardio Drumming (PD) 11:15 Sign Language YouTube Video Translation (PD) 3:00 Jigsaw Puzzles (L) 6:00 Resident Lead Adult Coloring Books (PD)

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon