

Woodlawn Meadows

Assisted Living

September 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:30am Chair Exercises 11:15am Monthly Gazette and Daily Chronicles Reading & Conversation 1:00pm Wii Bowling 2:30pm "Step On It" Challenge Launch Chat with Kelly from CenterWell	10:30am Coffee & Conversations 2:30PM SING ALONG WITH CRYSTAL 6:00pm "Step On It!" Evening Walk
10:30am Cranium Crunches & Word Puzzles 2:00pm Card Games 6:00pm Movie - Residents Choice!	Wendi (staff) Birthday & Labor Day 10:30am Chair Exercises with Ann 1:00pm Wii Bowling 2:00pm Card Games	10:30am Chair Exercises 11:15am "Step On It!" Group Walk 1:00pm Manicures 2:30pm Raffle Ticket Bingo	8:30am Beauty Shop 10:00am Chair Exercises 1:30pm Church Service with United Methodist 3:30pm Jeopardy / Trivia (A)	9:45am Prayer Service 11:00am Standing Exercises 1:00pm Tech/Electronics Help Hour 2:30pm Bingo	10:30am Chair Exercises 11:15am "Step on it" Group Walk 1:00pm Wii Bowling 2:30pm News & Coffee Brews Social - Sharing Personal Life & World Updates	10:30am Coffee & Conversation 2:00pm Card Games 6:00pm "Step On It!" Evening Walk
Grandparents Day 10:30am Cranium Crunches & Word Puzzles 2:00pm Card Games 6:00pm Self Reflection & Reminisce your Grandparents	9/11 Remembrance Day Red, White & Blue Day 10:00am Chair Exercises 1:00pm Wii Bowling 1:45pm Manicures 2:30pm Baking Cookies for our Hastings Firefighters 3:00pm 9/11 Remembrance Documentary & Popcorn	50's Decade Day 10:00am Live Entertainment by Doug Smith 1:00pm Soda Shop Social 2:30pm Raffle Ticket Bingo 4:00pm Chair Exercises	60's Decade Day 8:30am Beauty Shop 10:00am Chair Exercises 1:30pm Church Service with United Methodist 3:30pm 1960s Trivia (A)	70's Decade Day 9:45am Prayer Service 11:00am Standing Exercises 1:00pm Tie-Dying Craft 2:30pm Bingo	80s Decade Day 10:30am Chair Exercises 11:15am 1980s Trivia 1:15pm Wii Bowling 2:30pm Back to the 80s Social	10:30am Coffee & Conversation 2:00pm Card Games 6:00pm "Step On It!" Evening Walk
10:30am Cranium Crunches & Word Puzzles 2:00pm Card Games 6:00pm Movie - Residents Choice!	9:30am Standing Exercises 10:00am Chair Exercises 1:00pm Wii Bowling 1:45pm Manicures 2:30PM SING ALONG WITH CRYSTAL H.	10:30am Chair Exercises 11:15am "Step On It!" Group Walk 1:00PM CULINARY CONVERSATIONS (D) 2:30pm Raffle Ticket Bingo	8:30am Beauty Shop 10:00am Chair Exercises 1:30pm Church Service with United Methodist 3:30pm Jeopardy / Trivia (A)	9:45am Prayer Service 10:30am Outing to Hastings Public Library in honor of back to school season 1:00pm Standing Exercise 2:30pm Bingo	10:30am Chair Exercises 11:15am Guess that Word, White Board Game 1:00pm Wii Bowling 3:00pm Welcome Here Social	10:30am Coffee & Conversation 2:00pm Card Games 6:00pm "Step On It!" Evening Walk
10:30am Cranium Crunches & Word Puzzles 2:00pm Card Games 6:00pm Movie - Residents Choice!	9:30am Standing Exercises 10:00am Chair Exercises 1:00pm Wii Bowling 1:45pm Manicures 2:30pm End of Summer Patio Social	10:30am Chair Exercises 11:15am "Step On It!" Group Walk 1:00pm Crafters Corner 2:30pm Raffle Ticket Bingo	8:30am Beauty Shop 10:00am Chair Exercises 1:30pm Church Service with United Methodist 3:30pm Jeopardy / Trivia (A)	9:45am Prayer Service 11:00am Resident Council 1:15PM SENIOR STEPPERS PERFORMANCE (D) 2:30pm Bingo	10:30am Chair Exercises 11:15am Daily Chronicles Reading & Conversations 1:00pm Wii Bowling 2:30PM CULINARY SHOWCASE	10:30am Coffee & Conversation 2:00pm Card Games 6:00pm "Step On It!" Evening Walk

Location Key:

D - Dining Room

A - Activity Room

Woodlawn Meadows
A Leisure Living Community