Story	Point Knoxville	West
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## September 2023 Life Enrichment Monthly Calendar

Assisted Living

Activities are subject to change

×	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30- Breaking Down the Good News w/ Cornelia *L 10:30- Exercise w/ Cornelia *A 1:30- Uno *A 3:00- Happy Hour Cart w/ Dolores *RR	I 1:00- Weekend Warriors Exercise *A 1:30- Bingo w/ Cornelia *A 3:30- Outdoor Chit Chats *CY 5:30- Board Games *A
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	3 11:00- Fitness Fun Exercise *A 2:00- Puzzle Time *JR 3:15- Temple Baptist Church *A 5:30- Poker Night *A	Labor Day 4 10:00- StoryPoint Walking Club *FL 10:30- Exercise *A 11:30- Labor Day Lunch *D 2:30- Courtyard Chit Chats *CY	9:30- Mass *L 10:30- Exercise w/ Lisa *A 2:00- Music with Karen *A 3:30- Happy Hour *A	9:30- Exercise w/ Sally *A 10:00- Beauty Salon Open *B 10:30- Devotions with David *A 2:00- Bingo *A	9:30- Shopping @ Target *FL 10:30- Morning Meditation *L 2:00- Yoga w/ Shannon *A 3:00- Live Music w/ Terri *A	9:30- Breaking Down the Good News w/ Cornelia *L 10:30- Exercise w/ Cornelia *A 2:00- Resident Birthday Party *A 4:00- Sandsaeion Dancing *A	9 11:00- Weekend Warriors Exercise *A 1:30- Bingo w/ Cornelia *A 3:30- Outdoor Chit Chats *CY 5:30- Board Games *A
子という	Grandparents Day 10 11:00- Fitness Fun Exercise *A 2:00- Puzzle Time *JR 3:15- Temple Baptist Church *A 5:30- Poker Night *A	9/11 RemeberanceDay 11 10:00- StoryPoint Walking Club *FL 10:30- Weight Lifting w/ Marita *P 2:30- Cocktails *A 3:00- 9/11 Documentary *A	9:30- Mass *L 10:30- Exercise w/ Lisa *A 2:00- Sing Along with Dennis *A 3:30- Root Beer Floats *L	9:30- Exercise w/ Sally *A 10:45- Gospel Hymns with Susie *A 2:30- Throw Away Bingo *P 2:00-4:00- Art Class with Sherly *A	9:30- Shopping @ Kroger's *FL 10:30- Yoga w/ Shannon *A 2:00- Baseball *P 3:00- Happy Hour *A	9:30- Breaking Down the Good News w/ Cornelia *L 10:30- Exercise w/ Cornelia *A 2:00- Live Music with Cal *A 3:30- Tenzi *A	I 1:00- Weekend Warriors Exercise *A I:30- Bingo w/ Cornelia *A 3:30- Outdoor Chit Chats *CY 5:30- Board Games *A
	IT:00- Fitness Fun Exercise *A 2:00- Puzzle Time *JR 3:15- Temple Baptist Church *A 5:30- Poker Night *A	Route 66 Trip 18 7:30- Lou Mitchell Diner *D 10:00- StoryPoint Walking Club *A 10:30- Weight Lifting w/ Marita *P 1:30- Music & Wellness w/ Erica *P	9:30- Mass * L 10:30- Exercise w/ Lisa *A 2:00- Oldies with Steve Live Music *A 3:30- Resident Council *A	9:30- Exercise w/ Sally *A 10:30- Devotions w/ David *A 2:00- Tellico Clowns *A 3:15- Bingo *A	9:30- Route 66 Donut Shop *P 10:30- Yoga w/ Shannon *A 1:30- NM Balloon Festival *L 3:00- Showtime at Route 66 *A	9:30- Breaking Down the Good New w/ Cornelia *L 10:30- Exercise w/ Cornelia *A 2:00- Live Music w/ Eric *A 3:00- Route 66 Happy Hour *A	I I:00- Weekend Warriors Exercise *A I:30- Bingo w/ Cornelia *A 3:30- Outdoor Chit Chats *CY 5:30- Board Games *A
	11:00- Fitness Fun Exercise *A 2:00- Puzzle Time *JR 3:15- Temple Baptist Church *A 5:30- Poker Night *A	10:00- StoryPoint Walking Club *FL 10:30- Weight Lifting w/ Marita *P 2:00- Civil War Program *A 3:30- Civil War Trivia *A	9:30- Mass *L 10:30- Exercise w/ Lisa *A 2:00 Mary Kay Manicures with Ashley 5:30- Board Games *A	9:30- Exercise w/ Sally *A 10:30- Devotions w/ David *A 2:00- Bingo *A 3:00- Food Council w/ Chef Lane *A	9:30- Shopping @ Walmart *A 10:30- Yoga w/ Shannon *A 1:00- Scenic Shuttle Tour *FL 3:30- Happy Hour *A	9:30- Breaking Down the Good New w/ Cornelia *L 10:30- Exercise w/ Cornelia *A 1:30- Hangman *A 3:00- Live Music with Agnus Beth *A	I I:00- Weekend Warriors Exercise *A I:30- Bingo w/ Cornelia *A 3:30- Outdoor Chit Chats *CY 5:30- Board Games *A
	Calender Key: A – Activity Room	CY – Courtyard FL – Front Lobby	RR - Room to Room L – Library				STORYPOINT"

B - Beauty Salon D - Dining Room P - Pavilion JR - Jefferson Room PP - Pavilion Patio

STORYPOINT Senior Living