[Grandhaven Living Center

September 2023 Life Enrichment Monthly Calendar

Independent Living | Assisted Living

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					10:30 Chair Yoga with aroma therapy (cr) 2:00 Manicures and hand massages (CR)	Activity table (CR)	2
St Gerald's communion t.v. channel 12 Activity table (CR)	10:30 Exercise (cr) 11:00 Balloon Toss (cr) 1:30 1:1 Visits 2:30 BINGO (CR) 3:30 Coffee hour (cr)	10:30 Chair Yoga with aroma therapy (cr) 2:00 Arts amd crafts (CR) 3:00 Manicures (CR)	10:30 Exercise (cr) 11:00 Balloon Toss (cr) 1:30 Trivia (CR) 2:00 Card game (Slapzi) (CR) 3:00 Puzzle project (cr)	10:45 Chaplin Services (CR) 11:30 Current Events 1:30 Men's group (CR) 2:30 BINGO (CR)	Happy Birthday Beatrice 10:30 Exercise (cr) 11:00 Balloon Toss (cr) 11:30 1:1Visits 2:00 Matinee (cr)	Activity table (MC)	9
Happy Grandparents 10 Day 11:00 Exercise (cr) 1:45 Family Bingo with Prizes and beverages (CR)	Assistant Living Week. 11 Route 66, traveling to Illinois. 11:00 Chair Yoga (cr) 11:30 Manicures (cr) 2:00 BINGO (CR) 3:00 Coffee hour (cr)	National Assistant Living week 10:30 Exercise (cr) 11:00 Balloon Toss (cr) 2:30 Mobile cart, national chocolate shake day	National Assistant Living Week. Route 66, traveling to New Mexico 10:30 Exercise (cr) 11:00 Spin an activity (cr 2:00 Happy Hour (CR)	National Assistant Living Week 11:00 Walking Club (cr) 11:30 CARD GAMES (CR) 2:30 BINGO (CR)	National Assistant Living week. Route 66, traveling to Texas 10:30 Chair Yoga (cr) 11:00 1:1 Visits 1:30 Penny Auction (CR) 2:30 Puzzle project (cr)	3:00 Paulina's Choir (CR) Activity table (CR)	16
St. Gerald's communion t.v. channel 12 Activity table (CR)	10:30 Chair Yoga (cr) 11:00 Manicures (CR) 2:30 BINGO (CR) 3:30 Meaningful connect	10:30 Exercise (cr) 11:00 Balloon Toss (cr) 2:00 Checkers (MC)	Resident Council Day 20 10:30 Exercise (cr) 11:00 Balloon Toss (cr) 2:00 Resident Council (cr) 3:00 Wine Wednesday (cr)	10:30 Walking club (cr) 11:00 Women's group (CR) 2:30 BINGO (CR) 3:30 Current Events (CR)	cone Day 11:00 Walking club (CR) 11:30 Balloon toss (CR) 1:30 ice cream social	2:00 BINGO (CR) Activity Table (CR)	23
St. Gerald's communion t.v. channel 12 Activity Table (CR) Calender Key:	10:30 Exercise (cr) 11:00 Balloon Toss (cr) 11:30 1:1 Visits 1:30 Arts & Crafts, Autumn tree Q-tip painting (CR) 2:30 BINGO (CR)	10:30 Exercise (cr) 11:00 Coffee hour (cr) 2:00 Manicures and hand massages (CR) 3:00 Puzzle Project (CR)	10:30 Exercise (cr) 11:00 Balloon Toss (cr) 11:15 Spin an Activity (cr) 2:00 Mobile cart, Candy apple bar [Other]	10:30 Chair Yoga (cr) 11:00 Cornhole (cr) 2:30 BINGO (CR)	Birthday Celebrations 29 with live entertainment 10:30 Walking club (cr) 11:00 Sing-a-longs (cr) 2:00 Birthday celebrations (MC)	Happy Birthday Geraldine Activity Table (CR)	30

C- Community Room

