


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Exercise 1	Coffee & Chat 2 10:00 Walking Club/ Exercise 11:00 Sensory Bingo 1:30 1:1 Activities: Fall Wreaths	9:30 Coffee & Chat 3 10:00 Color Tour 1:00 Penny Ante 2:00 Octoberfest Celebration	9:30 Coffee & Chat 4 10:00 Walking Club 11:00 Mrs. Sawyer's Stockings 1:00 Deck of Cards Bingo 2:30 Men's Beer Buddies	9:30 Coffee & Chat 5 10:00 Mike's Activity 1:30 1:1 Activity: Dominoes 3:00 Walking & Talking w/ Pat	9:30 Coffee & Chat 6 10:00 Walking Club 11:00 Grocery Bingo 1:00 Flash Cards 2:00 Happy Hour: Harvest Party	2:30 Exercise 7
3:00 Victory Trinity Church Service in MC 8	Coffee & Chat 9 10:00 Walking Club/ Exercise 11:00 Sensory Bingo 1:30 1:1 Activities: Tae Light Jars	9:30 Coffee & Chat 10 10:00 Color Tour 1:00 Penny Ante	9:30 Coffee & Chat 11 10:00 Walking Club 11:00 Reminisce 1:00 Deck of Cards Bingo 2:30 Men's Beer Buddies	9:30 Coffee & Chat 12 10:30 Garden Club 2:00 1:1 Activity: Dominoes 3:00 Walking & Talking w/ Pat	9:30 Coffee & Chat 13 10:00 Walking Club 11:00 Grocery Bingo 1:00 Flash Cards 2:30 Monthly Birthday Celebration	3:00 Exercise 14
1:15 Hymns with Charlie 15 3:00 Exercise	Coffee & Chat 16 10:00 Walking Club/Exercise 11:00 Sensory Bingo 1:30 Music by Kevin	9:30 Coffee & Chat 17 10:00 Walking Club 11:15 Jamesport Brewery 2:00 Senior Center Line Dancers	9:30 Coffee & Chat 18 10:00 Walking Club 11:00 Reminisce 1:00 Deck of Cards Bingo 2:30 Men's Beer Buddies	9:30 Coffee & Chat 19 10:00 Mike's Activity 1:30 1:1 Activity: Dominoes 2:30 Music w/ Charlie & Friends 3:30 Walk & Talk w/ Pat	9:30 Coffee & Chat 20 10:00 Walking Club 11:00 Grocery Bingo 1:00 Flash Cards 2:00 Welcome New Residents	2:30 Exercise 21
3:00 Victory Trinity Church Service in MC 22	Coffee & Chat 23 10:30 Halloween Painting Rocks 11:00 Sensory Bingo 1:30 1:1 Activities: Yarn Frame 3:00 Music by Tally & Bob	9:30 Coffee & Chat 24 10:00 Walking Club/Exercise 11:15 Brenda's Café 2:00 Halloween Sip & Paint	9:30 Coffee & Chat 25 10:00 Walking Club 11:00 Halloween Crafts 2:30 Men's Beer Buddies	9:30 Coffee & Chat 26 10:00 Mike's Activity 1:30 Music by Ben 3:30 Walking & Talking w/ Pat	9:30 Coffee & Chat 27 10:00 Walking Club 11:00 Grocery Bingo 1:00 Flash Cards 2:30 Halloween Happy Hour	3:00 Exercise 28
3:00 Exercise 29	Coffee & Chat 30 10:00 Walking Club/Exercise 11:00 Sensory Bingo 1:30 1:1 Activities: Painting	9:30 Coffee & Chat 31 TBA- Ludington Elementary Halloween Parade 1:30 Halloween Games				

Happy Birthday !
Ann W. October 10
Dick B. October 31