

Independence Village of Grand Ledge

Independent Living | Enhanced Living

October 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Donuts & Coffee (FL) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	2 9:00am Veterans Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:00pm Apple Tasting (MAR)	3 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 1:30pm Community Q&A (MAR) 3:00pm Oktoberfest (MAR) 6:15pm Bingo (MAR)	4 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Jerry Perrine (MAR)	5 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:00pm To Kill a Mocking Bird Outing**	6 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Dominoes (MAR)	7 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Fall Wreaths (MAR)
8 9:30am Donuts & Coffee (FL) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	9 10:30am Senior Stretch (MAR) 11:00am Bible Study (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Bingo Store (MAR)	10 8:00am Meijer** 10:30am Spirit Halloween Outing** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 12:00pm Chili Cook Off (MAR) 1&3pm Fall Color Tour** 6:15pm Bingo (MAR)	11 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Mike Coll (MAR)	12 9:00am Manicures and Hand Massage (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	13 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Brew Crew: Fall Beers (MAR)	14 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: UofM/State Craft (MAR)
15 9:30am Donuts & Coffee (FL) 10:30am Church Shuttle** 11am&1pm Brunch (MD) 2:15pm The Village Walk to End Alzheimer's (FL) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	16 9:00am Men's Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:00pm October Birthday Party and Music w/ Jim Herman (MAR)	17 10:00am Walmart** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 1:00pm Cider Mill Outing** 2:00pm Carmel Apple Bar (MAR) 3:00pm Family Feud (MAR) 6:15pm Bingo (MAR)	18 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 11:00am Hear USA (PDR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Jonathan Stars (MAR)	19 9:00am Manicures and Hand Massage (G) 2:00pm Fall Festival 6:15pm Pokeno (MAR)	20 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Dominos (MAR)	21 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 2:30pm MSU vs. UofM Tailgate (MAR)
22 9:30am Donuts & Coffee (FL) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	23 10:30am Senior Stretch (MAR) 11:00am Bible Study (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Activity Q&A (MAR)	24 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 11:30am House of Hsu** 2pm Culinary Showcase (MAR) 3pm Wellness Awareness (MAR) 6:15pm Bingo (MAR)	25 10:00am Crossword (FL) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Double Play (MAR)	26 9:00am Manicures and Hand Massage (G) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Parade Prep: Candy Bags (MAR) 6:15pm Pokeno (MAR)	27 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (G) 4:30pm Halloween Parade (FL)	28 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 2:30pm Halloween Cookie Decorating (MAR)
29 9:30am Donuts & Coffee (FL) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	30 9:00am Ladies Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR)	Halloween 31 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 2:00pm Halloween Party (MAR) 6:15pm Ghost Stories Round the Fire (CY)		Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room		*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station