Independence Village of Avon Lake

September 2023 Life Enrichment Monthly Calendar

Independent Living | Assisted Living

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:30 Exercise (A) 11:00 Great Courses: 2:00 Help your Neighbor (GP) 3:00 September Birthday Party- Music with Jake Briggs starting at 3:30(A) 6:00 Movie: Sixteen Candles (CP)	10:30 Exercise (A) 11:15 Music Appreciation: Rock & Roll Hall of Fame Inductees 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
	9:30 Church with Tommy (GP) I I:00 Catholic Service with Holy Spirit (C) I:30 Movie Matinee & Popcorn: Showboat (CP) 3:30 Exercise (GP)	I0:30 Exercise (A) I1:00 History of Labor Day (GP) I:30 Labor Day Table Topics- Come enjoy some ice-cream novelties and share about an interesting job you've had! (GP) 3:00 Bingo (GP) 6:00 Church with Abraham (GP)	I 0:30 Exercise (A) I 1:00 Great Courses (CP) I:30 Reading Group (L) 2:00 Manicures with Alyssa (HL) 3:30 Volleyball (A) 6:00 Bingo Night (GP)	10:30 Exercise (A) 11:00 Executive Director Chat with Alyssa (CP) 1:30 Laurus Chat + Hand Massages (GP) 2:30 Show & Share: Grandchildren (GP) 3:30 Happy Hour (GP) 6:00 Movie Night: Deep Horizons (CP)	1:30 Bingo (GP) 3:00 Rosary (LC)	8 10:30 Exercise (A) 11:00 Great Courses (CP) 2:00 Help your Neighbor Card Game (Cafe) 3:00 Happy Hour (A) 3:30 Music with Steppin' Out (A) 6:00 Movie: Beautician and the Beast (CP)	10:30 Exercise (A) 11:15 Who was Walt Disney? (CP) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
	Grandparent's Day 10 9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 2:00 Disney Performance with The Escape for Seniors (A) 3:30 Exercise (GP) 6:00 Disney's Snow White (1937 Version) (CP)	I I 10:30 Exercise (A) I I:30 9/I I Documentary (CP) I:30-2:30 Fitness Center Open House & Fruit Smoothies (Fitness Center-Ist Floor) 3:00 Bingo (GP) 6:00 Church with Abraham (GP)	10:30 Exercise with Active for Life Fitness (A) 11:00 Church with United Church of Christ (Chapel) 1:30 Reading Group (L) 2:00 Manicures with Alyssa (Harbors) 3:00 Build Your Own Soda Float (GP) 3:30 Volleyball (A) 6:00 Trivia Night (GP)	13 10:30 Exercise (A) 11:00 Executive Director Chat with Alyssa (CP) 2:30 Activity Planning Meeting (GP) 3:30 Oktoberfest Party with Wally's Duet (GP) 6:00 Movie Night: Willy Wonka (CP)	10:30 Exercise (A) 11:00 Blood Pressure Clinic (A) 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club: WHO did you want to be growing up? (L) 6:00 Scrabble (Cafe)	I 5 10:30 Exercise (A) 11:00 Great Courses (CP) 2:00 Help your neighbor Card Game (Cafe) 3:00 Happy Hour (A) 3:30 Music with Beth Gatchell (A) 6:00 Movie Night: Maid in Manhattan (CP)	9:15 Pancake Social (Cafe) 10:30 Exercise (A) 11:15 Mayflower Presentation (CP) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
4	9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 1:30 Movie Matinee & Popcorn: Million Dollar Mermaid (CP) 3:30 Exercise (GP)	I 8 10:30 Exercise (A) 11:30 Wheel of Fortune (CP) 1:30 Men's Club- Beer & Snacks (GP) 3:00 Bingo (GP) 4:15 Resident Appreciation Happy Hour (GP) 6:00 Church with Abraham (GP)	Celebrating AL Week! 19 10:30 Exercise (A) 11:00 Great Courses (CP) 12:00 Sunflower Picnic for Assisted Living 1:30 Reading Group (L) 2:00 Manicures with Alyssa (HL) 3:30 Volleyball (A) 6:00 Bingo Night (GP)	10:30 Exercise (A) 11:00 Executive Director Chat w/ Alyssa (CP) 1:30 Culinary Showcase (GP) 2:00 Guess the Celebrity (GP) 3:30 Happy Hour (GP) 6:00 Movie Night: Everafter (CP)	10:30 Exercise (A) 11:00 Blood Pressure Clinic (A) 1:00 Visit with Max the Therapy Dog (2nd Floor AL) 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Group: The Traveling Story (L) 6:00 Piano Night with Jenny (A)	School Spirit Day 10:30 Exercise (A) 11:00 Great Courses (CP) 2:00 Help your Neighbor Card Game (Cafe) 3:00 Happy Hour & Beer Pong (A) 3:30 Music with John Kowalski (A) 6:00 Movie Night: It's Complicated (CP)	10:30 Exercise (A) 11:15 Relaxation and Coloring (GP) 1:30 Volleyball (A) 2:30 Dessert Waffles with Doug (GP) 3:00 Pokeno (GP) 6:00 Game Night (GP)
S THE	9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 2:00 Game Day with Erieview Elementary (GP) 3:30 Exercise (GP) Calender Key:	10:30 Exercise (A) 11:30 Fall Word Games (GP) 1:30 Gin Tasting (GP) 3:00 Bingo (GP) 6:00 Church with Abraham (GP) CY – Courtyard	10:30 Exercise with Active for Life Fitness (A) 11:00 Great Courses (CP) 1:30 Reading Group (L) 2:00 Manicures with Alyssa (Harbors) 3:30 Volleyball (A) 6:00 Trivia Night (GP) HYC – Harbor Courtyard	2:30 Resident Forum (A) 3:15 Apple Fest (New Resident Social)(A) 6:00 Movie: James Rond #3-	10:30 Exercise (A) 11:00 Blood Pressure Clinic (A) 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Group: The Traveling Story (L) 6:00 Scrabble (Cafe)	10:30 Exercise (A) 11:00 Great Courses (CP) 11:00 Outing to Mapleside Farms 2:00 Help your Neighbor Card Game (Cafe) 2:30 Happy Hour (GP) 3:30 Music with Double Play Flute & Tuba (A) 6:00 Movie Night: Chasing Liberty (CP)	10:30 Exercise (A) 11:15 Manicures & Mimosas (GP) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)

A – Atrium

C – Café

CP – Corner Pocket

FL – Front Lobby

GP – Gathering Place

HL – Harbor Lobby

L – Library

Independence Village SENIOR LIVING