Independence Village of Avon Lake

September 2023
Life Enrichment Monthly Calendar

Memory Care

Activities are subject to change

١		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Coffee & Chronicles 10:30 Fun Fact Friday: Welcome to September 2:00 September Birthday Party with Jake Briggs (East) 3:00 Seated Strength- Weights Evening Wind Down- Friday Night Musical	10:00/10:30 Coffee & Chronicles 1:30/2:00 Sweatin' to the Oldies 2:30/3:15 All about the Cleveland Air Show Evening Wind Down: Word Games with Friends
	10:00 Coffee & Chronicles 10:30 Exercise 11:30 Communion Visits with Holy Spirit 1:30 Church with Abraham (South) 3:00/3:30 Courtyard Strolls & Tending to the Garden Evening Wind Down- Short Stories	novelties and share about an interesting job you've had! 3:00/3:30 Movin' to Music Cardio Evening Wind Down: Classical	10:00 Coffee & Chronicles 10:30 Movement & Rhythm 1:30 Art Hour: Collage Sunflowers (S) 1:30 Active for Life (E) 2:30 Therapy Dog Visits with Duke 3:00 Hand Massages & Relaxation Evening Wind Down- Movie Night	10:00 Coffee & Chronicles 10:30 Visits with the Therapy Pug 10:30 Seated Strength: Resistance Bands 11:30 Outing to Dirte Pi (Pizza) 2:00 Music & Mocktails with Bill (East) 3:00 Bingo Evening Wind Down- Create & Color	10:00 Coffee & Chronicles 10:30 Parachute Game 1:30 Fresh Flower Centerpieces Apples (South) 2:00 Manicures with Alyssa (East) 3:00 Sequencing Cards Evening Wind Down- Crossword	10:00 Coffee & Chronicles 10:30 Fun Fact Friday: Sewing 2:00 Music with Steppin' Out (South) 3:00 Seated Strength- Weights Evening Wind Down- Friday Night Musical	10:00/10:30 Coffee & Chronicles 1:30/2:00 Sweatin' to the Oldies 2:30/3:15 Sensory Discovery: Cardboard Sewing Evening Wind Down: Word games with Friends
	Grandparents Day 10 10:00 Coffee & Chronicles 10:30 Exercise 11:30 Communion Visits with Holy Spirit 1:30 Church with Abraham (East) 2:00-4:00 Disney Day Grandparent's Day Celebration (Atrium) Evening Wind Down- Short Stories	10:00 Coffee & Chronicles 10:30 Cooking Club: Homemade Applesauce 2:00/2:30 Music Therapy with Jessica 2:00/2:30 Snack Social 3:00 Movin' to Music Cardio Evening Wind Down: Classical Music & Puzzles	10:00 Coffee & Chronicles 10:30 Movement & Rhythm 11:00 Life Skills- Lunch Prep 1:30 Art Hour: Collage Sunflowers (E) 2:00 Active for Life (S) 2:30 Therapy Dog Visits with Duke 3:00 Men's Club (South) 3:00 Ladies Tea (East) Evening Wind Down- Movie Night	10:00 Coffee & Chronicles 10:30 Seated Strength: Resistance Bands 2:00 Oktoberfest Party with Walley's Duet (South) 3:00 Bingo Evening Wind Down- Create & Color	10:00 Coffee & Chronicles 10:30 Scarf Dancing 1:30 Fresh Flower Centerpieces (East) 2:00 Manicures with Alyssa (South) 3:00 Reading Roundtable Evening Wind Down- Crossword	10:00 Coffee & Chronicles 10:30 Fun Fact Friday: Football 2:00 Music with Beth Gatchell (East) 3:00 Seated Strength- Weights Evening Wind Down- Friday Night Musical	16 10:00/10:30 Coffee & Chronicles 1:30/2:00 Sweatin' to the Oldies 2:30/3:15 Sensory Discovery: Scents of Autumn Evening Wind Down: Word games with Friends
ľ	10:00 Coffee & Chronicles 10:30 Exercise 11:30 Communion Visits with Holy Spirit 1:30 Church with Abraham (South) 3:00/3:30 Courtyard Strolls & Tending to the Garden Evening Wind Down- Short Stories	10:00 Coffee & Chronicles 10:30 Cooking Club: Apple Pie Cinnamon Rolls 2:00/2:30 Music Therapy with Jessica 2:00/2:30 Snack Social 3:00 Movin' to Music Cardio Evening Wind Down: Classical Music & Puzzles	1:30 Art Hour: Leaf Spray Painting (S) 1:30 Active for Life (East) 2:30 Therapy Dog Visits with Duke 3:00 Apple Cider & Decorating for Fall	10:00 Coffee & Chronicles 10:30 Seated Strength: Resistance Bands 1:30 Outing to Isla's Icecream 2:00 Music & Mocktails with Bill (East) 3:00 Bingo Evening Wind Down- Create & Color	10:00 Coffee & Chronicles 10:30 Parachute Game 12:00 Sunflower Picnic 1:30 Fresh Flower Centerpieces (South) 2:00 Manicures with Alyssa (East) 3:00 Number Sequencing Evening Wind Down- Crossword	School Spirit Day 22 10:00 Coffee & Chronicles 10:30 Fun Fact Friday: College Days 2:00 Music with John Kowalski (South) 3:00 Seated Strength- Weights Evening Wind Down- Friday Night Musical	10:00/10:30 Coffee & Chronicles 1:30/2:00 Sweatin' to the Oldies 2:30/3:15 Sensory Discovery: Feel the Fashion Evening Wind Down: Word games with Friends
	10:00 Coffee & Chronicles 10:30 Exercise 11:30 Communion Visits with Holy Spirit 1:30 Church with Abraham (East) 3:00/3:30 Courtyard Strolls & Tending to the Garden Evening Wind Down- Short Stories	10:00 Coffee & Chronicles 10:30 Cooking Club: Snickerdoodle Cookies 2:00/2:30 Music Therapy with Jessica 2:00/2:30 Snack Social 3:00 Movin' to Music Cardio Evening Wind Down: Classical Music & Puzzles	10:00 Coffee & Chronicles 10:30 Movement & Rhythm 11:00 Life Skills- Lunch Prep 1:30 Art Hour: Leaf Spray Painting (E) 1:30 Active for Life (S) 2:30 Therapy Dog Visits with Duke 2:30 All about the Czech Festival with Bri + Sauerkraut and Dumplings Evening Wind Down- Movie Night	8:30 Waffle Wednesday (GP) 27 10:00 Coffee & Chronicles 10:30 Seated Strength: Resistance Bands 2:00 Apple Fest & Music with Bill (South) 3:00 Bingo Evening Wind Down- Create & Color	10:00 Coffee & Chronicles 10:30 Scarf Dancing 1:30 Fresh Flower Centerpieces (East) 2:00 Manicures with Alyssa (South) 3:00 Math Challenge Evening Wind Down- Crossword	10:00 Coffee & Chronicles 10:30 Fun Fact Friday 2:00 Music with Double Play Flute & Tuba (East) 3:00 Seated Strength- Weights Evening Wind Down- Friday Night Musical	10:00/10:30 Coffee & Chronicles 1:30/2:00 Sweatin' to the Oldies 2:30/3:15 Sensory Discovery: Sewing Corner Evening Wind Down: Word games with Friends

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