September 2023 - Memory Care's Weekly Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	1
Morning	Morning	Morning	Morning	Morning	Morning	Morning
Styling Hair	Flower Arranging	Hand Massages	Chair Exercises	Styling Hair	Traveling Tour	Bible Trivia
Nails	Match the Cars	Styling Hair	Ball Question Toss	Coffee Hour	Back Massages	Sing Hymns on the Alexa
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
Catch the Ball Outside Reminiscing	Cornhole Adult Coloring	Serving With a Purpose Music Exercises	Outside Singing Groups Bead Sorting	Horseshoes Bag Oh Toss	WII Sports Kick That Ball	Church Videos Outside Reminiscing
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Audiobooks	Pen Pal	Book Club	Meditating	Bowling	Jewelry Time	Bible Study
Puzzles	Ice Cream Sundae Bar	Movie & Popcorn	Ladder Ball	Hot Cocoa Bar	Essential Oil Massage	Campfire Stories

FOR WELLNESS TEAM TO COMPLETE For ideas please let Cole or Madison know.

