

# September 2023 - Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<b>MORNING</b>  10:00 Catholic Mass (TV)  Daily Devotional  Personal Engagement	<b>MORNING</b>  Exercise Toss and Train  Daily Devotional  Coffee and Current Events	<b>MORNING</b>  Exercise Hand Weights  Daily Devotional  Personal Engagement	<b>MORNING</b>  9:30 Catholic Communion  Exercise Balance in Action  Daily Devotional	<b>MORNING</b>  Exercise Noodle-cise  Daily Devotional  Coffee and Current Events	<b>MORNING</b>  Exercise Sit n' Be Fit  Daily Devotional  Personal Engagement	<b>MORNING</b>  Exercise Chair Dancing  Daily Devotional  Coffee and Current Events
<b>AFTERNOON</b>  Virtual Church Services  Balloon Volleyball  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Fact or Fiction? Occupations  Poppin' Popsicles  Out of the Neighborhood  Personal Engagement	<b>AFTERNOON</b>  Autumn Floral Arranging  Tea Party  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  1:30 Live Music by Bill Goebel  Mini Manicures & Foot Soaks  Personal Engagement  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  1:00 to 3:00 The Village Farmer's Market  MI Sweet Corn Social  Personal Engagement  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Courtyard Happy Hour  Chirps & Tweets 'The Sounds of Birds'  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Saturday Strolls  Train Your Brain  Personal Engagement  Out of the Neighborhood  Life Skills
<b>EVENING</b>  Creative Coloring  Easy Listening  Aromatherapy	<b>EVENING</b>  Puzzles  Aromatherapy	<b>EVENING</b>  Ladder Golf  Aromatherapy	<b>EVENING</b>  Nature Documentary  Aromatherapy	<b>EVENING</b>  6:15 Prize Bingo  Aromatherapy	<b>EVENING</b>  Puzzles  Easy Listening  Aromatherapy	<b>EVENING</b>  Saturday Night Theater  Aromatherapy