

September 2023

Riley's Grove Assisted Living & Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Devotions with Karen 11:00 Lower Body Exercise 2:30 Drinks & Snacks on the Patio	2 11:00 Morning Exercise 12:00 Michigan vs E.Carolina 1:30 Bingo 7:00 MSU vs CMU
3 9:30 Live Stream Church 11:00 Living Room Chat with Friends 2:00 Worship with Michelle	Labor Day Jan Birthday! 4 11:00 Hallway Walking 1:30 Labor Day Puzzle Packet	5 11:00 Lower Body Exercise 1:30 Ice Cream Social 3:30 Music Performance by David Molinari	6 10:00 Coffee & Donuts 11:00 Core Exercise 1:00 Manicures 3:00 Bingo	7 11:00 Upper Body Exercise 1:30 Card & Board Games 3:00 Can You Guess the Famous Person?	8 9:30 Devotions 11:00 Lower Body Exercise 2:30 Drinks & Snacks on the Patio	9 11:00 Hallway Walking 1:30 Bingo 3:30 Michigan vs UNLV 3:30 MSU vs Richmond
National Assisted Living Week Begins! Grandparent's Day 10 9:30 Live Stream Church 11:00 Living Room Chat with Friends 2:00 Worship with Josiah US Open Tennis Final Day	PJ Day 11 11:00 Upper Body Exercise 1:30 Resident Council 3:00 Bingo	Taco Tuesday 12 11:00 Lower Body Exercise 1:30 Ice Cream Social 3:30 Random Trivia	Sports Day 13 10:00 Coffee & Donuts 11:00 Core Exercise 1:30 Bowling 3:00 Bingo	Animal Day 14 11:00 Farm Animal Visit on the Patio 1:30 Room Visits 3:00 Music Performance by Teresa	Favorite Color Day Marge & Cheryl Birthday! 15 9:30 Devotions with Karen 11:00 Lower Body Exercise 2:30 Drinks & Snacks on the Patio	Hat Day 16 11:00 Morning Exercise 1:30 Bingo 5:00 MSU vs Washington 7:30 Michigan vs BGSU
17 9:30 Live Stream Church 11:00 Living Room Chat with Friends 1:00 Get ready for fall 2:00 Worship with Michelle	18 11:00 Upper Body Exercise 1:30 Category Puzzle 3:00 Bingo	19 11:00 Lower Body Exercise 1:30 Ice Cream Social 3:00 Music Performance by Bob De Young	20 10:00 Coffee & Donuts 11:00 Core Exercise 1:00 Manicures 3:00 Bingo	21 11:00 Upper Body Exercise 2:00 Bus Outing to Captain Sundae 3:30 Name the Famous Landmark	First Day of Autumn 22 9:30 Devotions 11:00 Lower Body Exercise 2:30 Drinks & Snacks on the Patio	23 11:00 Hallway Walking 12:00 Michigan vs Rutgers 1:30 Bingo 3:30 MSU vs Maryland
24 9:30 Live Stream Church 11:00 Living Room Chat with Friends 2:00 Worship with Josiah	25 11:00 Upper Body Exercise 1:30 Word Mining 3:00 Bingo	Jim Birthday! 26 11:00 Lower Body Exercise 1:30 Ice Cream Social 4:00 Music Performance by Ty and Nat	27 10:00 Coffee & Donuts 11:00 Core Exercise 1:30 Room Visits 3:00 Bingo	28 11:00 Upper Body Exercise 1:00 Ellie the Dog Visit 3:00 Music Performance by Teresa	29 9:30 Devotions with Karen 11:00 Lower Body Exercise 2:30 Monthly Birthday Celebration	30 11:00 Morning Exercise 1:30 Bingo TBD - Michigan @ Nebraska TBD - MSU @ Iowa