## September 24-30, 2023 Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thurdsay	Friday	Saturday
24	25	26	27	28	29	30
Morning Church Sunday Devotionals and Hymns  Exercise Walking Club Life Skills Table Setting  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning Morning Inspirations Starting our morning with a hot cup of coffee and inspirational readings.  Exercise Hover Ball Soccer  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning Exercise Morning Stretch and Movement Cool Drinks & Chronicles Cool down after fitness with a cool drink and a discussion on current and past events. Life Skills Pet Care  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning This Day in History Reminiscing and discussing events that happened on this day in a variety of years.  Exercise Hot Potato Life Skills Silverware Polishing and Sorting  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning Conversations with Courtney Chats over coffee with LE Lead Courtney  Exercise Parachute Fitness  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning Friday Funnies Knock, knock? Who's there? Friday Funnies! Start they day with a giggle.  Exercise Shoo Fly Balloon Ball Life Skills Magnetic Building Tiles  Afternoon Lunch Time Tunes Sit back and relax during meal time as we listen to our favorite tunes.	Morning  Coffee & Chronicles  Coffee and a discussion on current and past events.  Exercise  Upper Body Blitz  Life Skills  Library Stocking and Organizing  Afternoon  Lunch Time Tunes  Sit back and relax during meal time as we listen to our favorite tunes.
Movie Matinee Oklahoma Out and About SP Bingo in 1Cr with AL	Pet Visits Visits with our favorite pup Finn and Fireman Tom!  Life Skills Tool Sorting and Organizing or Baby Care  Out and About SP Live Entertainment in the Bistro	Live Entertainment  Bill at the Piano with a fun sing along.  Out and About SP Library Visits  Creative Cuisine Magic 2 Ingredient Cake!	Art with With Friends Flower Arrangements Way Back Wednesday Reminiscing with Friends:  Out and About SP Visits to check on StoryPoint Birds and Fish	Manicures and Music Relax with LE with Manicures, soothing music and drinks.  Out and About SP Salon Visits	Games with Friends Cornhole  Happy Hour Hydration Rootbeer and Kenny Rogers  Out and About SP Join us for Live Entertainment in IL	Puzzles with Friends Jig Saw, Crosswords, Seek and find. Puzzles are more fun when done with a plus one.  One on One Watercolor Painting Out and About SP Out and About with LE
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:	Small Wind Down Group - 3 Choices:
Hand Massages Revivify	Creative Coloring Revivify	Revivify Curl up with a cozy blanket and enjoy a movie.	Community Crosswords Revivify	Revivify Magazine Reading	Revivify Word Searches	Revivify Relaxing Spa Music

**StoryPoint Grove City** 

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