## Independence Village of Grand Ledge

## November 2023

Independent Living | Enhanced Living

Life Enrichment Monthly Calendar

Activities are subject to change

,	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				I 0:00am Crossword (G) I 1:00am Balance Clinic (G) I:00pm Book Club (USR) 2:00pm Happy Hour (MD) 3:00pm Music w/ Billy McAllister (MD)	9:00am Manicures and Hand Massage (G) 1:15pm Bingo (G) 2:30pm Exercise w/ Powerback (G) 3:30pm Writing Club (G) 6:15pm Pokeno (G)	9:30am Cardio Drumming (G) Wii Bowling (G) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (G) 2:30pm Dominoes (G)	4 10:00am Bingo (G) 11:00am Chair Volleyball (G) Wii Bowling (G) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Gourds (G)
	Daylight Savings Ends 5 9:30am Donuts & Coffee (C) 10:30am Church Shuttle** 3:00pm Hymn Sing (G) 6:00pm Resident Run Quarter Bingo (G)	I0:30am Senior Stretch (MAR) I1:00am Bible Study (MAR) I:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:30pm Bingo Store (MAR)	Election Day 7 8:00am Meijer** 10:30am Chair Volleyball (MAR) 11:30am Peppinos Lunch** 11:30am Sign Language (PDR) 1:30pm Community Q&A (MAR) 2:30pm A Day in D.C. (MAR) 6:15pm Bingo (MAR)	I 0:00am Crossword (MAR) I 1:00am Balance Clinic (MAR) I:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Fred Walker (MAR)	9:00am Manicures and Hand Massage (G) 12:00pm Veteran's Lunch (DR) 1:30pm Veteran's Program w/ Music (MAR) 3:30pm Writing Club (MAR) 6:30pm GLHS Musical- The Little Mermaid**	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:30pm Dominoes (MAR)	Veterans Day       10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Veteran's Cards(MAR) 3:30 Veteran Ceremony (MAR)
	9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Veterans Breakfast (MD) I I:00am Senior Stretch (MAR) I:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR) 3:30pm Activity Q&A (MAR)	8:00am Meijer** 10:00am Frankenmuth Outing** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 2:00pm Make Mulled Wine (MAR) 3:00pm Wellness Awareness (G)	I 5 I 0:00am Crossword (MAR) I:00pm Book Club (USR) 2:00pm Happy Hour (FL) 2:30pm Music w/ Dan Templin (FL)	9:00am Manicures and Hand Massage (G) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ Powerback (MAR) 3:30pm Writing Club (MAR) 6:15pm Pokeno (MAR)	9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 12:00pm Friendsgiving (MAR) 2:00pm Pie Walk (MAR)	I8 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Giveback: Staff Gift (MAR)
	9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 11am&Ipm November Brunch 3:00pm Hymn Sing (G) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Men's Breakfast (MD) I I:00am Senior Stretch (MAR) I:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 3:00pm November Birthday Party and Music w/ Al Firek (MAR)	8:00am Meijer** 11:00am Turkeyville Lunch** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 2:00pm Macy's Inflatable Parade (RV) 3:30pm Macy's Float Fest (MAR) 6:15pm Bingo (MAR)	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Wanda Degen (MAR)	Thanksgiving 23 9:00am Gratitude List (MAR) 10:00am Pie Bingo (MAR) 11:30am Thanksgiving Cocktails (C) 12:00pm Thanksgiving Dinner- Enhanced Dining Room 12:30&1pm Thanksgiving Dinner- Main Dining Room	10:00am Black Friday Crossword (FL) 11:00am Post Thanksgiving Workout Class (MAR) 1:00pm Blackout Happy Hour (MAR)	10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm Team 5: 1:45pm 3:00pm Crafting Corner: Christmas Ornaments (MAR)
	9:30am Donuts & Coffee (FL) 9:30am Virtual Church (MAR) 10:30am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	9:00am Ladies Breakfast (MD) 11:00am Senior Stretch (MAR) 1:00pm Let's Play Dice (MAR) 2:00pm Zumba (MAR) 2:30pm Tea Tasting (MAR)	10:00am Walmart** 10:30am Chair Volleyball (MAR) 11:30am Sign Language (PDR) 12:00pm Volleyball Banquet (MAR) 2:00pm Christmas Shopping: Sierra, TJMaxx, & Hallmark** 6:15pm Bingo (MAR)	10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:00pm Happy Hour (MAR) 2:30pm Music w/ Generations (MAR)	10:00am Community Christmas Decorating (FL) 1:15pm Bingo (MAR) 2:30pm Exercise w/ Powerback (MAR) 6:15pm Pokeno (MAR)	Main Activity Room	*= you need to sign-up for the activity outside of the Main Activity Room  ** = you need to sign-up for the activity at the Shuttle Station
-	Calendar Key: C – Cafe	•	MD- Main Dining Room EP - Enhanced Parking Lot				Independence

FL – Front Lobby MAR- Main Activity Room USR - Upstairs Reading Room

**RV - Room Visit** SP- StoryPoint

Independence Village SENIOR LIVING