

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:30 Exercise (A) 11:00 Updates with Alyssa (CP) 1:30 Laurus Chat (GP) 2:00 Centerpiece Making (GP) 3:30 Dia De Los Muertos Happy Hour w/ Rey Rengel (GP) 6:00 Movie Night: Coco (CP)	<b>2</b> 10:30 Exercise (A ) 1:00 Visit with Max the Therapy Dog 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club (L) 6:00 Piano Night with Jenny (A)	<b>3</b> 10:30 Exercise (A) 11:00 Great Courses 2:00 Help your Neighbor (GP) 3:00 November Birthday Party with Jake Briggs (A) 6:00 Movie Night: Thunderball	<b>4</b> 10:30 Exercise (A) 11:00 Crazy 8's Card Game (Cafe) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
<b>5</b> 9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 1:30 Movie Matinee & Popcorn: Kate and Leopold CP) 3:30 Exercise (GP) 4:00 Bridge Group (Cafe)	<b>6</b> 10:30 Exercise (A) 11:00 Choir Practice (A) 1:30 Ladies' Tea Party (GP) 3:00 Bingo (GP) 6:00 Church with Abraham (A)	<b>7</b> 10:30 Exercise (A) 11:15 Great Courses (CP) 1:30 Craft: DIY Book Marks (GP) 2:00 Manicures with Alyssa (HL) 3:30 Volleyball (A) 6:00 Trivia Night (GP)	<b>8</b> 10:30 Exercise (A) 11:00 Executive Director Updates(CP) 1:30 Activity Planning Meeting (GP) 3:30 Wine & Cheese (HL) 6:00 Movie Night:	<b>9</b> 10:30 Exercise (A) 11:00 November Word Games (Cafe) 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club (L) 6:00 Scrabble (GP)	<b>10</b> 10:30 Exercise (A) 11:00 Veterans Luncheon & Pinning Ceremony (IDR) 1:00 Music by Moss Stanley (A) 2:00 Help your Neighbor (GP) 3:00 Happy Hour (GP) 6:00 Movie Night (CP)	<b>11</b> 10:30 Exercise (A) 11:15 Pumpkin Button Craft (GP) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
<b>12</b> 9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 1:30 Movie Matinee & Popcorn: Eat, Pray, Love (CP) 3:30 Exercise (GP)	<b>13</b> 10:30 Exercise (A) 11:00 Celebrating Vegan Month: What does it mean to be vegan? (GP) 1:30 Vegan Cooking Demo(GP) 3:00 Bingo (GP) 6:00 Church with Abraham (A)	<b>14</b> 10:30 Exercise with Active for Life (A) 11:15 Great Courses (CP) 1:30 Pumpkin Pie Milkshakes (GP) 2:00 Manicures with Alyssa (HL) 3:30 Volleyball (A) 6:00 Bingo Night (GP)	<b>15</b> 10:30 Exercise (A) 11:00 Executive Director Updates(CP) 1:30 Culinary Showcase (GP) 2:00 Guess the Musical Game 3:30 Happy Hour (GP) 6:00 Movie Night: Elvis (CP)	<b>16</b> 10:30 Exercise (A ) 1:00 Visit with Max the Therapy Dog 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club (L) 6:00 Piano Night with Jenny (A)	<b>17</b> 10:30 Exercise (A) 11:00 Great Courses 1:30 Noodle ball (GP) 2:00 Help your Neighbor (GP) 3:00 Happy Hour with Moss Stanley (A) 6:00 Movie Night: Got Mail(CP)	<b>18</b> 10:30 Exercise (A) 11:15 "Thankful" M&M Game (GP) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
<b>19</b> 9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 2:30 Game Day with Erievew Elementary (GP) 3:30 Exercise (GP) 4:00 Bridge Group (Cafe)	<b>20</b> 10:30 Exercise (A) 11:00 Choir Practice (A) 1:30 Men's Club (GP) 3:00 Bingo (GP) 4:00 Be My Neighbor Happy Hour (A) 6:00 Church with Abraham (A)	<b>21</b> 10:30 Exercise (A) 11:15 Great Courses (CP) 2:00 Manicures with Alyssa (HL) 2:15 Memory Care Mixer (FL) 3:30 Volleyball (A) 6:00 Trivia Night (GP)	<b>22</b> 10:30 Exercise (A) 11:00 Executive Director Updates(CP) 1:30 Native American Heritage Month Power Point (CP) 3:30 Wine & Cheese (HL) 6:00 Movie Night: Hallmark	<b>Happy Thanksgiving 23</b> 10:30 Exercise (A) 11:00 Blood Pressure Clinic (A) 12:00 Thanksgiving Dinner 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club (L) 6:00 Scrabble (GP)	<b>24</b> 10:30 Exercise (A) 11:00 Great Courses 12:00 Early Dinner 2:00 Help your Neighbor (GP) 3:00 Happy Hour with John Kowalski (A) 6:00 Movie Night: Robin H(CP)	<b>25</b> 10:30 Exercise (A) 11:00 20 Questions (A) 1:30 Volleyball (A) 3:00 Pokeno (GP) 6:00 Game Night (GP)
<b>26</b> 9:30 Church with Tommy (GP) 11:00 Catholic Service with Holy Spirit (C) 1:00 Christmas Decorating (A) 1:30 Movie Matinee & Popcorn: While You were Sleeping (CP) 3:30 Exercise (GP)	<b>27</b> 10:30 Exercise (A) 11:00 Coffee Chat w/Emily (C) 1:30 Vodka Tasting (GP) 3:00 Bingo (GP) 6:00 Church with Abraham (A)	<b>Chili Cookoff 28</b> 10:30 Exercise with Active for Life (A) 11:30 Chili Cookoff (IDR) 2:00 Manicures with Alyssa (HL) 3:30 Volleyball (A) 6:00 Bingo Night (GP)	<b>29</b> 8:30 Waffle Wednesday (IDR) 10:30 Exercise (A) 11:00 Book Club (CP) 1:30 Wheel of Fortune (CP) 2:30 Resident Forum (A) 3:30 Happy Hour (GP) 6:00 Movie Night: Art of Racing	<b>30</b> 10:30 Exercise (A) 1:30 Bingo (GP) 3:00 Rosary (LC) 3:30 Writers Club (L) 6:00 Piano Night with Jenny (GP)	Blood Pressure Clinic occurs every Thursday at 11:00a.m. after exercise in the Atrium.	Giant Eagle Shopping will be every Wednesday at 9:15 a.m. Please sign up in the activity binder at the front desk!

**Calendar Key:**  
A – Atrium  
C – Café  
CP – Corner Pocket

CY – Courtyard  
FL – Front Lobby  
GP – Gathering Place  
HL – Harbor Lobby

HYC – Harbor Courtyard  
L – Library  
IDR- Independent Living Dining Room