

Independent Living | Enhanced Living

November 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Hot Breakfast Wednesday (MDR) 1 10:00 Exercise with Mark (MDR3) *11:00 Lunch at Senate Coney Island (S) 1:30 Technology Class (IA) 3:00 BINGO (MDR3) 6:30 Music with Geff Phillips (L) 7:30 Evening Reading w/ Mustangs (IA)	10:00 Exercise with Powerback (MDR3) 2 10:45 Men's Group (IA) 11:00 Resident Forum (L) 12:00 Puzzles/Conversation with Life Enrichment (L) 1:00-3:00 HAPPY HOUR and MUSIC with Steve Spees (L) 3:30 BP Checks (Café) 7:00 Poker Night (G)	10:00 Drumming with Jacob (MDR3) 3 10:30 Seated Soccer (MDR3) 11:00 Name that Tune! (L) 11:00-12:30 Book Club (PDR) 1:00 Dis-cover New Friends Speed Friending Party! (MDR3) 2:00 Pinochle Players (G) *3:00 Wii Bowling (L) 3:30 Communion (IA) 6:30 Movie Night: Saving Mr. Banks (L)	10:00 Exercise with Mark (MDR3) 4 10:30 Coffee Klatch (L) 11:00 BINGO (MDR) 1:00 Pop Over for Popcorn (L) 1:00 The Chosen EP 7 (TV Series) (IA) 1:00 Netflix Movie (L) 2:00 We're Not Really Strangers-A Conversational Game (IA)
*8:30 St. Kenneth Church (S) 5 *9:20 First United Methodist Church of Northville and Holy Trinity Lutheran Church (S) *12:30 Taco Salad and Tequila w/Tina (IA) 3:00 BINGO (MDR3) 6:30 Music with The Steve Wood Band (L)	*9:00 Meijer/Target Shopping (S) 6 10:00 Exercise with Powerback (MDR3) 11:00-1:00 Grab n' Go: Nacho Day! (L) *12:00 Shopping at Dollar Tree(S) 1:30 Music with Henrik K (L) 3:00 Bible Study (IA) *3:00 Wii Bowling (L) 6:30 Movie Night: Newsies (L)	10:00 Exercise w/ Mark (MDR3) 7 10:45 Men's Group (IA) 11:30 Meditation and Mindfulness Circle (L) 11:30 Veteran's Cafe (Cafe) 12-2:30 Holiday Market (L) 1:30 Rosary & Communion (IA) 2:00 Game Day (G) 2:30 Protestant Communion (IA) 6:30 Music With Vince Deluca (L)	10:00 Exercise with Mark (MDR3) 8 11:30 Cappuccino and Current Events (IA) *11:00 Lunch at Bahama Breeze (S) 1:00 Deer Season Opener/ Jerky Taste Test (L) 1:30 Nurse Chat: Winter Precautions (IA) 3:00 BINGO (MDR3) 6:30 Music With Steve Kovich (L) 7:30 Evening Reading w/ Mustangs (IA)	10:00 Exercise with Powerback (MDR3) 9 10:45 Men's Group (IA) *11:00 Create a Christmas Sign (A) 12:00 Virtual Hike: Makapuu, Hawaii (L) 1:00-3:00 HAPPY HOUR BIRTHDAY CELEBRATION with Bob Taranelli (MDR) 3:30 BP Checks (Café) 7:00 Poker Night (G)	10:00 Chair Volleyball (MDR3) 10 11:00 29 Times: The Legacy of The Edmund Fitzgerald (IA) 11:00-12:30 Book Club (PDR) 12:00 Veteran's Day Luncheon (MDR) 1:30 Music with The ABC Sisters (L) 2:00 Pinochle Players (G) *3:00 Wii Bowling (L) 3:30 Communion (IA) 6:30 Movie Night: The Best Years of Our Lives (1946) (L)	10:00 Exercise with Mark (MDR3) 11 10:30 Coffee Klatch (L) 11:00 BINGO (MDR) 1:00 Pop Over for Popcorn (L) 1:00 The Chosen EP 8 (TV Series) (IA) 1:00 Netflix Movie (L) 2:30 Knit One, Crochet Too with Cheri (A) 2:00 Blank Slate- A Word Association Game (IA)
*8:30 St. Kenneth Church (S) 12 *9:20 First United Methodist Church of Northville and Holy Trinity Lutheran Church (S) 12:00 Let's play Tenzi! (IA) *12:30 Shopping at Kroger (S) 3:00 BINGO (MDR3)	*9:00 Meijer/Target Shopping (S) 13 10:00 Exercise with Powerback (MDR3) 11:00-1:00 Grab n' Go: Pigs in a Blanket (L) *12:00 Shopping at Hobby Lobby (S) *1:30 Cooking Demo: Do-it-Yourself Dog Treats (IA) 3:00 Bible Study (IA) *3:00 Wii Bowling (L) 6:30 Movie Night: Fried Green Tomatoes(L)	10:00 Exercise w/ Mark (MDR3) 14 10:45 Men's Group (IA) 11:00 Villa Chat (Villas) 11:30 Meditation and Mindfulness Circle (L) 1:00 Music with Freestyle Sax (L) 1:30 Rosary & Communion (IA) 2:00 Game Day (G) 2:30 Communion w/ Holy Trinity (IA) 3:00 Wavelength (L) 6:30 Cinema and Vine: The Pink Panther (1963) (L)	10:00 Exercise with Mark (MDR3) 15 *11:00 Lunch at Art & Jakes Sports Bar & Grill(S) *12:00 New Resident Luncheon (Invitation) (MDR) 1:30 Technology Class (IA) 3:00 BINGO (MDR3) 6:30 Music With Jerry Perrine (L) 7:30 Evening Reading w/ Mustangs (IA)	10:00 Exercise with Powerback (MDR3) 16 10:45 Men's Group (IA) 11:00 Pet Therapy w/ Carolyn & Smidge (L) *11:00 Creating Santa Gnomes (A) 12:00 Geogusser (L) 1:00-3:00 HAPPY HOUR and MUSIC with Rob Johnson (L) 3:30 BP Checks (Café) 7:00 Poker Night (G)	10:00 Drumming w/ Jacob (MDR3) 17 10:30 Chair Volleyball/ with UofM Nursing (MDR3) 11:00-12:30 Book Club (PDR) 12:00 The IVP Turkey Trot! (L) 2:00 Pinochle Players (G) *3:00 Wii Bowling (L) 3:30 Communion (IA) 6:30 Movie Night: Mrs. Doubtfire (L)	10:00 Exercise with Mark (MDR3) 18 10:30 Coffee Klatch (L) 11:00 BINGO (MDR) 1:00 Pop Over for Popcorn (L) 1:00 The Chosen EP 9 (TV Series) (IA) 2:00 Word in a Word (IA)
*8:30 St. Kenneth Church (S) 19 *9:20 First United Methodist Church of Northville and Holy Trinity Lutheran Church (S) 12:00 November Elevated Brunch (MDR) 1:30 Left, Right, Center Game (IA) 3:00 BINGO (MDR3) 6:30 A Service of Gratitude (L)	*9:00 Meijer/Target Shopping (S) 20 10:00 Exercise with Powerback (MDR3) 11:00-1:00 Grab n' Go: Fruit Parfaits (L) 1:30 Talk Time w/ Tina (MDR) 3:00 Bible Study (IA) *3:00 Wii Bowling (L) 6:30 Movie Night: Remember The Titans (L)	10:00 Exercise w/ Mark (MDR3) 21 10:45 Men's Group (IA) 11:30 Meditation and Mindfulness Circle (L) 11:45 Veteran's Cafe (Cafe) 12:00 Conversation Hour (IA) 1:30 Rosary & Communion (IA) 2:00 Game Day (G) 3:00 Trivia Time w/ Jacob (L) 6:30 Music with George Stepulla (L)	10:00 Waffles w/ Detroit Catholic Central (MDR) 22 10:00 Exercise with Mark (MDR3) 10:30 Chair Volleyball (MDR3) *11:00 Lunch at Granite City (S) 1:00 YES Shave November! Men's Spa (IA) 3:00 BINGO (MDR3) 6:30 Music with Angela Sheppard (L) 7:30 Evening Reading w/ Mustangs (IA)	THANKSGIVING DAY 23 10:30 BINGO (MDR3) 12:00 Thanksgiving Elevated Brunch (MDR) 2:00 Giant Jenga! (IA) 6:30 Movie Night: Planes, Trains, and Automobiles (L)	DAY AFTER THANKSGIVING 24 10:00 Virtual Exercise (MDR3) 11:30 Toy Time! (IA) 11:00-12:30 Book Club (PDR) 1:30 Black Friday: The History and Nostalgia of US's Chaotic Holiday (L) 2:00 Pinochle Players (G) *3:00 Wii Bowling (L) 3:30 Communion (IA) 6:30 Movie Night: The Greatest Showman (L)	10:00 Exercise with Mark (MDR3) 25 10:30 Coffee Klatch (L) 11:00 BINGO (MDR) 1:00 Pop Over for Popcorn (L) 1:00 The Chosen Ep 10 (TV Series) (IA) 2:30 Knit One, Crochet Too with Cheri (A) 2:00 A Stop at a French Cafe (L)
*8:30 St. Kenneth Church (S) 26 *9:20 First United Methodist Church of Northville and Holy Trinity Lutheran Church (S) *12:00 Open Shuttle (anywhere you want to go within 10 miles) (S) 12:30 Mexican Train (IA) 2:00 Music with John Hanba (L) 3:00 BINGO (MDR3)	*9:00 Meijer/Target Shopping (S) 27 10:00 Exercise with Powerback (MDR3) 11:00 Cappuccino, Cards, and Chess (L) *12:00 Shopping at Von Maur (S) 1:30 A Tour of Detroit Statues (L) 3:00 Bible Study (IA) *3:00 Wii Bowling (L) 6:30 Music with Paul Koniarz (L)	10:00 Exercise w/ Mark (MDR3) 28 10:45 Men's Group (IA) 11:00-1:00 Rolling Cart: Bad Boy Bagels! 1:30 Rosary & Communion (IA) 2:00 Game Day (G) *2:30 Christmas Craft with Holy Trinity (IA) 3:00 Blank Slate (L) 6:30 Movie Night: Big (L)	10:00 Exercise with Mark (MDR3) 29 *11:00 Let's go to the Movies! (Movie picks will come out this week)(S) 12:00 Operation Christmas Construction! 3:00 BINGO (MDR3) 6:30 A Toast and Roast by The Fire (L) 7:30 Evening Reading w/ Mustangs (IA)	10:00 Exercise with Powerback (MDR3) 30 10:45 Men's Group (IA) *11:00 Create a Christmas Tree (A) 12:00 Family Feud! (L) 1:00-3:00 HAPPY HOUR and MUSIC with Jacob and Pals! (L) 3:30 BP Checks (Café) 7:00 Poker Night (G)	*= Sign-up Required	

Calendar Key:
L- Lobby
IA- Activity Room
MDR- Main Dining Room

MDR3- Millennium Dining Room
G- Game Room
A- Art Room

C- Cafe
PDR- Private Dining Room
S- Shuttle

Independence Village SENIOR LIVING