

Independence Village of Zionsville East

Independent Living | Enhanced Living | Assisted Living

November 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Worship Music (AR) 29 1:00 BINGO w/ Director (AR) 2:00 Group-Walk (AR) 4:00 Table Games (AR)	9:45 YouTube Yoga (AR) 30 10:00 Donut Club & Trivia (CK) 1:00 Walking & Shopping (Whitestown Strip) (LB) 2:30 Share your favorite vacation spot/World Series Trivia (AR) 4:00 Happy Hour (CK) 5:00 - 7:00 Trick or Treaters (CK)	9:30 Powerback Therapy (CK) 31 10:00 Costume Photo Booth (AR) 11:30 OCT Birthday Lunch (CK) 12:30 Halloween Tea Party (CK) 2:45 POKENO (AR) 4:00 Happy Hour w/ Herb (CK)	9:45 Meditation Moment (AR) 1 10:00 Crossword (CK) 10:45 Lunch Bunch-Applebee's (LB) 1:00 Cards (AR) 1:00 Movie Matinee (TH) 4:00 Happy Hour (CK)	9:30 Chair Yoga (AR) 2 10:30 BINGO (AR) 1:30 Story Hour w/ Lauren (AR) 2:30 Movie Matinee (TH) 3:00 World Series Discussion (AR) 4:00 Happy Hour (CK) 6:00 Cards (AR)	9:30 Powerback Therapy (CK) 3 10:30 Euchre (AR) 12:45 Documentary (TH) 1:00 BINGO (CK) 2:00 Music w/ Catherine (AR) 5:30 Cards & Table Games (AR)	10:00 Communion & Rosary (C) 4 10:00-12:00 Mini Mart (CK) 10:00 Trivia (AR) 1:00 POKENO (AR) 2:00 Movie Matinee (TH)
9:30 Worship Music (AR) 5 1:00 BINGO w/ Director (AR) 2:00 Group-Walk (AR) 4:00 Table Games (AR)	9:30 Sit & Fit (AR) 6 9:00 10:00 Donut Club & Trivia (AR) 1:00 King's Corner (AR) 2:30 Photo Frame Craft (AR) 4:00 Happy Hour (CK) 5:30 Table Games (AR)	9:30 Powerback Therapy (CK) 7 10:00 Chronicle & Coffee (AR) 12:00 Ring Toss (AR) 1:30 Resident Council (AR) 4:00 Happy Hour (CK)	9:30 Chair Zumba (AR) 8 10:00 Crossword (CK) 10:45 Lunch Bunch-MCL (LB) 1:00 Movie Matinee (TH) 2:00 Fall Social (AR) 5:30 Table Games (AR)	9:45 Chair Yoga (AR) 9 10:15 BINGO (AR) 1:00 Watercolors (AR) 1:00 Documentary (TH) 4:00 Happy Hour w/ Jacob (CK) 6:00 Table Games (AR)	Veteran's Day 10 Observed 9:30 Powerback Therapy (CK) 10:30 USA BINGO (AR) 11:30 Veteran's Lunch 1:00 What is Veteran's Day? (AR) 2:00 Wall of Honor reveal (AR) 3:00 Scenic Drive (LB)	Veteran's Day! 11 10:00 Communion & Rosary (C) 10:00-12:00 Mini Mart (CK) 11:00 USA Trivia (AR) 1:00 USA BINGO (AR) 6:00 Table Games (AR)
9:30 Worship Music (AR) 12 1:00 BINGO w/ Director (AR) 2:00 Group Walk (AR) 4:00 Table Games (AR)	9:30 Sit & Fit (AR) 13 10:00 Donut Club & Trivia (CK) 1:00 Dirty Poker (AR) 2:30 Movie -The Help (TH) 4:00 Happy Hour (CK)	9:30 Powerback Therapy (CK) 14 10:30 Special Bingo Introduction (AR) 1:30 Activity Chat (AR) 2:45 POKENO (AR) 4:00 Happy Hour (CK) 5:30 Table Games (AR)	9:30 Meditation Moment (AR) 15 10:00 Crossword (CK) 10:45 Lunch Bunch- American Legion (LB) 2:00 Cranium Crunch (AR) 4:00 Happy Hour (AR) 7:30 Butler University Percussion Ensemble-Live Stream (TH)	9:30 Chair Yoga (AR) 16 10:00 BINGO (AR) 1:30 Euchre (CK) 2:45 Science for Seniors (AR) 4:00 Happy Hour (CK) 6:00 Cards & Table Games (AR)	9:30 Powerback Therapy (CK) 17 10:00 Chronicle & Coffee (AR) 12:30 Documentary (TH) 1:00 BINGO (AR)	10:00 Communion & Rosary (C) 18 10:00-12:00 Mini Mart (CK) 11:00 Trivia (AR) 1:00 BINGO (AR) 2:00 Movie Matinee (TH) 6:00 Table Games (AR)
9:30 Worship Music (AR) 19 11:30 Thanksgiving Buffett (DR) 1:00 BINGO w/ Director (AR) 2:00 Group Walk (AR) 4:00 Table Games (AR)	9:30 Sit & Fit (AR) 20 10:00 Donut Club & Trivia (CK) 1:00 Walking & Shopping (Kroger) (LB) 1:00 Movie Matinee (TH) 2:45 BINGO (AR) 4:00 Happy Hour w/ Dennis (CK)	9:30 Powerback Therapy (CK) 21 10:00 Catholic Mass (AR) 1:00 Thankful for you cards (AR) 1:30 Culinary Chat (AR) 2:45 POKENO (AR) 4:00 Happy Hour w/ Ashley Nicole (CK) 5:30 Table Games (AR)	9:30 Sit & Fit (AR) 22 10:00 Crossword (CK) 10:00 Watercolors in Memory Care (MC) 10:45 Lunch Bunch-Grindstone(LB) 1:30 A Charlie Brown Thanksgiving (TH) 3:30 Happy Hour (CK)	Happy Thanksgiving! 23 No Activities!	Black Friday 24 9:30 Powerback Therapy (CK) 10:30 BIG BINGO (AR) 1:00 Root Beer Floats (CK) 2:00 Documentary (TH) 6:00 Cards (AR)	10:00 Communion & Rosary (C) 25 10:00-12:00 Mini Mart (CK) 11:00 Trivia (AR) 1:00 POKENO (AR) 2:00 Movie Matinee (TH) 6:00 Table Games (AR)
9:30 Worship Music (AR) 26 1:00 BINGO w/ Director (AR) 2:00 Group-Walk (AR) 4:00 Table Games (AR)	9:45 YouTube Yoga (AR) 27 10:00 Donut Club & Trivia (CK) 1:00 Senior Spelling Bee (AR) 3:00 King's Corner (AR) 4:00 Happy Hour w/ Sam Piercy (CK)	9:30 Powerback Therapy (CK) 28 10:30 Cranium Crunch (AR) 11:30 Resident Birthday Lunch (CK) 1:30 Town Hall (AR) 2:45 POKENO (AR) 4:00 Happy Hour w/ John Bahler (CK)	9:30 Sit & Fit (AR) 29 10:00 Crossword (CK) 10:45 Lunch Bunch-Puccini's (LB) 1:30 Movie Matinee (TH) 2:30 Name That Tune (AR) 4:00 Happy Hour (CK)	9:30 Chair Yoga w/ Kira 30 10:00 BIG BINGO (AR) 1:30 Bowling (AR) 2:30 Show & Tell (AR) 4:00 Happy Hour (CK)	Please sign up for outings in the sign up book in the Activity Room. **Activities and outings are subject to change**	UPDATED: 10/27/23