

# Grandhaven Living Center and Memory Care

Assisted Living | Comfort Care

# October 2023

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 10:30 Exercise (CR) 11:00 Balloon toss (CR) 11:15 Card game Slapzi (CR) 2:30 BINGO (CR)	<b>Oktoberfest 3</b> 10:30 Walking club (CR) 11:00 Trivia (CR) 2:00 Happy hour celebrate Oktoberfest (CR)	<b>4</b> 10:30 Chair Yoga (CR) 11:00 Bowling (CR) 2:00 Checkers tournament (CR)	<b>National Taco Day 5</b> 10:45 Chaplin Services (CR) 11:30 Beverage social (CR) 2:00 Street tacos social, culinary (CR)	<b>6</b> 10:30 Exercise (CR) 11:00 Balloon toss (CR) 1:30 Crochet club (CR) 2:30 BINGO (CR) 3:30 Mobile cart, hydration	<b>7</b> Activity table (CR)
<b>8</b> 3:00- Pilgrim Rest Baptist Church services (CR)	<b>Happy Birthday Gary 9</b> 10:30 Exercise (CR) 11:00 Balloon Toss (CR) 11:30 Manicures (CR) 1:30 1:1 Visits 2:30 BINGO (CR)	<b>10</b> 10:30 Chair Yoga (CR) 11:00 Balloon toss (CR) 2:00 Mobile cart, Hydration 3:00 Current Events (CR)	<b>11</b> 10:30 Walking club (CR) 11:00 Table top volleyball (CR) 2:00 Finish my phrase (CR) 2:30 Door Decorating contest (CR)	<b>12</b> 10:30 Exercise (CR) 11:00 Balloon Toss (CR) 11:30 Meaningful connections 1:30 Halloween trivia (CR) 2:00 BINGO (CR)	<b>Friday the 13th 13</b> 10:30 Exercise (CR) 11:00 Balloon toss (CR) 1:30 Card games (CR) 2:30 Halloween Movie and popcorn (CR)	<b>Happy Birthday Arthur 14</b> 1:30 Cidar Mill outing
<b>15</b> St. Gerald's communion t.v. channel 12  Activity table	<b>Bosses Day 16</b> 10:30 Chair Yoga (CR) 11:00 Table top volleyball (CR) 1:30 1:1 Visits 2:30 Spooky Bingo (CR)	<b>17</b> 10:30 Exercise (CR) 11:00 Balloon toss (CR) 2:30 Manicures (CR) 3:30 Meaningful connections	<b>Resident Council Day 18</b> 10:30 Walking club (CR) 11:00 Bowling (CR) 1:30 1:1 Visits 2:00 Resident Council 4:00 Card games (CR) 6:30 Live entertainment (CR)	<b>19</b> 10:45 Chaplin Services (CR) 11:30 Crochet club (CR) 2:00 BINGO (CR)	<b>MSU vs U of M Dress 20</b> 10:30 Exercise (CR) 11:00 Balloon toss 11:30 Sweetest Day, leave a rose on a doorstep 1:30 Chocolate pretzel webs, art and craft (CR)	<b>Happy Birthday Shirley. Happy Sweetest Day 21</b> Activity Table 3:00 Paulina's Choir
<b>22</b> St Gerald's communion t.v. channel 12  Activity table	<b>23</b> 10:30 Chair Yoga (CR) 11:00 Boo baskets (CR) 1:30 1:1 Visits 2:30 BINGO (CR) 3:30 Social hour (CR)	<b>24</b> 10:30 Exercise (CR) 11:00 Balloon toss (CR) 1:30 Karaoke (CR) 2:30 Games (CR)	<b>25</b> 10:30 Walking club (CR) 11:00 kickball (CR) 2:00 Manicures (CR) 3:00 Crochet club (CR)	<b>Happy Birthday Marilyn 26</b> 10:30 Exercise (CR) 11:00 Table top volleyball (CR) 1:30 Meaningful connections 2:00 BINGO (CR)	<b>10:30 Chair Yoga (CR) 27</b> <b>11:00 BALLOON TOSS (CR)</b> <b>1:30 1:1 VISITS</b> <b>2:30 PUMPKIN PAINTING (CR)</b>	<b>28</b>   <b>ACTIVITY TABLE</b>
<b>29</b> St Gerald's communion t.v. channel 12  Activity table	<b>National Candy Corn Day 30</b> 10:30 Mobile cart, candy corn trail mix 10:45 Painting with a twist (CR) 1:30 Exercise (CR) 2:30 BINGO (CR)	<b>Happy Halloween! 31</b> 10:30 Walking club (CR) 11:00 Table top volleyball (CR) 1:30 Trunk or Treat (LH main entrance)				

Calender Key:  
CR- Community Room  
LH- Lighthouse

CD – Cooking Room  
L – Lobby  
P - Patio  
O - Outside

B- Beauty Salon

Please invite the grandchildren and great grandchildren to the trunk or treat October 31st

Wear your favorite team apparel, MSU VS U OF M. October 20th