## Independence Village of Brighton

# October 2023

Independent Living | Enhanced Living

### Life Enrichment Monthly Calendar

-			Life Enrichment Monuny Calendar				
2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 9:30am Communion w/St. Pat's 10:30am Cornerstone -ATC 1pm Afternoon Movie-ATC 1:30pm Knit & Crochet - L 2:30pm Exercise w/Arnie -A 6:30pm Sing along w/Cheryl- MS	I Iam Under the Radar -ATC Ipm Scarecrow Craft - A 2:30pm Euchre -A 6:30pm Alzheimer's Support	Wear Pink 3 10am Dancing in your Seats-A 11:30am Annual "Chili Cookoff" -A 1:30pm Bingo - HA 3pm Knit & Crochet - L 3:15pm UNO Card Game -A	4 10am Balance Class -AT 1pm Read aloud w/Gina- L 1:00 pm Penne Ante - HA \$ 2pm Hand & Foot Cards-B 2:30pm CS Bible Study -L 3:30 Dinner at Red Lobster-O	5 I0am Tai Chi- A I Iam Mentor Meeting - PDR Ipm Paint by Numbers -HA Ipm Avon Visits -LO 2:30pm Happy Hour with Balancing Earth -ATC	<b>6</b> 9:30 - 11:00 Waffle Day -IDR 10am Exercise w/Arnie-A 1pm Walmart Outing -O 1:30pm Hi Lo Card Game-A 6:30pm Cornerstone Piano Concert -AT	7 10am Exercise w/Arnie -A 11am Pinecone Community Giveback -A \$ 11am Rosary - L 1:30pm Bingo - HA 3pm Sunshine Visits
	8 9:30am Communion w/ St. Pat's 10:30am Cornerstone- ATC Ipm Afternoon Movie-ATC I:30pm Knit & Crochet - L 2:30pm Exercise w/Arnie -A 6:30pm Sing along w/Rob - MS	9 10am Senior Conditioning- A 11:30am Soup du Jour -A 11:30 am Meet & Greet with our new LHCD- Stacey Rinnert-A 1:30pm Bingo - HA	Black Day 10	II 10am-3pm Secretary of State HA	I0am Cardio Drumming - A I1am Hand Massage -HA Ipm Mass with St. Pat's -A 2:30pm Happy Hour with Double Play -AT	13 10am Exercise w/Arnie-A 10am Three Cedars Farm -O 11am History of Halloween -ATC \$ 1:30pm Fall Color Tour -O 3:15pm Yahtzee -A	14 10am Exercise w/Arnie -A 11am Polish Me Pretty - A 11am Rosary - L 1:30pm Bingo - HA 3pm Sunshine Visits
	15 9:30am Communion with St. Pat's -A 10:30am Cornerstone -ATC 12:00-1:30pm Sunday Brunch 1:30pm Afternoon Movie-ATC 1:30pm Knit & Crochet-L	I I am Apple Stamp Tote Bags-A Ipm Giant Jenga -A \$ 2:30pm Euchre -A	Green Day 17 10am Dancing in your Seats-A 11am Our Savior Lutheran-L 11am Rosebrook Child Care Visits for story time -AT 1:30pm Bingo -HA 3pm Knit & Crochet -L 3:15pm Pool -PR	10am Balance Class -AT 11:30 am Bingo Store - A 1pm Read aloud w/ Gina-L 2pm Hand & Foot Cards-B 2:30 pm CS Bible Study -L 6:00 pm Game Night with NHS Students	10am Tai Chi- A 11am Men's Club -A 1pm Nurse chat with U of M students-ATC \$ 2:30pm Happy Hour with The Spoonman-AT	20 10am Exercise with Arnie -A 11am Ladies Tea Chat -Wear your Pink -A 1pm Afternoon Movie-ATC 7pm The Comedy Chronicles: Hartland SC-O	21 10am Exercise w/Arnie -A 11am Crafting 101-A 11pm Rosary - L 1:30pm Bingo - HA 3pm Sunshine Visits
	<ul> <li>10:30am Cornerstone -ATC</li> <li>2:00pm Accordionist Lucas</li> <li>Stachursky - AT</li> <li>2:30pm Exercise w/Arnie -A</li> </ul>	23 10am Senior Conditioning -A 11am Q Tip Painting -A 1pm Armchair Travel to "Finland" -ATC \$ 2:30pm Euchre -A	3:15pm Word in a Word -A	25 I 0am Balance Class -A I 1am Staff Pumpkin Carving Contest-AT \$ Ipm Read aloud w/Gina- L I:30pm Open Forum-IDR 2pm Hand & Foot Cards-B 2:30pm CS Bible Study -L	26 10am Cardio Drumming - A 10-11am Corso Care Flu Clinic -A 1pm Pro Color Art -A 2:30pm Happy Hour w/Steve	27 10am Exercise with Arnie -A 11am Murder Mystery Lunch- A 2pm The Price is Right- ATC 3:15pm Yahtzee -A	28 10am Exercise w/Arnie - A 11am Rosary - L 11am In the Kitchen -A 1:30pm Bingo - HA 3pm Sunshine Visits
1	29 9:30am Communion with St. Pat's -A 10:30am Cornerstone -ATC 1:30pm Knit & Crochet - L 2:30pm Exercise w/Arnie -A 6:30pm Jerry Performs -MS	30 10am Senior Conditioning -A 11am Relax your Senses- L 1:30pm Left Brain/Right Brain A \$ 2:30pm Euchre -A 4:00pmMystery Dinner- O	Care Trick or Treat-AT 11:30am Boo Bash -A 12:30pm Halloween Costume Contest MS 1:30pm Bingo -HA 3pm Knit & Crochet	Blood Pressure checks are every Wednesday at 1pm in the Bistro.	Rosary is every Wednesday at 11 am Cornerstone Bible Study is every Wednesday at 2:30pm in the Library		
-	Calender Key: A – Activity Room AT-Atrium ATC - Atrium Clubhouse	CR - Computer Room	HA - Harbor Activity Room	LO - Lobby	PDR - Private Dining Room PR - Pool Room V - Veranda		Independence Village SENIOR LIVING

#### Activities are subject to change

