## StoryPoint Chattanooga

## October 2023

Assisted Living Life Enrichment Monthly Calendar Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	0:00 Self Pace Walk   1:00 Sunday Devotional (L)  :30 Church Service (CR)  :30 Word Search (L)	10:15 Motown Fitness (CR) 11:00 Lunch Out/First Watch (FL) 2:00 Manicures and Mimosas (L) 3:15 Crafts with Krist (CR)	3 10:15 Theraband Fitness(CR) 11:00 Bingo (CR) 2:00 Breast Cancer Awareness and Contest (CR) 3:00 New Resident Social and Pumpkin Bread! (CR)	4 10:15 Functional Fitness (CR) 11:00 Shop'g/Dollar Gen (FL) 1:30 Make Caramel Apple Slices (CR) 3:00 Happy Hour	5 10:15 Theraband Fitness (CR) 11:00 Hydration Cart 1:30 Tricia's Bible Study (L) 2:30 Rick Lane (CR) 6:30 Ice Cream Social (CY)	6 10:15 Balance Endurance(CR) 11:00 Yahtzee Game (L) 2:00 Halloween Headbands (CR) 3:00 Happy Hour/Variety Drinks(L)	9:30 Cup of Joe n Jokes(L) 10:00 Fit for Life (CR) 11:00 Bingo (CR) 2:00 Matinee/Hocus Pocus Cookies (L)
		9 10:15 Motown Fitness (CR) 11:00 Blooms for Dining (CR) 1:30 Outing/Hughes Farmer's Market (FL) 3:30 Snack Cart		I I 10:15 Functional Fitness (CR) 11:00 Shop'g/Walmart (FL) 1:30 Paint Pumpkins (CR) 3:00 Happy Hour (L)	I 2 10:00 Flu and Pneumonia Shot Clinic (CR) 10:00 Move Daly (CR) 11:00 Hydration Cart(L) 1:30 Tricia's Bible Study (L) 3:00 Fireside Chat w/Matthew(L)	10:15 Balance Endurance 11:00 Floral Arrangements (CR) 2:00 Roger Bach (CR) 3:00 Happy Hour (L)	9:30 Cup of Joe n Convo (L) 10:00 Fit for Life (CR) 11:00 Bingo (CR) 2:00 Matinee/ Beettle Juice and Popcorn (L)
が十十十十五十五十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二十二	1:00 Sunday Devotional (L) 1:30 Church Service (CR)	I 6 10:15 Motown Fitness (CR) 11:00 Michelle Young (CR) 1:00 Flat Top Mtn Farms (FL) 3:30 Matinee/Hidalgo (TV Rm)	I 7 10:15 Theraband Fitness (CR) 11:00 Bingo (CR) 2:00 Jim's Hymns (CR) 3:00 UTC Cheerleaders (CR)	18 10:15 Functional Fitness (CR) 11:00 Shop'g/Food City (FL) 1:30 Pet Costume Parade 3:00 Happy Hour (L)	I I:00 Hydration Cart I:30 Tricia's Bible Study (L) 3:00 Chef's Demo (CR)	I I:00 Craft/Witches Hats (CR) 2:00 Marc Hanson (CR)	<b>2 I</b> 9:30 Cup of Joe n News(L) 10:00 Fit for Life (CR) I I:00 Bingo (CR) 2:00 Matinee/Halloween Town PB&J (L)
	0:00 Self Pace Walk 1:00 Sunday Devotional (L) :30 Church Service (CR) 2:30 Netflix Documentary (L)	10:15 Motown Fitness (CR) 11:00 Blooms for Dining (CR) 1:30 Scenic Ride (FL) 3:30 Snack Cart	2:00 Birthday Bash/Live Music	I I:00 Shop'g/Dollar Gen (FL) 2:00 Witches Tea Party (CR)		27 10:15 Balance Endurance (CR) 11:00 Trivia and Brain Teasers (L) 1:30 Pet Therapy (CR) 3:00 Happy Hour/Green Apple Martinis!	10:00 Fit for Life (CR) 11:00 Bingo (CR) 2-4 Halloween Open House
	10:00 Self Pace Walk 11:00 Sunday Devotional (L) 1:30 Church Service (CR) 2:30 Parlor Games (L)	10:15 Motown Fitness (CR) 11:00 Words in a Word (L) 1:30 Scenic Ride (FL) 3:00 Matinee/ "Book Club"	Halloween! 3   10:15 Theraband Fitness (CR)   11:00 Bingo (CR)   2:00 Jim's Hymns (CR)   3:00 Monster Mash Party (L)				
	Calender Key:	CY – Courtyard					

**CR- Community Room** 

L- Library

FL- Front Lobby

TV Rm- Television Room

STORYPOINT Senior Living